

Mount Sinai inside



FROM LEFT: Peter W. May, Chairman, Boards of Trustees, The Mount Sinai Medical Center; Angela Diaz, MD, MPH, Director of the Mount Sinai Adolescent Health Center; and Kenneth L. Davis, MD, President and Chief Executive Officer of The Mount Sinai Medical Center

“Breakfast of Legends” Honors Six Individuals

The Mount Sinai Adolescent Health Center (MSAHC) recently honored six individuals for their commitment to the youth of New York City, at its eighth annual “Breakfast of Legends,” held at the Mandarin Oriental hotel. The MSAHC, one of the largest and most comprehensive adolescent centers in the United States, provides medical and mental health services to 11,000 underserved youth and young adults, ages 10 to 24, from the New York metropolitan area.

Peter W. May, Chairman, Boards of Trustees, The Mount Sinai Medical Center, told guests, “Only a handful of centers across the country focus on adolescents. The MSAHC stands out for delivering high-quality comprehensive health care, and with your support will continue to rise to the challenge of reaching more teens and providing innovative initiatives.”

The event honored Todd Builione, President and Chief Operating Officer of Highbridge Capital Management and a member of the MSAHC Advisory Board; Carla A. Harris,

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Maintaining the Highest Standards of Safety

The Mount Sinai Hospital recently began a new initiative, “Focus on Safety,” to ensure a safe environment for patients and staff, and to ensure continuous readiness for surveys such as The Joint Commission. This initiative is composed of three parts: environmental rounds, clinical tracers, and weekly educational sessions. More than 200 directors, managers, and other staff participate in this initiative.

Over the past several months, teams of up to 10 employees have conducted enhanced environmental rounds throughout The Mount Sinai Hospital to assess whether the units meet strict standards for environmental safety. One morning in November, for example, a team gathered at the 9 East nurses’



LEFT TO RIGHT: Carlie Regis, RN, BSN; Rosalinda Margulies, RN-BC, MPH; Gemma Lanier, MSN, CPNP, CCRN, Clinical Nurse Manager; and Lisa Martin, PhD, RN, Senior Manager, Nursing Practice review patient safety data in the Pediatric Intensive Care Unit.

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“Breakfast of Legends” Honors Six Individuals (continued from page 1)

Managing Director, Morgan Stanley and a member of the Boards of Trustees of The Mount Sinai Medical Center; Rochelle Hirschhorn, MD, Research Professor and Professor Emeritus of Medicine, Cell Biology, and Pediatrics, NYU School of Medicine; Kurt Hirschhorn, MD, Professor Emeritus of Pediatrics, Genetics and Genomic Sciences,

Adult Medicine, and faculty member of Mount Sinai School of Medicine; and Michael Nembhard, LCSW, Manager, Mental Health Services, MSAHC.

In his opening remarks, Kenneth L. Davis, MD, President and Chief Executive Officer of The Mount Sinai Medical Center, said, “The Mount Sinai Adolescent Health Center is more than

Joy Bauer, MS, RD, CDN, nutrition/health expert for the “Today” show and *The New York Times* bestselling author of *Joy Bauer’s Food Cures*, delivered the keynote address. “Most adolescents are still in the dark not only about nutrition and exercise, but general health care,” said Ms. Bauer. “Add in the poor economy, high unemployment rates, and dramatic cuts to state and local public health department budgets, and you can see how invaluable the MSAHC is.”

Angela Diaz, MD, MPH, Director of the MSAHC, discussed the complex issues that many patients face. “The multiple traumas and challenges that our young people experience affect their health, their education, and consequently their lives,” Dr. Diaz said. “Quick fixes are not effective. We have learned not to hurry, but to engage them over a long period of time.”

Ly Tran, a young immigrant from South Vietnam, said the MSAHC had been an invaluable resource. “I’ve come a long way from Vietnam, poverty, sweatshop labor, vision impairment, and depression,” she said. “I stand before you today as a student at Columbia University. I know now that I will go far in life. And, I know I could not have done it without the help and support of the Mount Sinai Adolescent Health Center.”

“*I’ve come a long way from Vietnam, poverty, sweatshop labor, vision impairment, and depression. I stand before you today as a student at Columbia University. I know now that I will go far in life. And, I know I could not have done it without the help and support of the Mount Sinai Adolescent Health Center.*

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and Medicine; Chairman Emeritus of Pediatrics, Mount Sinai School of Medicine; and a member of the Center’s Advisory Board; Andrea Marks, MD, pioneering doctor and leader in the field of Adolescent-Young

a longstanding success for our institution and the community it serves. It exemplifies the type of social service programming needed—countless times over—to support health care in the United States.”



ABOVE PHOTO: Joy Bauer, MS, RD, CDN; RIGHT PHOTO, FROM LEFT: Angela Diaz, MD, MPH; Judith Hannan, Advisory Board President, Mount Sinai Adolescent Health Center; Carla A. Harris; Rochelle Hirschhorn, MD; Kurt Hirschhorn, MD; Andrea Marks, MD; Michael Nembhard, LCSW; and Ly Tran

Latino Diabetes Awareness Campaign

The Mount Sinai Medical Center and the nonprofit Hispanic Federation have introduced a public awareness campaign to address the prevalence of diabetes within the Latino community and to promote early detection, prevention, and proper treatment of the disease.

Wayne Keathley, President and Chief Operating Officer of The Mount Sinai Hospital, and Lillian Rodríguez López, President of the Hispanic Federation, officially kicked off the Get Informed! Get Tested! Get Healthy! campaign in Stern Auditorium with the first Latino Diabetes Awareness Day on Tuesday, November 15. Mr. Keathley and Ms. Rodríguez López were joined by New York State and local officials, community leaders, and health professionals.

"New York City's Latino population is facing a diabetes epidemic," said Mr. Keathley. "Mount Sinai and the Hispanic Federation's mission is to create a model of prevention and treatment for this disease to better serve this community."

"More than 300,000 Hispanic adults in New York City have diabetes, representing a

prevalence rate of 13 percent that is more than twice that of non-Hispanic whites," says Gina Murdoch, Executive Director of the American Diabetes Association of Greater New York. Latino children also have the highest rates of obesity in New York City.

Diabetes is caused when the body does not make enough insulin to regulate the intake of glucose, which leads to high levels of blood sugar. The disease can be managed if it is treated early. If not, diabetes can lead to eye disease, blindness, heart attack and stroke, amputation, and kidney disease.

The Get Informed! Get Tested! Get Healthy! campaign will use radio and television; editorials in key Spanish-language newspapers; a dedicated microsite on Mount Sinai's website, www.mountsinai.org/Latino; community forums; and physician and health advocate training to make people aware of diabetes, encourage them to eat healthier foods, cut down on soda and sugared drinks, and exercise regularly. Mount Sinai and the Hispanic Federation will also develop a calendar that will include the locations of free diabetes testing sites.

"The Latino community needs to take this issue as seriously as we take AIDS. We are suffering from diabetes and we are suffering from being overweight," said Ms. Rodríguez López, at the kickoff. "We are educating people about how not to get diabetes. But if they get it, we want them to know how to manage it."

LATINO NEWSPAPER HONORS MOUNT SINAI

A recent survey of the readers of *El Diario La Prensa*, the most widely read Spanish-language newspaper in New York City, with a circulation of more than 250,000 readers, voted The Mount Sinai Medical Center as the "Best Hospital for Excellent Services" in the city.

"This honor is a direct result of Mount Sinai's prominence as a leading medical institution offering comprehensive care to our patients and leadership in developing culturally relevant initiatives to serve the Latino community," said Wayne Keathley, President and Chief Operating Officer, The Mount Sinai Hospital.

The Council of the City of New York proclaimed November 15, 2011, Latino Diabetes Awareness Day. FROM LEFT TO RIGHT: New York City Council member Melissa Mark-Viverto; Wayne Keathley; New York City Council member Daniel R. Garodnick; Lillian Rodríguez López; Ronald Tamler, MD, PhD, MBA, Clinical Director of the Mount Sinai Diabetes Center; and New York State Assemblyman Robert J. Rodriguez



Maintaining the Highest Standards of Safety (continued from page 1)

station in Guggenheim Pavilion to evaluate the medical surgery unit. AJ Mesiti, Operations Manager in the Engineering Department, and Kevin Hogan, Project Manager in the Engineering Department, checked halls and patient rooms to confirm that lighting, temperature, and proper ventilation were in place. Sunny Wong, a coordinator in Respiratory Care, looked to see that the unit's oxygen tanks were clearly marked as empty or full, and that they were properly secured on carts and stretchers.

Infection Preventionist Elsa Santos-Cruz interviewed a group of young student nurses. "After you've washed your hands, do you wipe them like this?" Ms. Santos-Cruz asked as she rubbed her hands down the sides of her white uniform. "No, of course not," they laughed. "Good," said Ms. Santos-Cruz. "Now tell me, what procedures do you follow when a patient is in isolation?" She jotted down notes and filled in a checklist of quality control items developed to meet The Joint Commission standards.

"These rounds continue to ensure a safe environment for our patients and our staff," says Marianne Coughlin, Vice President of Operations of The Mount Sinai Hospital. "It's a way to bring together

experts from several departments to scrutinize and improve the clinical environments."

Separate two-person teams conduct clinical tracers on a weekly basis as well. The teams use the standards set by The Joint Commission to measure unit compliance. On a weekday afternoon, Lisa Martin, PhD, RN, and nurse educator Rosalinda Margulies, MPH, RNC, visited the Pediatric Intensive Care Unit and interviewed Glynda Guia-Johnson, RN, a clinical nurse on the unit. The team and unit staff, along with the Clinical Nurse Manager, Gemma Lanier, MSN, CNP, CCRN, discussed the care and documentation of several patients while reviewing the electronic medical record.

The team checked for the required elements and agreed that Ms. Guia-Johnson's care, including patient teaching, was thorough and appropriately reflected in her documentation. They also noted that the unit maintained patient privacy, the medication area was locked, and a multidose vial was clearly marked with a beyond-use date.

"These visits increase awareness that this level of compliance must be maintained consistently," says Dr. Martin. "This is our chance to make sure that Mount Sinai maintains peak performance every day."

Events

Women's Health Fashion Show and Luncheon

The Mount Sinai Women's Health Fashion Show and Luncheon, which supports women's health initiatives, will feature a special presentation of Naeem Khan's Spring 2012 collection. For more information, contact Daryl Woolsey or Caroline Packer in the Office of Special Events at 212-824-8250. To purchase tickets, or to make a contribution, visit <http://mountsinai.org/womenshealthevent>.

Thursday, December 8
11:30 am - 2 pm
583 Park Avenue
Park Avenue at 63rd Street

Pharmacology and Systems Therapeutics Seminar Series

Alex Sparreboom PhD, Associate Member, Department of Pharmaceutical Sciences, St. Jude Children's Research Hospital, presents "Uptake Carriers and Oncology Drug Safety."

Tuesday, December 6
4 - 5 pm
Icahn Medical Institute
First Floor Seminar Room

Friedman Brain Institute Translational Neuroscience Seminar Series

Valina Dawson, PhD, Director, Neuroregeneration and Stem Cell Programs, Institute for Cell Engineering, Johns Hopkins University, presents "Modeling the Mysteries of Parkinson's Disease."

Thursday, December 8
1 pm
Icahn Medical Institute
First Floor Seminar Room

The Tisch Cancer Institute Frontiers in Oncology Seminar Series

Benjamin Neel, MD, PhD, Director, Ontario Cancer Institute, presents "Targeted and Unbiased Approaches to Cancer Gene Discovery."

Tuesday, December 6
4 - 5 pm
Hatch Auditorium

Department of Anesthesiology Visiting Professor Program

Max B. Kelz, MD, PhD, Assistant Professor of Anesthesiology and Critical Care, University of Pennsylvania, presents "The Internal Barrier that Impedes Transitions to and from States of Anesthetic-Induced Unconsciousness."

Wednesday, December 14
6:30 - 8:10 am
Annenberg 13-01

Education

The Page and William Black Post Graduate School for Continuing Education

The Office of Continuing Medical Education (CME) offers seminars, conferences, grand rounds, and live webcasts for physicians and other health professionals to extend their knowledge and remain current in their specific fields. For more information on courses, visit <http://www.mssm.edu/education/continuing-medical-education/courses> or call the Office of CME at 212-731-7950.

The Mount Sinai Liver Cancer Program: Sixth Anniversary Conference

The conference on "Translational and Clinical Advancements in Liver Cancer" will feature experts on hepatocellular carcinoma from the Mount Sinai Liver Cancer Program, and invited lecturers who will discuss the pathogenesis and clinical management of hepatocellular carcinoma, and the state-of-the-art research being conducted at Mount Sinai. To learn more and register, call the Office of CME at 212-731-7950.

Monday, December 12
8:30 am - 2:30 pm
Goldwurm Auditorium

Affordable Housing Apartments for Rent

Next year, The Mount Sinai Medical Center will open a residential building on East 102nd Street between Madison and Fifth avenues, which will include 46 affordable-housing apartments that range in size from studios to three bedrooms. It is a smoke-free site.

Qualified applicants will be required to meet the income, household size guidelines, and additional criteria listed in the chart below. Interested individuals may obtain an application by visiting www.related.com/affordable, or mailing an application request to: Related E102 Requests, 101 West 23rd Street, Box 215, New York, NY 10011.

Completed applications must be postmarked no later than Saturday, December 31, 2011. For eligible applicants, a 50 percent preference will be extended to residents of Community Board 11.

There are no brokers or application fees.

# of Units Available	Size	Rent*	Household Size	Total Annual Household Income Minimum/Maximum**
40 Percent Area Median Income				
1	Studio	\$516	1	\$18,909 - \$22,920
3	1 - Bedroom	\$556	1 - 2	\$20,262 - \$26,200
2	2 - Bedroom	\$619	2 - 4	\$22,374 - \$32,720
50 Percent Area Median Income				
3	Studio	\$659	1	\$23,628 - \$28,650
18	1 - Bedroom	\$709	1 - 2	\$25,311 - \$32,750
11	2 - Bedroom	\$803	2 - 4	\$28,446 - \$40,900
8	3 - Bedroom	\$909	3 - 6	\$32,538 - \$47,450

*RENT INCLUDES GAS FOR HEAT AND COOKING. **INCOME GUIDELINES ARE SUBJECT TO CHANGE.



Inside Mount Sinai

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www.mountsinai.org/inside



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