



Mount Sinai *Office for Diversity and Inclusion*

ASIAN AMERICAN PACIFIC ISLANDER SUPPORT RESOURCES

Resources compiled by the Asian Resource Network Employee Resource Group (ARN ERG), the Asian Pacific American Medical Student Association (APAMSA), the Office for Diversity and Inclusion, and MSHS faculty, staff, and students.

*** The organizations and websites shared here are for informational purposes. ***

MSHS DIVERSITY, EQUITY, AND INCLUSION RESOURCES:

1. [United In Solidarity](#)
2. [Chats for Change | Mount Sinai | Change Now](#)
3. Sinai Racial Justice Antiracism Reading Groups
Contact: racialjusticeantiracism@gmail.com
4. The Sinai Asian Pacific American Medical Student Association (APAMSA)
 - a. Contact: apamsa.mssm@gmail.com
5. [Mental Health and Psychosocial Support](#)
6. [Mount Sinai Center for Stress, Resilience, and Personal Growth](#)
7. Compliance Helpline at 800-853-9212
8. MSHS Security @ 212-241-6068

ARTICLES:

1. [8 Ways Managers Can Support Employees' Mental Health](#)
2. [A Different Asian American Timeline](#)
3. [AAPIERN.org - AAPI Emergency Response Network](#)
4. [After Atlanta: Teaching About Asian American Identity and History | Learning for Justice](#)
5. [America's long history of scapegoating its Asian citizens from National Geographic](#)
6. [Anti-Asian Violence Resources](#)
7. [Corporations are working with social media influencers to cancel-proof their racial justice initiatives](#)
8. [Asian and AAPI Solidarity Statement and Teaching Resources](#)
9. [Asians 4 Black Lives – Medium](#) “Structural Racism is the Pandemic, Interdependence and Solidarity is the Cure”
10. [Asian American Bar Association of New York](#)
11. [Asians for Black Lives, A Call to Action — Asian American Advocacy Fund](#)
12. [Black/Asian Solidarity](#)
13. [Culinary Expert Grace Young Is Documenting the Toll of the Pandemic and Anti-Asian Hate on NYC's Chinatown | At the Smithsonian | Smithsonian Magazine](#)

14. [Educational Resources about Anti-Asian Racism](#)
15. [Ellie Yang Camp](#)
16. [How a rally after the Atlanta shootings helped heal Asian American health care workers](#)
17. [How U.S. Companies Can Support Employees of Color Through the Pandemic](#)
18. [iHollaback](#)
19. [National Minority Health Month - The Office of Minority Health](#)
20. [Poll: 1 out of 4 Asian Americans has experienced a hate incident](#)
21. [Swelling Anti-Asian Violence: Who Is Being Attacked Where](#)
22. [The Chinatown Block Watch, One Year Later](#)
23. [The Sisterhood: Filipina Nurses and the Pandemic - The Atlantic](#)
24. [This is Where Hate Crimes Don't Get Reported](#)
25. [Violence Against Asian Americans](#)
26. [What Your Asian Employees Needs Right Now](#)
27. ["Your Privilege is Showing"](#)

WAYS TO SUPPORT AND DONATE:

1. [NYC Commission on Human Rights](#)
2. [Stop AAPI Hate](#)
3. [Asian Americans Advancing Justice](#)
4. [Report a Hate Crime with the FBI](#)
5. [Bystander Intervention Training: Hollaback!](#)
6. [Compilation of basic escape techniques to get out of an altercation](#)
7. [How to Respond to Coronavirus Racism | Learning for Justice](#)
8. [Chinatown Block Watch Looking For New Volunteers Amid Spike In Anti-Asian Crimes](#)
9. Chinatown Block Watch, Email: Blockwatch@cfmac.org
10. [Mainstream News Coverage of AAPI Assaults Petition](#)
11. [End Hate Crimes Against Asian Americans Petition](#)
12. Follow @SafewalksNYC on Instagram for accompanied walks
13. [Report anti-Asian hate crimes](#)
14. [Main Street Patrol](#) Volunteering in Flushing
15. [AAPI Women Lead](#)
16. [iamwomankind](#)
17. [MonSooniowa](#)
18. [Napiesv](#)
19. [RedCanarySong](#)
20. [Asian American Legal Defense Fund \(AALDEF\)](#)
21. [Asian Americans for Equality \(AAFE\)](#)
22. [Chinese American Planning Council \(CPC\)](#)
23. [Korean Community Services of NY \(KCS\)](#)
24. [Minkwon Center](#)
25. [Committee Against Anti-Asian Violence \(CAAAV\)](#)
26. [Chinatown Manpower Project \(CMP\)](#)
27. [Garden of Hope](#)

28. [Coalition for Asian American Children and Families \(CACF\)](#)
29. [Welcome to Chinatown](#)
30. [Stop AAPI Hate](#)
31. [Soar Over Hate](#)
32. [Stop AAPI Hate GoFundMe](#)
33. [Anti-Racial Profiling Project](#)
34. [Cafe Maddy Cab](#)

PODCASTS:

1. ['Model Minority' Myth Again Used As A Racial Wedge Between Asians And Blacks : Code Switch : NPR](#)
2. [Self Evident: Asian America's Stories Podcast](#)

TV AND STREAMING SERIES:

1. [PBS Asian Americans Series](#)
2. ["Glad You Asked season 2"](#)

YOUTUBE:

1. ["Your Privilege is Showing"](#)

RESOURCES TO COPE:

1. [Asian Pacific Islander South Asian American NYC Therapists](#)
2. [Asian Mental Health Collective](#)
3. [8 Ways Managers Can Support Employees' Mental Health \(hbr.org\)](#)
4. [How U.S. Companies Can Support Employees of Color Through the Pandemic](#)
5. [The Mental Health Toll Of Being A 'Model Minority' In 2020](#)
6. [5 Asian-Founded Wellness Resources to Encourage Self-Care This Week \(and Every Week\)](#)
7. [Clockwork Jiu Jitsu - One free self-defense and situational awareness class available to students and employees](#)