

**Patient Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Sex:** M  F  **Email:** \_\_\_\_\_

**Referred by:**  Physician: \_\_\_\_\_  Self  Family  Friend  Insurance Company  Other

**Reason for visit:** Shoulder  Elbow  Wrist  Hand  Hip  Knee  Ankle  Foot  Other

**Which side?** Right  Left  Both  **What is your dominant side:** Right  Left  Ambidextrous

**When did your condition start? (date)** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Is your condition due to a specific injury?** Yes  No  **If no, was the onset:** Gradual  Sudden

**Is there a workers' compensation or no fault claim?** Yes  No

**Please briefly describe the injury or onset of the condition:**

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**If you have had other orthopedic injuries or surgeries, please describe:**

**Orthopedic injury:**

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**Orthopedic surgery:**

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**Please rate the severity on a scale of 1-10 (10 being most severe) Now:** \_\_\_\_\_ **At its worst:** \_\_\_\_\_

**Describe the quality of the pain (indicate all that apply):** Dull  Achy  Sharp  Burning  Tingling

**Is the pain constant or intermittent?** Constant  Intermittent

**Associated symptoms (check all that apply):** Pain at night  Stiffness  Swelling  Instability

Weakness  Neck/Back Pain  Radiating Pain  Numbness/Tingling

**What makes it better?** \_\_\_\_\_ **What makes it worse?** \_\_\_\_\_

**Have you had prior studies?** X-Ray  MRI  CT Scan  Ultrasound  EMG

**Have you tried any previous treatments?** Tylenol/ Advil / NSAIDS  Ice  Heat  Physical Therapy

Bracing  Injections  (Date: \_\_\_\_\_)  Other: \_\_\_\_\_

**CURRENT MEDICATIONS (list all medications, vitamins, supplements)**

<i>Name</i>	<i>Dose/Frequency</i>	<i>Name</i>	<i>Dose/Frequency</i>
1. _____		5. _____	
2. _____		6. _____	
3. _____		7. _____	
4. _____		8. _____	

**KNOWN ALLERGIES** (list any allergies and reaction): \_\_\_\_\_  
 \_\_\_\_\_

**Allergic to:** Iodine: Yes  No  Latex: Yes  No  Metal, jewelry, or nickel: Yes  No

**PAST SURGICAL HISTORY AND/OR HOSPITALIZATION**

<i>Type of operation / reason for hospitalization</i>	<i>Approx Date</i>
1. _____	
2. _____	
3. _____	

**Have you ever had a problem with anesthesia?** Yes  No  Problem: \_\_\_\_\_  
**Have you ever had complications from surgery?** Yes  No  Problem: \_\_\_\_\_

**MEDICAL HISTORY** (indicate any past or current medical conditions below)

Anxiety <input type="checkbox"/>	Diabetes <input type="checkbox"/>	Infection <input type="checkbox"/>	Pulmonary embolus <input type="checkbox"/>
Arrhythmia <input type="checkbox"/>	Gout <input type="checkbox"/>	Kidney disorder <input type="checkbox"/>	Reflux <input type="checkbox"/>
Asthma <input type="checkbox"/>	Heart attack <input type="checkbox"/>	Low Acting Thyroid <input type="checkbox"/>	Rheumatoid arthritis <input type="checkbox"/>
Bleeding problems <input type="checkbox"/>	Heart failure (CHF) <input type="checkbox"/>	Open wounds / Ulcers <input type="checkbox"/>	Seizures <input type="checkbox"/>
Blood clots (DVT-PE) <input type="checkbox"/>	Hepatitis <input type="checkbox"/>	Osteoarthritis <input type="checkbox"/>	Stomach ulcers <input type="checkbox"/>
Cancer <input type="checkbox"/>	High Blood Pressure <input type="checkbox"/>	Osteoporosis <input type="checkbox"/>	Stroke <input type="checkbox"/>
Coronary heart disease <input type="checkbox"/>	High cholesterol <input type="checkbox"/>	Peripheral Vascular Disease <input type="checkbox"/>	
Depression <input type="checkbox"/>	HIV / AIDS <input type="checkbox"/>	Pneumonia <input type="checkbox"/>	Other: _____

**Are you currently on any blood thinners?** Yes  No  If yes, which one: \_\_\_\_\_

**Have you ever had a MRSA infection?** Yes  No

**Do you have any of the following medical devices (indicate any that apply)?**

Pain pump  Neurostimulator  Pacemaker or debrillator  Shunt for hydrocephalus

**Have you been taking opioids for 6+ months?** Yes  No

**FAMILY HISTORY**

Please if any of your family (parents, siblings, grandparents) have a history of any of the following:

Diabetes <input type="checkbox"/>	Abnormal bleeding <input type="checkbox"/>
Heart disease <input type="checkbox"/>	Rheumatoid arthritis <input type="checkbox"/>
Cancer <input type="checkbox"/> Type: _____	Anesthesia complications <input type="checkbox"/>

**SOCIAL HISTORY**

**Do you smoke tobacco?** Yes  No  Past # packs per day \_\_\_\_\_ # of years \_\_\_\_\_

**Do you drink alcohol?** Yes  No  How many drinks per week? \_\_\_\_\_

**History of substance abuse?** Yes  No

List any recreational activities / sports you are involved in:

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Current occupation? \_\_\_\_\_ With whom do you live? \_\_\_\_\_

**REVIEW OF SYSTEMS** (Have you had any of the following in the past year?)

<b><u>Constitutional</u></b>	<b><u>Hematologic</u></b>	<b><u>Respiratory</u></b>	<b><u>Skin</u></b>
Fever <input type="checkbox"/>	Easy bruising / bleeding <input type="checkbox"/>	Cough <input type="checkbox"/>	Sores / ulcers <input type="checkbox"/>
Chills <input type="checkbox"/>	Blood clots in legs <input type="checkbox"/>	Difficulty breathing <input type="checkbox"/>	Hives <input type="checkbox"/>
Night sweats <input type="checkbox"/>	Blood clots in lungs <input type="checkbox"/>	Wheezing <input type="checkbox"/>	Rash <input type="checkbox"/>
Weight Change <input type="checkbox"/>		Excessive snoring <input type="checkbox"/>	Mole changes <input type="checkbox"/>
<b><u>ENT</u></b>	<b><u>Cardiovascular</u></b>	<b><u>Endocrine</u></b>	<b><u>Musculoskeletal</u></b>
Headaches <input type="checkbox"/>	Chest pain <input type="checkbox"/>	Cold intolerance <input type="checkbox"/>	Joint pain <input type="checkbox"/>
Hearing loss <input type="checkbox"/>	Palpitations <input type="checkbox"/>	Heat intolerance <input type="checkbox"/>	Joint swelling <input type="checkbox"/>
Glaucoma <input type="checkbox"/>	Leg swelling <input type="checkbox"/>	Excessive thirst <input type="checkbox"/>	Joint stiffness <input type="checkbox"/>
Dry eyes <input type="checkbox"/>	Poor circulation <input type="checkbox"/>		Muscle spasm <input type="checkbox"/>
Mouth sores <input type="checkbox"/>	Cold hands / feet <input type="checkbox"/>		Muscle weakness <input type="checkbox"/>
<b><u>Gastrointestinal</u></b>	<b><u>Genitourinary</u></b>	<b><u>Neurologic</u></b>	<b><u>Psychiatric</u></b>
Abdominal pain <input type="checkbox"/>	Bladder incontinence <input type="checkbox"/>	Seizures <input type="checkbox"/>	Depression <input type="checkbox"/>
Heartburn <input type="checkbox"/>	Blood in urine <input type="checkbox"/>	Dizziness <input type="checkbox"/>	Anxiety <input type="checkbox"/>
Difficulty swallowing <input type="checkbox"/>	Painful urination <input type="checkbox"/>	Numbness <input type="checkbox"/>	Memory problems <input type="checkbox"/>
Constipation <input type="checkbox"/>	Urinary retention <input type="checkbox"/>	Paralysis <input type="checkbox"/>	Insomnia <input type="checkbox"/>

I hereby certify the above is true and accurate to best of my knowledge.

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

Please email the completed form to: [OrthoWelcomePacket@mountsinai.org](mailto:OrthoWelcomePacket@mountsinai.org)