



Kidney/Pancreas
Transplantation
Program



Mount
Sinai

*Recanati/Miller
Transplantation
Institute*

MISSION OF RMTI

For the Recanati/Miller Transplantation Institute at Mount Sinai Hospital to remain a leading center for transplantation and end-stage organ disease management with an emphasis on quality through patient-centric care and a multidisciplinary team approach.

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Message from the Directors

Located in New York City, Mount Sinai Hospital is the oldest not-for-profit hospital in the United States and provides world-class leadership in patient care, research, and education.

The Recanati/Miller Transplantation Institute (RMTI) was inaugurated in 1998 with an endowment from a former transplant recipient. As one of 14 core-technology and disease-focused Institutes at Mount Sinai, RMTI is able to provide resources that are essential to creating an environment that fosters innovation and excellence in patient care.

As a proven leader, Mount Sinai and RMTI have had many firsts:

1967: First Kidney Transplant at Mount Sinai — one of first in the region

1988: First Liver Transplant at Mount Sinai and first in New York State

1996: First Laparoscopic Donor Nephrectomy in New York State

1998: First Intestinal Transplant in New York State

1999: First HIV+ patient to receive a Liver Transplant in New York State

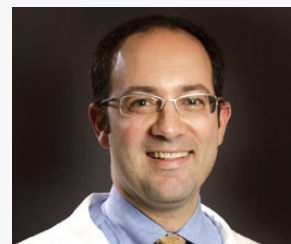
2001: First HIV+ patient to receive Kidney Transplant in New York State

2012: 1300th Living Donor Kidney transplant

2012: 3500th Liver Transplant

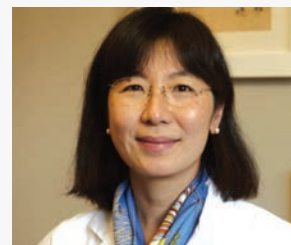
2013: 3000th Kidney Transplant

With over 45 years experience, and having performed more than 6,500 liver, kidney, pancreas, and intestinal transplants, Mount Sinai and RMTI have a long and proven record of excellence. We are proud to be one of the largest and most comprehensive adult and pediatric abdominal transplantation centers in the world.



Sander S. Florman, MD

Director
Recanati/Miller
Transplantation Institute



Leona Kim-Schluger, MD

Associate Director
Recanati/Miller
Transplantation Institute

Message from the Directors of the Kidney/Pancreas Transplantation Program

Mount Sinai's Kidney/Pancreas Transplantation Program began in 1967 and is now one of the nation's leading academic kidney/pancreas transplantation programs, performing nearly 3,500 kidney transplants since its inception.

Our multidisciplinary team includes experts in nephrology, surgery, anesthesiology, critical care, transplant immunology, and urology. This interdisciplinary approach allows us to provide the best in patient care by taking advantage of the most innovative developments in surgical techniques and transplant medicine.

The **Zweig Family Center for Living Donation** is an ambitious center that focuses on providing the best in medical, surgical, and psychological care to living organ donors. This center has developed the altruistic and donor exchange programs that optimize opportunities for all recipients to access live donor organs.



Ron Shapiro, MD
Surgical Director
RMTI Kidney/Pancreas
Transplantation Program



Vinay Nair, DO
Medical Director
RMTI Kidney Transplantation
Program



Zeynep Ebcioglu, MD
Medical Director
RMTI Pancreas Transplantation
Program

Message from the Directors of the Kidney/Pancreas Transplantation Program *(Continued)*

Mount Sinai researchers are working hard to improve organ preservation, reduce rejection, minimize postsurgical complications and the side effects of immunosuppression, and prevent the recurrence of disease.

RMTI's dedicated research scientists have made significant breakthroughs that have increased the eligibility of patients who had previously been denied transplantation due to clinical factors. For instance, Mount Sinai has an active Paired Kidney Exchange Program, which allows patients with incompatible donors to receive compatible organs through a process commonly known as a "kidney swap." We developed an active and successful desensitization program to reduce the effects of antibodies that may hinder the ability of many to receive a successful transplant. Many patients can benefit from our innovative mini-incision surgical technique, which reduces recipients pain and accelerates recovery. In addition, those with infectious diseases such as Hepatitis B, Hepatitis C, and HIV can now be considered as candidates for transplantation. Mount Sinai is also one of the few centers in the New York region that offers pancreas transplantation as a surgical option for people with type I diabetes.

We take great pride in our program. We remain committed to cultivating an environment of innovation and excellence in patient care including translational research, with the goal of providing cutting-edge technology and therapies directly to our patients.

Our Team



Ron Shapiro, MD
Surgical Director
Kidney/Pancreas
Transplantation Program



Vinay Nair, DO
Medical Director
Kidney Transplantation
Program



Zeynep Ebcioğlu, MD
Medical Director
Pancreas Transplantation
Program



Sander S. Florman, MD
Director
Recanati/Miller
Transplantation Institute



**Dianne LaPointe
Rudow, DNP**
Director
Zweig Family Center
for Living Donation



Edward Chin, MD
Surgical Director
Live Donor Kidney
Transplant



Rafael Khaim, DNP
Senior Clinical
Coordinator
Kidney/Pancreas
Transplantation Program



Jeff Saland, MD
Medical Director
Pediatric Kidney
Transplantation



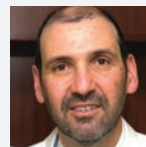
**Scott Ames,
MD**
Transplant
Surgeon



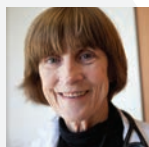
**Antonios
Arvelakis, MD,
MPH**
Transplant
Surgeon



**Corinne
Benchimol,
MD**
Pediatric
Nephrologist



**Alan
Benvenisty,
MD**
Transplant
Surgeon



**Veronica
Delaney, MD**
Transplant
Nephrologist



**Hilary
Hotchkiss,
MD**
Pediatric
Nephrologist



**Rebecca
Kent, MD**
Transplant
Nephrologist



**Susan Lerner,
MD**
Transplant
Surgeon



**Madhav
Menon, MD**
Transplant
Nephrologist



**Jessica Reid-
Adam, MD**
Pediatric
Nephrologist

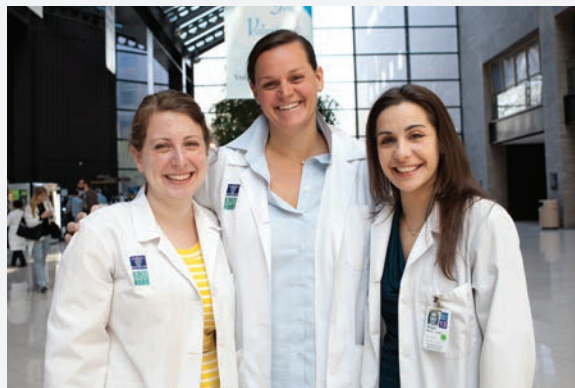


**Vinita Sehgal,
MD**
Transplant
Nephrologist

Our Team



Kidney/Pancreas Program Clinical Coordinators



Kidney/Pancreas Program Clinical Social Workers



RMTI Transplant Dietitians



Kidney/Pancreas Program Administrative Staff

To make an appointment at RMTI

Call our Main Phone: 212-659-8086

Ask to speak with a referral coordinator. Have your primary and referring physician information, as well as your insurance card, on hand at time of call.

Or e-mail us: mountsinaitransplant@mountsinai.org

Or contact our Outreach Liaison

The outreach liaison is a professional health care provider who is available to assist all patients and providers with access to care, transplant education, and customer service at RMTI.

Our Director of Outreach is:

Sharyn Kreitzer, MSW

PHONE 212-659-8027

E-MAIL mountsinaitransplant@mountsinai.org

RMTI has a satellite office in Bayshore, Long Island. Please contact our outreach liaison to make an appointment or to learn more about this location.



The Evaluation Process at RMTI

As part of your transplant evaluation, our multidisciplinary team conducts a thorough evaluation to determine if a kidney and/or pancreas transplant would both extend your life and improve your quality of life. The evaluation will involve most of the following tests:

- Complete medical history
- Full cardiac evaluation
- Complete blood typing
- Gynecology clearance
- Urology clearance

In addition to your medical evaluation, psycho-social and financial assessments will be conducted. Our transplant team recognizes that preparing for a transplant and maintaining a healthy transplant will affect your lifestyle.

Transplant social workers are on hand to assist with emotional counseling and can provide information on resources and support.

Transplant financial counselors are available to help you prepare for the costs related to transplant and provide information on private and government organizations that can assist as needed.

Finding a Kidney For You

There are two main types of kidney transplants: Living donor transplant and deceased donor transplant.

Living Donor Transplant — This occurs when a kidney is donated by a living person. This person can be a blood relative or non-blood relative, a close friend, or even an altruistic donor.

Some quick facts about living donation:

- Living donation is the best option for transplant. It offers the best quality kidney in the shortest possible time.
- The living donor must have a complete evaluation to assess any risk factors. Not all willing donors are able to donate. This evaluation is covered primarily by the recipient's insurance.
- People who donate a kidney are not at risk for future health problems.
- Even though someone wants to donate a kidney, he or she may not be able to because of health, emotional, or social reasons.



Wendy (right), a kidney transplant recipient, with her daughter and donor Kelly.

In 2010, RMTI created the **Zweig Family Center for Living Donation** whose mission is to provide dedicated care to those incredible people who volunteer to donate one of their kidneys. Please contact the Zweig Center to learn about its services and educational seminars on donation: **212-659-8024**.

Finding a Kidney For You

Deceased Donor Transplant — This occurs when a kidney that is taken from a person who has just died and whose family chooses to donate. If you do not have a living donor, your name will be placed on the national waiting list for a deceased donor kidney.

A nationwide system for donating kidneys balances the needs of patients who have waited a long time, and the goal of transplanting a kidney that is well matched with the patient.

The wait for a deceased donor kidney is usually much longer than the wait for a living donor kidney.



Anthony (left) and Kerry—deceased donor kidney recipients and volunteers with The New York Organ Donor Network.

About Pancreas Transplantation

Mount Sinai is one of the few centers in the New York region that offers pancreas transplantation as a surgical option for people with type 1 diabetes. In most instances, candidates for this procedure have coinciding renal failure.

If you have type 1 diabetes, our team may speak with you about these possible surgical options:

- **Simultaneous Kidney/Pancreas Transplantation (SPK)**
 - A recipient receives a kidney and a pancreas at the same time from the same deceased donor.
- **Pancreas After Kidney Transplantation (PAK)**
 - A recipient undergoes kidney transplantation first, usually from a living donor, and then subsequently receives a pancreas transplant, typically six months to one year later, or when patient is ready.
- **Pancreas Alone Transplantation (PA)** — In rare cases, type 1 diabetes is so poorly controlled and dangerous that pancreas transplant alone becomes a life-saving treatment option.

A successful pancreas transplant will:

- Eliminate the need for daily insulin injection
- Prevent or suspend diabetes complications
- Reduce dietary restrictions
- Improve quality of life.



Kelly received a live donor kidney from her husband Netfa (above) and then a pancreas transplant from a deceased donor. She is now enjoying a life off dialysis and insulin free.

Following Transplant

The transplant team will carefully monitor you for signs of rejection or infection and watch for side effects of medications. Most of our patients are referred back to their primary-care nephrologist between three and six months post-transplant.



Above: Allyson Reala, manager of the Transplant Living Center, helps visitors feel at home during a stressful time.

The Transplant Living Center

The Transplant Living Center (TLC) provides a “home away from home” for our out of town and international patients and their families. The TLC offers secure, comfortable, and affordable housing near The Mount Sinai Hospital.

To make a reservation, please call [212-348-3308](tel:212-348-3308).

Mount Sinai Celebrates
National Donate Life Month





Administrative Offices

1425 Madison Avenue, 4th Floor

Clinical Offices

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New York, NY 10029

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212-731-RMTI (7684)



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