COVID-19 Health System Updates, April 2

April 2, 2021, Friday

We know that many of you are observing Passover, or Holy Week and Easter, or are preparing for Ramadan. Whatever your faith or traditions, we hope you are able to get some rest and spend some time with your loved ones, whether virtually or safely in person.

First, some news. Late yesterday, the New York State Department of Health issued new guidance on travel and health care workers. Effective immediately, all asymptomatic health care workers may return to work after domestic travel without quarantine or testing. For additional details, please review the full Mount Sinai travel policy.

As Dr. LoPachin reported on Wednesday, our COVID-19 patient counts are declining modestly while vaccine eligibility is expanding. These are both encouraging trends. However, continuing high rates of diagnoses and positive tests, combined with the spread of new SARS-CoV-2 variants, indicate that we are not out of the woods yet. If you have not already, please consider getting vaccinated as soon as you can, and especially over this holiday weekend, please continue to wear your masks, wash your hands regularly, and observe social distancing. The more carefully we do all these things now, the sooner we will be able to stop doing them and return to more normal ways of life.

We wish you the best for the spring season, however you may observe it.

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