

## COVID-19 Health System Updates

April 2 2020, Thursday

“I know that I am rising to the occasion and that all of you are rising too. We are resilient, we are heroes to the public and our families. We are innovative and setting the highest standards for other organizations with our best practices... We can't overcome these challenges by ourselves. We all can, and must, work together... If we do, I know that we will come out of this stronger than when we came in.”

These are the words of our colleague Robin Krinsky, DNP, RN-BC, a clinical cardiology nurse at The Mount Sinai Hospital. You can read more of her wonderful piece in the New York *Daily News* [here](#).

There is no doubt that we all have to keep pulling together, because this month will be unlike any other that we have experienced in our careers or lives. This is new territory for all of us. We will struggle through it together. We will make mistakes and learn from them and evolve. And we will save many—one precious life at a time.

The work you are doing together is delivering real progress. Across the state, more than 6,000 COVID-19 patients have been discharged from hospitals and are on their way to recovery, and each day, we see the number of people leaving hospitals increase. And while we care for our patients, the city [is adding](#) much-needed capacity to manage the crisis, with plans to use 20 New York City hotels to add 10,000 more beds across the five boroughs.

As of yesterday afternoon we had 1,629 COVID-19-positive patients in our hospitals. That included 309 patients in our ICUs. We had another 114 inpatients under investigation (PUIs).

### **Tele-Respiratory Support Hotline**

The tele-respiratory support hotline for the system is now live. Any clinician in need of a respiratory therapist's assistance can call the clinical command center and be connected to a respiratory therapist team 24/7 who will virtually provide support with any issues. Please click [here](#) for more details.

### **Additional Mental Health Resources**

Mount Sinai Behavioral Health is pleased to announce the availability of outpatient telepsychiatry and telephonic visits for Mount Sinai Health System employees during the COVID crisis. They have broad expertise in depression, anxiety, trauma, and complex psychiatric illnesses. Employees seeking

psychiatric evaluation, psychotherapy, and/or medication management through our virtual platform can find more information [here](#).

***Final Thought***

One of our colleagues, Tim Nguyen, emailed me yesterday and I noticed a quote that he included below his name. He said I could share it. It really resonated with me in this moment when we up against so much. It comes from the 19th century English writer and cleric Sidney Smith.

"It is the greatest of all mistakes to do nothing because you can only do little—do what you can."

Vicki R. LoPachin, MD, MBA  
Senior Vice President  
Chief Medical Officer  
Mount Sinai Health System