The Many Faces of PAIN

Neuropathy
mind-body connection
Neurosurgical therapy
medical therapy
Opioids
Headache
back pain
pain medications
complementary therapies
migraine

Saturday
May 3, 2014

Icahn School of Medicine at Mount Sinai
HATCH AUDITORIUM
1468 Madison Avenue (@100th Street), New York, NY

Course Directors

MARK GREEN, MD, FAAN
Professor of Neurology, Anesthesiology, and Rehabilitation Medicine
Director of the Center for Headache and Pain Medicine
Icahn School of Medicine at Mount Sinai

DAVID SIMPSON, MD, FAAN
Professor of Neurology
Director, Clinical Neurophysiology Laboratories
Director, Neuromuscular Division
Director, Neuro-AIDS Program
Icahn School of Medicine at Mount Sinai

Sponsored by
Center for Headache and Pain Medicine
Department of Neurology
Icahn School of Medicine at Mount Sinai

This activity has been approved for AMA PRA Category 1 Credits™.

www.mssm.edu/cme/courses
PROGRAM OVERVIEW
According to the 2011 Institute of Medicine (IOM) report, Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research, “Chronic pain affects an estimated 116 million American adults—more than the total affected by heart disease, cancer, and diabetes combined.”

Recent advances in diagnosis and management have greatly impacted the practice of pain management. This full-day CME activity is designed to update the clinician’s knowledge and ability to diagnose and strategically manage patients presenting with acute and chronic pain. The primary types of pain that will be addressed include headache, neuropathic pain, and low back pain. This activity presents medical (oral, topical, and injectable) and surgical therapies as well as a holistic body mind approach to pain management. Also presented is a guideline-based approach to the use of opioids in non-cancer pain with a strong emphasis on patient safety.

EDUCATIONAL OBJECTIVES
At the conclusion of this activity, participants will be able to:
- Develop a comprehensive management strategy for patients with neuropathic pain of various etiologies.
- Devise a cost-effective treatment plan for managing a patient with low back pain.
- Create a medical management strategy based on a sound risk/benefit analysis for opioid utilization.
- Differentiate between migraine and sinus headache/tension headache and develop an appropriate management plan.
- Identify patients with medically refractory pain for whom surgical management is an appropriate option.
- Explain the value of mindful meditation and other mind-body techniques in a comprehensive pain management strategy.

TARGET AUDIENCE
Neurologists, neurosurgeons, anesthesiologists, physiatrists (PM&R), psychiatrists, primary care providers, residents and fellows, nurse practitioners and physician assistants and other health professionals who treat patients with pain.

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE
Verification of attendance will be provided to all professionals.

FACULTY DISCLOSURE
It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.
AGENDA

8:00-8:45am  Registration & Continental Breakfast

8:45 – 9:00  Welcome & Introduction
Mark Green, MD, FAAN

9:00-9:45  Neuropathic Pain: Diagnosis and Management
David Simpson, MD, FAAN

9:45-10:30  Low Back Pain
Parag Sheth, MD

10:30-10:45  Break

10:45-11:30  Effectiveness of Opioids for Chronic Non-cancer Pain
Russell Portenoy, MD

11:30-12:15pm  Headache: Issues in Diagnosis & Management
Mark Green, MD, FAAN

12:15-1:15  Lunch

1:15-2:00  Surgical Interventions for Pain Management
Brian Kopell, MD

2:00-2:45  Body Mind Interventions for Pain
Patricia Bloom, MD

2:45-3:00pm  Concluding Remarks
Mark Green, MD, FAAN
David Simpson, MD, FAAN

*Q & A Session after each Speaker

REGISTRATION INFORMATION
$100 Practicing Physicians
$50 Physician Assistants, Nurse Practitioners, and other allied health professionals
$15 Residents and Fellows
Complimentary Registration for *MSHS Residents and Fellows

*Mount Sinai Health System (MSHS) Residents and Fellows MUST provide copy of their hospital ID or letter from program director.

MEETING LOCATION
Hatch Auditorium
Icahn School of Medicine at Mount Sinai
1468 Madison Avenue @ 100th Street
New York, NY

Directions and/or Parking: www.mountsinai.org/about-us/visiting-us/directions
Discounted parking is available on East 99th Street between Madison & Park Avenues. Parking ticket will be validated at the Registration Desk.

SPECIAL NEEDS
The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at 212-731-7950.
FACULTY

CO-DIRECTORS

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Professor of Neurology
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Icahn School of Medicine at Mount Sinai

FACULTY

Patricia Bloom, MD
Clinical Associate Professor, Brookdale Department of Geriatrics and Palliative Medicine
Director of Integrative Health
Martha Stewart Center for Living
Icahn School of Medicine at Mount Sinai

Brian Kopell, MD
Associate Professor of Neurosurgery, Neurology, Psychiatry and Neuroscience
Director, Center for Neuromodulation
Icahn School of Medicine at Mount Sinai

Parag Sheth, MD
Assistant Professor
Director of Spinal Intervention
Department of Rehabilitation Medicine
Icahn School of Medicine at Mount Sinai

Russell Portenoy, MD
Professor of Neurology and Anesthesiology
Albert Einstein College of Medicine
Chairman and Gerald J. Friedman Chair
Pain Medicine and Palliative Care
Department of Pain Medicine and Palliative Care
Beth Israel Medical Center
Chief Medical Officer
MJHS Hospice and Palliative Care

FOR CONFERENCE INFORMATION
Email: cme@mssm.edu or call the Office of CME at 212-731-7950
REGISTRATION FEES:

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LAST NAME    FIRST NAME    Degree

ADDRESS

CITY   STATE   ZIP

TELEPHONE   FAX

EMAIL   SPECIALTY

INSTITUTION/AFFILIATION

Please indicate special dietary needs:  □ Kosher  □ Vegetarian

TWO Ways to Register:

- Online:  www.mssm.edu/cme/courses
- Mail:  this form with your check to:
  Icahn School of Medicine at Mount Sinai
  The Page and William Black Post-Graduate School
  One Gustave L. Levy Place, Box 1193
  New York, NY  10029

- Enclosed is my check for $___________ made payable to:
  The Page and William Black Post-Graduate School of Medicine

- Bill my credit card $ ____________
  □ MasterCard  □ Visa  □ American Express

Card Number ___________________________  Exp Date ____________
Cardholder’s Name (please print) __________________________________________
Signature ________________________________________________________________

Cancellation Policy:  All cancellations must be confirmed in writing to The Page and William Black Post-Graduate School by April 18, 2014 for tuition refund.  An administrative fee of $25.00 will be retained.  No refunds will be made on cancellations after this date or for “no shows.”

For Conference Information:
Email: cme@mssm.edu or call the Office of CME at 212-731-7950