



State-of-the-Art Nursery Unit

5 semi-private rooms. All rooms have bathrooms with showers. The 5th floor mother/baby unit is also home to our high risk antepartum unit. There are 5 private rooms available with showers and a number of semi-private rooms.

Each mother/baby unit has its own newborn nursery, family waiting area and nourishment area. 24-hour rooming-in is available on each unit. Wireless internet is also available. Lactation consultants are available to

assist mothers and babies with breastfeeding difficulties. The nurse caring for you is able to assist you with positioning and latching and has been educated to do so.



Private Room w/ 5th Avenue View

Once your room is assigned, and your recovery is complete, you and your baby will be transferred to one of our three mother/baby units. Upon arrival to the mother baby unit, you will be taken to your room and your nurse will examine you. The baby is admitted to the newborn nursery for a period of time and examined by a nurse there. Your pediatrician will be



Private walk-in bathroom equipped with amenities

notified of your birth and will examine your infant within 24 hours. If you do not have a pediatrician with privileges at Mount Sinai, one will be selected by your obstetrician.



Private room on KP5 (above)

Visiting hours are from 11 am to 9 pm for all visitors on the Mother/baby units. Partners may stay 24 hours if patient is in a private room. Partners may stay from 7 am to 11 pm in semi-private rooms. All visitors should be free of illness when coming to see you and your baby.

The usual length of stay after a vaginal birth is 2 nights, 3-4 nights for a Cesarean. Your doctor or midwife will clear you for discharge. Your nurse will review any discharge instructions and answer your questions. The pediatrician will provide the discharge orders for your baby. You will need to bring clothing for your baby to go home in. Mount Sinai does not provide clothes or blankets to take home.

We hope you have a satisfying childbirth experience and we look forward to seeing you.



Maternity Tour Information



*Mount Sinai Hospital
Childbirth Education*

(212) 241-7491
Fax (212) 987 -5590
For Automated Class Info:
(212)241-5118 or
<http://www.mountsinai.org/patient-care/service-areas/women/areas-of-care/maternal-child-health>

Welcome to The Mount Sinai Hospital online Maternity tour. The Klingenstein Pavilion is home to the Kravis Women's Center and all childbirth related services. We are located at 1176 Fifth Avenue between 98th and 99th Streets. For your convenience, Mount Sinai has a visitors parking garage located on 99th Street between Madison and Park Avenues.



Entrance to Klingenstein Pavilion

The Klingenstein Pavilion entrance is open 24 hours per day and is where you should go when you are in labor. Your physician or midwife will give you instructions during one of your prenatal visits regarding what to do when your labor starts.



Klingenstein Pavilion Lobby

Upon entering the lobby, you will be greeted by a Mount Sinai security guard who will direct you and your partner to the elevators that will take you to our labor and delivery suite on the second floor. You are welcome to bring an additional support person with you to labor and delivery. We request that additional family members remain in the first floor waiting area.

Always call your health care provider prior to coming to the hospital. The health care provider will inform the staff of labor and delivery of your expected arrival.

At the "Center for Labor and Birth," you will be greeted by a staff member and asked to complete some paperwork. If you have pre-registered, this will be minimal. This is a good time to provide the staff with a copy of your health care proxy if you have one. A registered nurse will then escort you to one of our triage rooms.



KP2 Front Reception Desk

The triage area is a shared room where you are initially examined. The fetal monitor will be used to assess your contractions and your baby's heart rate. Your doctor or midwife will make the decision to admit you or send you home.



L&D Birthing Room

When you are officially admitted, you will be taken to one of our 14 birthing rooms. Our birthing rooms feature up-to-date equipment and furnishings, including an electronically adjustable bed, fetal monitor, and infant warmer.

There is an overnight sleeper/recliner for your coach/significant other, television, bathroom, and phone. Showers are available in many of the rooms. You will have a registered nurse caring for you during your labor and delivery in addition to your physician/midwife. Anesthesiologists are available on a 24-hour basis.

Your partner and an additional support person may remain throughout your labor and delivery. Others may visit at the discretion of the patient and hospital staff.

In the event a Cesarean delivery becomes necessary, operating rooms are located in the labor and delivery area and part-

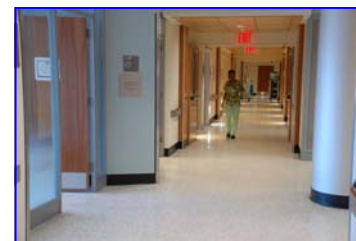
ners can be present. An additional support person may be permitted at the discretion of the anesthesiologist and obstetrician.

We make every effort to create a safe environment for you and your baby. After delivery, infant identification bands will be placed on your baby's wrist and ankle and you and your partner will receive identical bracelets to identify you as the family. Your nurse will explain the policy surrounding infant identification and security at that time.

You and your baby will remain on labor and delivery for a period of monitoring after you deliver. Breastfeeding is encouraged within the first hour after delivery (within 2 hours of a Cesarean birth) if that is your feeding choice. Your nurse will assist you during this initial feeding.

Room assignments for the mother/baby units are made after the delivery of the baby. Requests for private

rooms are accommodated at this time. Your partner will be instructed to go to the admitting office (located on the first floor) to arrange for your room assignment. Mount Sinai has 27 private rooms. There are out-of-pocket costs for private rooms. Insurance covers the cost of a semi-private



Spacious Facilities with new Design

room. All room assignments are based on availability.

The mother/baby units on the 7th and 8th floors each have 11 private rooms and



Newly Renovated Post Partum Floor