

COVID-19 Health System Updates

May 14, 2020, Thursday

We are excited to launch the [Center for Post-COVID Care](#), a comprehensive destination for patients recovering from the novel coronavirus. Located at Mount Sinai-Union Square, the Center will serve patients from across the Mount Sinai Health System and beyond, and will provide multi-specialty care and systematic evaluation of the long-term impact of COVID-19.

Over the past three months, Mount Sinai has cared for more than 8,000 patients with COVID-19. The Center will leverage this extensive



experience to care for a wide spectrum of patients including the recently diagnosed, those who have been discharged from the hospital, and those who were never hospitalized but need help in recovering from the effects of the virus. Zijian Chen, MD, Assistant Professor of Medicine (Endocrine, Diabetes and Bone Diseases) at the Icahn School of Medicine at Mount Sinai, will be the Center's Medical Director.

Patients will receive a personalized treatment plan that uses advanced diagnostic tools and innovative treatment protocols from medical specialties including pulmonary medicine, cardiology, infectious disease, nephrology, psychiatry, physical and occupational therapy, neuropsychiatry, behavioral health, and social work. Additionally, the Center will ensure that all New Yorkers, regardless of their disease state or socioeconomic status, will receive the comprehensive, expert care needed for this complex disease.

The Center will include a COVID-19 Registry that will detail the socio-demographics, behaviors, and comorbidities of participating patients as well as their mental health conditions and prescribed medications. With this information, researchers will have the unique opportunity to follow this population and systematically evaluate the long-term impact of COVID-19. This invaluable data will support a broad spectrum of biomedical research that will inform investigation into better treatments for the wide spectrum of effects that the virus has on the human body.

We look forward to the strides this Center will make in advancing the care of patients with COVID-19 and understanding the long-term effects of the virus.

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