Health System News

## **COVID-19 Moment of Reflection: Today**

## March 11, 2021

On this day last year, the World Health Organization declared COVID-19 a pandemic. This was almost two weeks after we evaluated our first COVID-19 patient at Mount Sinai and just days before our beloved region went into lockdown, changing our world as we knew it.

As a part of the process of acknowledging what we have lost while appreciating how far we have come, we invite you to observe a moment of reflection together on this historic anniversary.

# Moment of Reflection Across Mount Sinai Thursday, March 11

10:30 am 4:30 pm 11:30 pm

We hope you will join us in reflecting in a way that is most meaningful to you, understanding that the past year will hold different meaning, memories, and impact for each of us. We also know that whatever the impact on you might have been, it will likely be long-lasting. We are committed to supporting you all in finding pathways to heal—mentally, physically, emotionally, and spiritually. We hope you will take advantage of the wide array of <u>resources and support</u> available for all of you across our system.

After acknowledging this solemn anniversary together, we will renew our mission to support our community and each other through this pandemic, accepting that it has not gotten easier with time, but knowing that all pandemics end eventually and that each patient cured and/or vaccinated brings us closer to that point.

### Kenneth L. Davis, MD

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