East-West Scientific Symposia on Allergy & Traditional Oriental Medicine (EWAT)
Luoyang, China (The Peony City)

**Mission:** Provide an opportunity for Western and Eastern medical scientists to exchange scientific progress on understanding food and environmental allergies, and on traditional and novel treatments and provide a bridge for international collaborations on translational and clinical research, which ultimately lead to new development for prevention and treatment of allergic disorders and improve people’s health in the 21st century.

**Tuesday, April 13, 2010**
Pre-meeting tour – Beijing (Great Wall, the Forbidden City, and University of Chinese Medicine Sciences)

**Thursday-Friday, April 15-16, 2010**
Scientific Presentation Session
- Food allergy
- Allergology and novel therapy
- Traditional Oriental Medicine

**Education Session**
- Research in Traditional Chinese Medicine in the US and China
- Guidelines for botanical drug development in the US

**Saturday-Sunday, April 17-18, 2010**
Post-meeting tour – Xian (Terracotta Warriors Museum, Huaqing Hot Spring, Great Mosque)

**Organizing Committee**
Xiu-Min Li, MD – Executive Chair (USA)
Adriano Mari, MD – Executive Chair (Italy)
Hugh Sampson, MD – Co-Chair (USA)
Yilun Gou – Co-Chair (China)
Joong-Saeng Cho, M.D., Ph.D. – Co-Chair (Korea)
Makoto Kadowaki, MD – Co-Chair (Japan)
Heimo Breiteneder, PhD – Co-Chair (Austria)
Yin Jia, MD – Committee Member (China)
Jiu-Yao Wang – Committee Member (Taiwan)

Sharon M. Hamlin – Executive Meeting Coordinator
Ivan Lopez-Exposito, PhD – Co-Executive Meeting Coordinator
Neil Birmingham, PhD – Co-Executive Meeting Coordinator

**For more information e-mail:** sharon.hamlin@mssm.edu

**Scientific Sponsors**

**Institutions:**
Center for Chinese Herbal Therapy for Allergy and Asthma at Mount Sinai School of Medicine, NY, USA
Henan University of Science and Technology, TOWN, China
Center for Clinical and Experimental Allergology, Rome, Italy

**Scientific Societies:**
Chinese Society of Immunology
Henan Province Society for Immunology
European Academy of Allergy and Clinical Immunology

**Scientific Initiatives:**
International Symposium on Molecular Allergology
Food Allergy Initiative
Allergome Project
East-West Scientific Symposia on Allergy & Traditional Oriental Medicine

Tuesday, April 13, 2010
Pre-meeting tour – Beijing (Great Wall, the Forbidden City, and University of Chinese Medicine Sciences)

Wednesday, April 14, 2010
1:00 – 4:00 Pre-meeting tour Luoyang (White horse temple and enjoy Chinese National flower – Luoyang Peony)
5:00 – 5:30 East-West Scientific Symposia on Allergy & Traditional Oriental Medicine committee meeting
6:00 – 8:30 pm Pre-meeting welcome dinner [Welcome – Mr. Yilun Gou and Dr. Xiu-Min Li]

Thursday, April 15, 2010 (Day 1)
8:00 – 8:10 Open Remarks [Dr. Xiu-Min Li, MD and Hugh Sampson, MD]

Session 1  Food Allergy/Natural History/Diagnosis/Advanced Treatment
Part I. Hugh Sampson, MD (USA) and Jan Lotvall, MD, PhD (Sweden) - session moderators
8:10 – 8:35 Hugh Sampson, MD (USA)- Introductory presentation. History, Advanced Diagnosis and Treatment of Food Allergy
8:35 – 8:55 Yin Jia, MD (China) – Anaphylaxis caused by food allergy in China
8:55 – 9:15 Kirsten Beyer, MD (Germany) – Food allergy oral immune therapy
9:15 – 9:35 Rosina López-Fandiño, PhD (Spain) – New technologies for reducing the allergenicity of food
9:35 – 9:55 Kamal Srivastava, MPhil (USA) – Chinese herbal therapy for food allergy
9:55 – 10:10 Break

Part II. Drs. Xiu-Min Li, MD (USA) and Fatima Ferreira, PhD (Austria) - session moderators
10:10 – 10:40 Heimo Breitender, PhD (Austria) – Food allergy: Highlights on its molecular basis
10:40 – 11:05 Carol Pontzer, PhD, NIH /National Center for Complimentary and Alternative Medicine Education Session (the US) – Past, current, and future strategies of complimentary and alternative medicine (CAM) research in allergy and Immunology in the US – [Final confirmation is in process]
11:10 – 12:10 Poster Session, and best poster award announcement (Organizers Ivan Lopez-Exposito PhD and Neil Birmingham PhD)
12:10 – 1:00 Lunch (provided by the meeting)

Session 2  Allergology, Immunotherapy, Prevention & Treatment for Food Allergy, Allergic Retinitis & Asthma
Part I. Drs Adriano Mari (Italy) and Heimo Breiteneder (Austria) - session moderators
1:00 – 1:30 Adriano Mari, MD, (Italy) - introductory presentation – Allergology, Immunotherapy, prevention & treatment for Allergy and Asthma
1:30 – 1:50 Jan Lotvall, MD, PhD (Sweden) – [Final confirmation is in process]
1:50 – 2:10 Leonard Bielory, MD (US) – Overview of herbal interventions of allergy and asthma – progress made in the past 10 year in the United States
2:10 – 2:30 Markus Ollert, MD (Germany) – Specific use of allergens in diagnosis of hymenoptera venom allergy
2:30 – 2:50 Break
Part II. Drs. Leonard Bielory, MD (US) and William Silvers, MD (US) - session moderators
2:50 – 3:10 Christian Radauer, PhD. (Austria) – Protein and allergen databases – their applications in scientific and clinical research
3:10 – 3:30 Zhi-Gang Lui, PhD, MD (China). Dean School of Medicine Shenzhen University.China Allergology in Food Allergy research in China.
3:30 – 3:50 Fatima Ferreira, PhD (Austria) – Recombinant allergens in allergy diagnosis and therapy
3:50 – 4:30 Oral Abstract Session
Meeting moderators – Kamal Srivastava (USA) and Qing Manli, M.D (China)
4:30 – 5:00 Jiu-Yao Wang (Taiwan) – Epigenetics of pediatric asthma – [Final confirmation is in process]
5:00 – 6:00 Break
6:00 – 8:00 Culture Dinner Banquet

Friday, April 16, 2010 (Day 2)

Session 3 Traditional Oriental Medicine Research and Drug Development
Part I. Drs. Kadowaki, MD. (Japan) and Jinhui Dou, PhD (USA) - session moderators
8:00 – 8:30 Education Session – Guidelines for Botanical Drug Development, Jinhui Dou, PhD, USFDA – [Final confirmation is in process]
8:30 – 9:15 Introductory presentation – Development of botanical drug for asthma in the US (Group presentation)
   Xiu Min Li, MD – Project Overview
   Project#1-Actions and Mechanisms of ASHMI in animal model of asthma concomitant rhinitis - Neil Birmingham, PhD
   Project#2-Clinical study of ASHMI in asthma patients-Juan Wisnevesky, MD
   Project#3-Chemical and biological characteristics of ASHMI – Nan Yang, PhD
9:15 – 9:35 Joong-Saeng Cho, M.D., Ph.D. Traditional Chinese- Korean medicine for allergic rhinitis
9:35 – 10:00 Poster session and best poster award announcement
Organizers Ivan Lopez-Exposito PhD and Neil Birmingham PhD
10:00 – 10:20 Break

Part II. Drs. Joong-Saeng Cho, M.D., Ph.D (Korea) and William Silvers, MD (US) - session moderators
10:20 – 10:40 Makoto Kadowaki, MD. (Japan) Traditional Chinese-Japanese medicine research in mucosal immunity
10:40 – 11:40 Oral Abstracts
11:40 – 12:40 Closing remarks/Lunch
2:00 – 5:00 Post-meeting tour Luoyang (Luoyang Longmen Grottoes and Traditional Chinese Medicine History)

Learning Objectives:
All participants will leave with the following understanding of:
1. Clinical implication, natural history, diagnosis and potential treatment for food allergy
2. Role of allergens and mechanisms in allergic diseases and immunotherapy
3. Role of traditional oriental medicine research for developing novel prevention and curative treatment for allergy and asthma

Saturday, April 17, 2010

Post-meeting tour – Xian (Terracotta Warriors Museum, Huaqing Hot Spring, Great Mosque)
### Speakers/Moderators
*(listed in alphabetical order by last name)*

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<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>Location</th>
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<tr>
<td>Kristen Beyer, PhD</td>
<td>Charité Universitätsmedizin</td>
<td>Berlin, Germany</td>
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<td>Leonard Bielory, MD</td>
<td>New Jersey Medical School</td>
<td>Newark, NJ (USA)</td>
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<td>Heimo Breiteneder, PhD (Co-Chair)</td>
<td>Medical University of Vienna</td>
<td>Vienna, Austria</td>
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<td>Shaw Chen, PhD</td>
<td>US FDA</td>
<td>Silver Spring, MD (USA)</td>
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<td>Makota Kadowaki, MD (Co-Chair)</td>
<td>University of Toyama</td>
<td>Toyama, Japan</td>
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<td>Xiu-Min Li, M.D. (Executive Chair)</td>
<td>Mount Sinai School of Medicine;</td>
<td>New York, NY (USA)</td>
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<td>Rosina Lopez-Fandino, PhD</td>
<td>Instituto de Fermentaciones Industriales (CSIC)</td>
<td>Madrid, Spain</td>
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<td>Center for Clinical and Experimental Allergology – IDI-IRCCS</td>
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<td>National Center for Complimentary and Alternative Medicine</td>
<td>Bethesda, MD</td>
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<td>William Silvers, MD</td>
<td>Greenwood Medical Center</td>
<td>Englewood, CO (USA)</td>
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<td>National Chen-Kung University</td>
<td>Tainan, Taiwan</td>
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### MEETING LANGUAGE: ENGLISH (Simultaneous translation to Chinese available)