



**Mount  
Sinai**

# inside

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## Two Mount Sinai Luminaries Are Elected To the National Academy of Medicine

Two prominent researchers at the Icahn School of Medicine at Mount Sinai, Alison M. Goate, DPhil, and Lynne D. Richardson, MD, recently were elected to the prestigious National Academy of Medicine, formerly named the Institute of Medicine. Dr. Goate is the Willard T.C. Johnson Research Professor of Neurogenetics, and Director of the Ronald M. Loeb Center on Alzheimer's Disease. Dr. Richardson is Professor and Vice Chair of Emergency Medicine, and Professor of Population Health Science and Policy.



Alison M. Goate, DPhil



Lynne D. Richardson, MD

contributions to the advancement of medical sciences, health care, and public health. Membership is bestowed by peers and has unique resonance. Drs. Goate and Richardson now join a total of 21 Academy members within the Mount Sinai Health System.

“This is one of the highest honors that an individual can receive in medicine,” says Dennis S. Charney, MD, Anne and Joel

Ehrenkranz Dean, Icahn School of Medicine at Mount Sinai, and President for Academic Affairs, Mount Sinai Health System.

“The elections of Dr. Goate and Dr. Richardson are notable achievements and recognize the exceptional contributions they have made to their fields.”

Elevation to the Academy—an independent organization that serves as a national and international advisor—recognizes major

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## Jeremy Boal, MD, is President of Mount Sinai Downtown



Jeremy Boal, MD, has been appointed President of Mount Sinai Downtown, overseeing the Mount Sinai Health System's more than \$500 million transformation effort, which includes a new Mount Sinai Beth Israel and an enhanced New York Eye and Ear Infirmary of Mount Sinai.

“With nearly two decades of experience in patient care and hospital management, Dr. Boal is exceptionally well suited to lead Mount Sinai Downtown,” says Kenneth L. Davis, MD, President and Chief Executive Officer, the Mount Sinai Health System. Dr. Boal, who currently serves as Executive Vice President and Chief Medical Officer

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Jeremy Boal, MD, at the New York Eye and Ear Infirmary of Mount Sinai, with a view of the Williamsburg Bridge.

# A Celebration of Music at “Wonderful World” Gala

Broadway singer Rema Webb, who appears in *The Color Purple*, the jazz trumpeter Jon Faddis, saxophonist Erik Lawrence, and the Garry Dial Trio entertained nearly 200 guests at the 11th annual “What a Wonderful World” gala, held Monday, September 26, at the Highline Ballroom in Manhattan.

Hosted by the Louis Armstrong Center for Music and Medicine at Mount Sinai Beth Israel, this year’s honorees included four people who have made a difference in the lives of others: music legend Dionne Warwick; Michael Leitman, MD, Professor of Surgery, and Graduate Medical Education, at the Icahn School of Medicine at Mount Sinai; patient Karen Joyner; and philanthropist Sharon Mahn, founder and Chief Executive Officer of the recruiting firm Mahn Consulting, LLC.

Guests enjoyed an evening of jazz and cocktails, a choir performance by stroke patients, and a silent auction to benefit the Center’s clinical services throughout the Mount Sinai Health System. Mercedes

Ellington, dancer, choreographer, and granddaughter of Duke Ellington, and Bill Daughtry, host of WBGO jazz and sports radio programs, served as emcees. Donna Sirlin and Helen Greenbaum were co-chairs.

“We are proud of the breadth and scope of patients we serve and our growing research projects with doctors and nurses, from neonatal care to oncology and stroke,” says Joanne Loewy, DA, LCAT, MT-BC, founder and Director of the Louis Armstrong Center for Music and Medicine.

The Music Therapy Department at Mount Sinai Beth Israel provides a range of clinical services to adults and children, both in-house and in the community, including those with Parkinson’s and Alzheimer’s

diseases, asthma, and developmental delays. The department’s music therapists are licensed to provide care that complements medical treatment, assisting with sedation, pain management, and respiratory functioning.



Gala attendees: front row, honorees Karen Joyner, left, and Dionne Warwick; back row, from left: Stephan Quentzel, MD, Medical Director, Louis Armstrong Center for Music and Medicine; honorees Sharon Mahn and Michael Leitman, MD; and Joanne Loewy, DA, LCAT, MT-BC.

## ➤ Two Mount Sinai Luminaries Are Elected to the National Academy *(continued from page 1)*

Research by Dr. Goate, a molecular geneticist, has helped inform the genetic, molecular, and cellular basis of Alzheimer’s disease and related neurodegenerative disorders. She has identified key gene mutations linked to the heritable risk for Alzheimer’s disease and discovered rare DNA sequence variations in the genes encoding TREM2 and PLD3 that appear to double a patient’s risk of developing late-onset Alzheimer’s disease.

According to Dr. Goate, “The next phase of Alzheimer’s drugs is not too far off,” perhaps another five years, and will help stem the disease by attacking pathways directly implicated by genetic studies. New therapies might shut down or slow the progression of Alzheimer’s disease, prolonging brain health for years or even decades.

By “turning research on its head,” Dr. Goate says, she and her team at Mount Sinai are studying the genes that protect people from disease even when they carry risk factors.

Eric J. Nestler, MD, PhD, Nash Family Professor of Neuroscience, Director of The Friedman Brain Institute, and Dean for

Academic and Scientific Affairs at the Icahn School of Medicine, says the Academy honor is an “endorsement of our evaluation of Dr. Goate as a world leader in Alzheimer’s disease research.” A total of seven members of The Friedman Brain Institute—including Dr. Nestler—are members of the Academy.

Dr. Richardson is a nationally recognized expert in health services research and one of the most accomplished investigators in emergency medicine. Developing strategies to eliminate health care disparities has been a central focus of her career, and she has made important contributions in both the research and policy arenas. Her past and current mixed-methods research on the exception from informed consent (EFIC) for emergency research has set national standards on community consultation for EFIC studies.

Dr. Richardson’s long list of accomplishments also includes seminal work on transitions of care through a Health Care Innovation Award from the Centers for Medicare & Medicaid Services to implement a new model of emergency care for older adults.

She is principal investigator for the New York City Sickle Cell Implementation Science Consortium, which is using the Mount Sinai Health System as a learning laboratory to improve outcomes for adults with sickle cell disease.

“We are in the midst of transformational change in health care,” says Dr. Richardson. “Emergency medicine sits at the intersection between communities and hospitals, making it increasingly important with today’s emphasis on keeping patients healthy and out of the hospital. High-quality patient care depends upon timely examinations, diagnostic testing, patient advocacy, and comprehensive assessments of individual and community needs. All of this happens in the Emergency Department.”

Andy Jagoda, MD, Chair of Emergency Medicine at the Mount Sinai Health System, says Dr. Richardson has helped elevate their specialty, enabling it to serve as a window into individual and community health needs. “She is building the future and that is why she was made a member of the National Academy of Medicine,” he says.

# National Recognition for IT Excellence

The Mount Sinai Health System's Information Technology Department has created and recently launched an award-winning electronic medical record database, known as the Health Information Exchange (HIE), which will continue to be rolled out to Health System providers over the coming months. The new web-based portal unifies data in real time and will give Mount Sinai clinicians and affiliated physicians an unprecedented ability to review patient data without delay in order to make timely and accurate medical decisions and reduce the incidence and costs of unnecessary or duplicate tests.

The team behind the HIE implementation also expects the database to reduce insurance claim denials significantly because it allows the transmission of patient information to insurance companies at the time of the patient's arrival, including information such as the chief patient complaint and reason for visit, which validates the claim.

These improved efficiencies garnered wide attention recently when the Mount Sinai Health System received a 2016 CIO 100 Award from *CIO* magazine for its HIE initiative, an honor granted to organizations across the nation that exemplify the highest level of innovation, and operational and strategic excellence, in information technology. "We are honored to be named a 2016 CIO 100 organization," says Kumar Chatani, Executive



The Health Information Exchange team, from left: Ben Kaplan, Operations Manager, Interoperability, Information Technology (IT); Donny Patel, Director, Interoperability, IT; Jason Martin, Senior Director, System Integration and Interoperability, IT; Mark DeLaney, Vice President, IT; Kumar Chatani; Hai Ly, Epic Mobile Applications Analyst III, IT; Stacey Cohen, Clinical Informaticist, IT; and Joseph Kannry, MD, Lead Technical Informaticist, Epic EMR Clinical Transformation Group.

Vice President and Chief Information Officer, Mount Sinai Health System. "The continued implementation of our Health Information Exchange portal will provide continuity of care for patients regardless of where they enter the Health System, which has always been our goal."

## › Jeremy Boal, MD, is President of Mount Sinai Downtown *(continued from page 1)*

of the Mount Sinai Health System, has also been promoted to Executive Vice President and Chief Clinical Officer of the Mount Sinai Health System. The transition will start immediately, and Dr. Boal will fully assume his new roles in January 2017.

"It's clear that we are taking dramatic steps to improve the patient experience by changing the way we deliver care in this country, and Mount Sinai Downtown will be a leader in this new model of care," says Dr. Boal. "Our goal is keeping people healthy and out of the hospital and providing care closer to where people live and work."

Prior to his current roles, Dr. Boal was Chief Medical Officer for the North Shore-LIJ Health System (now Northwell Health), where he was

responsible for quality and safety across the System's hospitals, ambulatory practices, home care, and long-term care facilities. He was also responsible for the management of clinical, educational, research, and operational matters related to medical and clinical affairs. A board-certified internist with additional certification in geriatrics, Dr. Boal began his career as a resident at Mount Sinai nearly 25 years ago.

Susan Somerville, RN, is stepping down as President of Mount Sinai Beth Israel, and Mount Sinai leadership applauded her years of service. Ms. Somerville has decided to live full-time on Long Island with her husband, who has retired, and to pursue opportunities there. "I truly cannot say enough good things about the job she has done. We are incredibly lucky to have had her as part of our team and

very sad to see her go," Dr. Davis says.

The Mount Sinai Health System is undergoing a sweeping transformation of Mount Sinai Beth Israel to create the new Mount Sinai Downtown, an expanded and unified network of state-of-the-art facilities stretching from the East River to the Hudson River below 34th Street. These facilities will be conveniently located throughout the community to better serve each patient in the most appropriate setting, in a traditional hospital bed or even in the patient's home.

"As a physician and a resident of the neighborhood," Dr. Boal says, "I am excited and proud to work with our incredible team and community to bring this vision to reality."

## Around the Health System

### 7th Annual Postdoc Symposium Draws Several Hundred Attendees

More than 275 postdocs, graduate students, and other members of the New York City scientific community recently participated in the Icahn School of Medicine at Mount Sinai's 7th Annual Postdoc Symposium, making this year's full-day career symposium the most highly attended event yet. The event theme, "Industry Beyond the Bench," explored the breadth of careers available to PhDs and featured speakers Lana Skirboll, PhD, Vice President of Academic and Scientific Affairs at Sanofi; and Joanne Kamens, PhD, Executive Director of Addgene. Panelists included Nina Tandon, PhD, MBA, Chief Executive Officer and Co-founder of EpiBone; Robert DeVita, PhD, Professor of Pharmacology and Systems Therapeutics, and Structural and Chemical Biology, at the Icahn School of Medicine; Vesna Todorovic, PhD, Senior Editor at Nature Communications; and Erin Girard, PhD, Director of Engineering for Robotic Imaging and Therapy at Siemens Healthcare. The Icahn School of Medicine's Postdoc Executive Committee organized the event in collaboration with the Office of Postdoctoral Affairs.



The Postdoc Executive Committee co-chairs Delaine Ceholski, PhD, far left, and Alison Sanders, PhD, far right, both Postdoctoral Fellows at the Icahn School of Medicine at Mount Sinai, are joined by panelists, from left: Robert DeVita, PhD; Nina Tandon, PhD, MBA; Vesna Todorovic, PhD; and Erin Girard, PhD.

### "Wild for Wildlife" at Rehabilitation Center

The Mount Sinai Rehabilitation Center hosted its first "Wild for Wildlife" event on Saturday, September 24, at Central Park's East Meadow. The event brought together traumatic brain injury (TBI) patients, stroke survivors, and individuals with spinal cord injury for a meet-and-greet with exotic animals. The one-hour outing was made possible by the Bridges for Brain Injury's Wildlife Defenders Program, an education outreach and TBI support group. With the help of veterinary technicians, the Defenders



Patient Deborah Reid is delighted by a porcupine.

delighted a group of therapists, physicians, and patients and their family members, with a presentation that featured a kangaroo, an armadillo, an alligator, a snapping turtle, a fox, and the group's signature animal, a porcupine. Later, the Defenders—a group of TBI survivors who have been trained in the care of native and exotic animals—received a tour of the Mount Sinai rehabilitation facilities, greeting more patients and staff. The event was organized by

Clarisse Quirit, CTRS, Recreational Therapist, and Laura Simpson, Recreational Therapy Intern.

### Blood Drive Honors the Memory Of a Renowned Hematologist

Mount Sinai hosted a blood drive on Monday, October 17, in memory of the renowned hematologist Janet Cuttner, MD, a beloved faculty member at the Icahn School of Medicine at Mount Sinai for more than 50 years who passed away in August. The drive, which took place in the Annenberg Building lobby, received donations from 136 staff and visitors, surpassing its goal of 100. "Mount Sinai Hospital uses 28,000 units of red cells annually and efforts like this help to ensure that there is an adequate blood supply in New York," says Jeffrey S. Jhang, MD, Director, Blood Bank and Transfusion Services, The Mount Sinai Hospital, who co-chaired the event with Judith A. Aberg, MD, Chief of the Division of Infectious Diseases. "I would like to extend my sincere appreciation to every individual for donating their blood, a precious gift of life," Dr. Aberg says.



Participating in the blood drive were, from left: Marc Napp, MD, Chief Medical Affairs Officer, Mount Sinai Health System; Jeffrey Farber, MD, MBA, Senior Vice President and Chief Medical Officer for Population Health, Mount Sinai Health System; and Judith A. Aberg, MD.

# Celebrating the Mount Sinai Adolescent Health Center

The Mount Sinai Adolescent Health Center (MSAHC) honored nine individuals who have dedicated themselves to New York City's young people during its 13th Annual "Breakfast of Legends" benefit at The Plaza on Thursday, October 13. The Center provides free, comprehensive, and confidential health and wellness services to more than 10,000 young people every year and is considered a national leader in adolescent health research and training.

Peter W. May, Chairman, Boards of Trustees, Mount Sinai Health System, warmly welcomed the more than 300 guests, saying: "I haven't missed a single 'Breakfast of Legends' because I am so proud of the Mount Sinai Adolescent Health Center, which is a jewel in the crown of our Health System." He continued: "Ninety-eight percent of the people who come to the Center live in poverty, and 70 percent have been physically or sexually abused. Many come to the Center 'broken,' and leave whole. This may take one visit, or one-hundred visits, but there is no place else in



Angela Diaz, MD, PhD, MPH

New York City that provides complete care that is free of judgment, free of charge, and completely confidential."

Angela Diaz, MD, PhD, MPH, Jean C. and James W. Crystal Professor in Adolescent Health, and Director of the MSAHC, introduced the event's two youth hosts: Jordan, a patient who has faced struggles within the foster care system, and Felix, a



Rabbi Darcie Crystal and Jonathan H.F. Crystal

former patient, who sought support after the death of his sister. "These two young people have had a tremendous journey that they continue to walk," Dr. Diaz said. "I really want to thank them for their courage and for sharing their lives with us, and I want to thank each and every one here today for believing in our work."

## THE HONOREES

**Lizzy Cole**, MSAHC Advisory Board Member, and **Neil Cole**, founder of TheNext.org;

**Jonathan H. F. Crystal**, Executive Vice President, Crystal & Company, and MSAHC Advisory Board Member; and **Rabbi Darcie Crystal**, Tamid: The Downtown Synagogue;

**Louis G. Monti, MD; Rosanna Mirante, MD;** and **Marla Stern, MD**, each an Assistant Professor of Pediatrics, Icahn School of Medicine at Mount Sinai;

**Tiffanie Brown**, LCSW, who received the Mount Sinai Adolescent Health Center staff award.

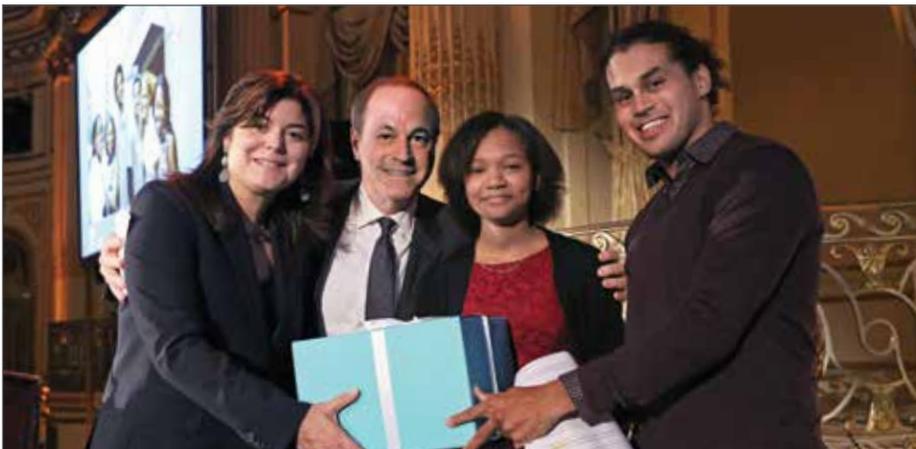
The Dr. Joan E. Morgenthau Lifetime Advocate for Youth Award was presented to **Robert M. Morgenthau** for his commitment to the Police Athletic League, which works to inspire and motivate young people. Mr. Morgenthau is the brother of Dr. Joan Morgenthau, the Center's founder, and is the former District Attorney of New York County, and Of Counsel, Wachtell, Lipton, Rosen & Katz.



Robert M. Morgenthau



From left: Rosanna Mirante, MD; Louis G. Monti, MD; and Marla Stern, MD



Lizzy and Neil Cole with youth hosts Jordan and Felix

## November is National Family Caregivers Month

Each November, National Family Caregivers Month raises awareness about the issues that often impact millions of the nation's unpaid family caregivers, educates them about identifying themselves as caregivers, increases support for them, and celebrates their extraordinary efforts.

The Mount Sinai Health System recognizes that family caregivers who care for patients are often the key to their recovery and long-term health. In understanding the demands that such a role places on families, Mount Sinai urges caregivers to "Take Care to Give Care," the Caregiver Action Network's 2016 theme.

When the New York State Department of Health this year enacted the landmark Caregiver Advise, Record, Enable (CARE) Act, Mount Sinai launched a comprehensive, Health System-wide plan to implement the details of this legislation. Clinical staff members were trained and electronic medical record systems were adapted to ensure that all patients with caregivers were identified, and that those caregivers were included in the education and preparation for the patient's discharge.

### Grand Rounds / Nursing and Social Work Services

Carol Levine, Director, Families and Health Care Project, United Hospital Fund, presents "Family Caregivers: Always on Call and Often at Risk."

**Thursday, November 17**  
**12:30 - 1:30 pm**  
**Goldwurm Auditorium**

### Town Hall Meeting

Mount Sinai St. Luke's and Mount Sinai West are rolling out Epic, the electronic health record system. Staff is invited to a Town Hall meeting for a project overview and Q&A session.

**Tuesday, November 15**  
**11 am – Noon**  
**Mount Sinai West Conference Room B**

**Videoconference locations:** Mount Sinai St. Luke's, Muhlenberg Auditorium; and the Mount Sinai Corporate Services Center, Room 10-A2

*Have a question or idea that you want to be addressed at the Town Hall? Email [EpicSLWinPatient@mountsinai.org](mailto:EpicSLWinPatient@mountsinai.org).*

## Mount Sinai Transformation update

### Mount Sinai Brooklyn is proposing to build a \$2 million outpatient cancer clinic for infusion therapy and oncology physician services.

The 3,320-square-foot clinic, at 3201 Kings Highway, will include patient examination and consultation rooms, seven semi-private patient treatment infusion stations, and necessary support spaces, according to Mount Sinai Brooklyn's certificate-of-need application. Mount Sinai participates in the Center for Medicare & Medicaid Innovation's Oncology Care Model, which aims to provide more coordinated oncology care for Medicare, while holding practices accountable for cost and quality. Mount Sinai Brooklyn does not currently provide outpatient infusion services, and the project would allow patients to receive these vital services in a location close to where they live and work, the hospital wrote. The site will complement Mount Sinai's oncology presence in Brooklyn, which already includes infusion facilities in Sheepshead Bay and Brooklyn Heights. The Mount Sinai Health System treats 10,000 new cancer patients annually and provides 280,000 oncology visits.

## Take Control of Your Lung Health

November is Lung Cancer Awareness month, so it's the perfect time to take control of your health and sign up for a lung screening with the Mount Sinai Health System Lung Screening Program. If you smoke, or used to smoke, and are between the ages of 55 and 80, a low-dose CT scan can help evaluate the health of your chest, particularly your lungs and heart. The scan can alert you to health problems before you feel symptoms. Medicare, Medicaid, and other insurance plans often cover lung screenings for eligible patients.

Learn more at <http://www.mountsinai.org/lung-cancer/lung-screening-program>. For further information or to make an appointment, call 844-MSCT-4ME (844-672-8463), or e-mail [lungscreening@mountsinai.org](mailto:lungscreening@mountsinai.org).



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