



**Mount
Sinai**

inside

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Mount Sinai Queens Heralds a New Era of Community Health Care with Opening of Ambulatory Pavilion

Against a backdrop of an evolving national health care system increasingly focused on preventive medicine, outpatient surgical procedures, and other efforts to keep people healthy and out of the hospital, Mount Sinai Queens has opened the doors to its new Ambulatory Pavilion, a \$175 million facility that allows it to better serve the health needs of its community and significantly expands its medical and surgical capabilities.

Mount Sinai Queens is located in the heart of Astoria and serves the communities of Western Queens and beyond. With the addition of the Ambulatory Pavilion and continued expansion, it is positioning itself to care for more patients and extend its geographical reach throughout New York City's largest borough.



From left: Darren Fitzpatrick, MD; Ugo Ezenkwele, MD; Brian Radbill, MD, FACP; and Fernando C. Carnavali, MD, at the Mount Sinai Queens Ambulatory Pavilion

continued on page 2 >

Early Skin Cancer Screening Minimizes Complications

When Melinda Sacks joined hundreds of other attendees at the 2014 Aspen Ideas Festival, in Aspen, Colorado, to receive a complimentary skin cancer screening by dermatologists at the Mount Sinai Health System, the clinician told her she had a suspicious spot on her face that should be checked by a specialist as soon as she returned home to Stanford, California.

Ms. Sacks says she was surprised by this because "I thought it was a birth mark." But the small pigmented spot with a clearly defined edge was a lentigo maligna—an early form of melanoma, in which the



Melinda Sacks receives a skin cancer screening from Morgan Rabach, MD, Clinical Instructor, Icahn School of Medicine at Mount Sinai.

malignant cells are confined to the tissue of origin. By catching the disease at an early stage, Ms. Sacks was able to have it removed without further complications.

This year, Ms. Sacks returned to the Aspen Ideas Festival—a 10-day public gathering dedicated to the global exchange of ideas—and thanked the team of dermatologists from Mount Sinai's Kimberly and Eric J. Waldman Department of Dermatology, who provided free skin cancer screenings for the fourth consecutive year. The department this year screened 745 attendees and identified 6 possible

continued on page 6 >

› A New Era of Community Health Care *(continued from page 1)*



Caryn A. Schwab, Executive Director, Mount Sinai Queens, center, with New York City Council Member Costa Constantinides and Roula Siklas, Program Coordinator, Stavros Niarchos Foundation.

“Mount Sinai Queens has always been a vital part of the communities it serves,” says Kenneth L. Davis, MD, President and Chief Executive Officer of the Mount Sinai Health System. “We are very proud to have worked closely with local stakeholders and elected officials in heralding a new era of health care in Queens—one that focuses on preventive care to better service the needs of this community.”

The six-floor, 140,000-square-foot Ambulatory Pavilion, which broke ground in October 2013, is one of the largest new medical construction projects in Queens in recent years. While parts of the facility remain under construction, it has been opening in phases since May and is now home to the Stavros Niarchos Foundation Emergency Department (ED), Mount Sinai Doctors multispecialty medical practice, and Mount Sinai Queens Imaging. Opening soon will be several new operating rooms utilizing the latest in surgical technology and an interventional radiology suite that, for the first time, will enable Mount Sinai Queens physicians to perform image-guided, minimally invasive procedures to diagnose and treat a variety of medical conditions.

Caryn A. Schwab, Executive Director, Mount Sinai Queens, says, “As we continue to grow, we are expanding the role we play in all aspects of our neighbors’ health, from providing primary care and imaging tests to surgery and cancer care. We want to deliver the best care for our community and borough, and in this building, they will get it.”

Brian Radbill, MD, FACP, Chief Medical Officer and Vice President, Medical Affairs, Mount Sinai Queens, notes: “With the opening of the Ambulatory Pavilion, we are transforming ourselves into an institution that will be increasingly focused on population health and dedicated to chronic disease management, preventive care, and wellness.”

The limestone and glass building has stunning views of Manhattan and Queens. New two-story atrium entrances and lobbies will be part of the final phase of the project for both the Ambulatory Pavilion and

the existing hospital. The façade of the hospital, adjacent to the new building, is currently being resurfaced to match the limestone façade of the Ambulatory Pavilion.

The construction of the Ambulatory Pavilion began as the hospital was gaining national recognition for improved patient care. In 2014, Mount Sinai Queens, as a campus of The Mount Sinai Hospital, received the prestigious Magnet® designation—considered the highest recognition for nursing excellence—from the American Nurses Credentialing Center. In 2015, the hospital was one of only 15 organizations nationally to have received the coveted Press Ganey Success Story Award®, which recognizes outstanding health care organizations that have measurably improved the patient experience. Press Ganey, the leading provider of patient experience measurement, cited “visionary leadership” that “has quantifiably improved the patient experience, advancing the quality and delivery of care in Queens.”

An Expansive Emergency Department

The Stavros Niarchos Foundation Emergency Department is the defining feature of the new building: at 20,000 square feet, it is five times the size of the previous emergency room. With a glass-enclosed, expansive entrance and waiting area, the facility features a combination of private rooms and patient bays, a cardiac and critical care resuscitation room, bariatric- and dialysis-capable rooms, and a covered ambulance entrance and ramp. A separate pediatric emergency area features a family-friendly waiting room appointed with a brightly colored mural, colorful furniture, and PlayStation® consoles that provide a diversion for younger patients.

Mount Sinai Queens, a Level 2 Trauma Center, is the only hospital in the borough designated by both the New York State Department of Health and The Joint Commission as a primary stroke center. To further elevate stroke care, the new ED is equipped with a dedicated CT scanner to expedite stroke diagnosis and treatment, which is crucial for improving patient outcomes. There is also dedicated X-ray equipment.

The Mount Sinai Queens ED treated more than 51,000 patients in 2015; with the expansion, that number is expected to grow significantly. The Department is led by Ugo Ezenkwele, MD, Chief of Emergency Medicine, Mount Sinai Queens, and Associate Professor of Clinical Emergency Medicine, Icahn School of Medicine at Mount Sinai; and Mary Godineaux, RN, BSN, MSA, Director of Nursing, Emergency Department, Mount Sinai Queens. The ED was officially unveiled during a ribbon-cutting ceremony attended by members of the Mount Sinai Boards of Trustees and the Stavros Niarchos Foundation, Mount Sinai Queens leaders and staff, local elected officials, and other guests on Thursday, June 9.

“The Stavros Niarchos Foundation was a strong and early supporter of this project, which took many years of hard work and collaboration to bring to fruition,” says Andreas C. Dracopoulos, Co-President of the Stavros Niarchos Foundation. “The result is a facility that will enable talented clinicians to do their best work, and will serve the demands of a growing Queens community.”

continued on page 3 ›

› A New Era of Community Health Care *(continued from page 2)*



Mount Sinai Queens faculty and staff are ready to serve patients at the new Ambulatory Pavilion.

A Growing Physician Practice

With the launch of the new Ambulatory Pavilion, Mount Sinai Queens is inaugurating a Mount Sinai Doctors multispecialty physician practice that is expected to number approximately 40 primary care physicians and specialists over the next 12 to 18 months. The primary care physicians in the practice specialize in family and internal medicine, with a focus on preventing diabetes, hypertension, cardiovascular disease, and pulmonary disease, along with pediatrics, and obstetrics and gynecology. Fernando C. Carnavali, MD, serves as the Chief of Primary Care Medicine at Mount Sinai Queens. Primary Care physicians will closely collaborate with the specialists and manage the overall health care of their patients. Specialty care will be offered in cardiology, dermatology, endocrinology, gastroenterology, general surgery, nephrology, neurology, neurosurgery, ophthalmology, orthopaedics, otolaryngology, spine, surgical oncology, and thoracic and vascular surgery.

To better serve their patient population in one of the most ethnically diverse counties in the nation, many of the physicians at Mount Sinai Doctors speak languages in addition to English. The practice, which began a phased roll-out in June, is expected to be fully operational in September. It is located on the fourth and fifth floors of the Ambulatory Pavilion.

The Latest Imaging Equipment

Mount Sinai Queens Imaging, which opened on the second floor of the Ambulatory Pavilion on Wednesday, June 8, uses the latest diagnostic equipment, including a wide-bore 1.5 Tesla MRI system, 128-slice advanced CT scanner, four high-quality ultrasound systems, digital X-ray and fluoroscopy, PET/CT scanner, digital mammography units, and advanced archiving communication system technology. It also offers women's imaging, including breast tomosynthesis, a 3-D mammogram that can detect cancers that a standard

mammogram might miss. Physicians also perform fine-needle aspirations and core biopsies of the breast. Bone density exams are available as well to detect osteoporosis.



Under the direction of Darren Fitzpatrick, MD, Chief of Radiology, Mount Sinai Queens, and Assistant Professor of Radiology, Icahn School of Medicine at Mount Sinai, the staff includes a team of four fellowship-trained, board certified radiologists who serve on the faculty of the Icahn School of Medicine at Mount Sinai.

Operating Suites, Interventional Radiology, and More

The six new operating (OR) suites and the interventional radiology suite are expected to open after Labor Day. The OR suites include private pre-surgical rooms, a large recovery room, and a comfortable waiting area. Interventional radiologists will be able to perform minimally invasive procedures to diagnose and treat a wide range of conditions without the need for surgery. The expansion project will continue through the winter as the two new entrances and lobbies are completed, an ambulance ramp is extended for the ED, and the service yard becomes functional.

“We are delighted to serve Western Queens with a fully integrated medical facility that now provides access to the highest quality, personalized care,” says David L. Reich, MD, President of The Mount Sinai Hospital and Mount Sinai Queens. “We look forward to continued collaboration with our community to realize the vision of a new Mount Sinai Queens.”

SNAPSHOTS FROM ASPEN

At the 2016 Aspen Ideas Festival, a public gathering dedicated to the global exchange of ideas, faculty and staff from the Mount Sinai Health System provided attendees with complimentary skin cancer and heart health screenings, and participated in panel discussions on topics that included drug prices, living organ donations, gene-editing technologies, and ways to improve health care globally. The festival is presented by the Aspen Institute in partnership with *The Atlantic* magazine.

In a panel discussion on “Cancer Breakthroughs: The Promise of New Treatments,” specialists from the Mount Sinai Health System discussed significant advances being made in personalized vaccines and immunotherapies. The Tisch Cancer Institute at the Icahn School of Medicine at Mount Sinai is involved in clinical trials that are exploring multiple approaches to immunotherapy, including intratumoral injections that are being used in combination with traditional treatments, such as surgery, radiation, and chemotherapy.

Members of the Mount Sinai panel included, from left, Ross L. Cagan, PhD, Director, Center for Personalized Cancer Therapeutics; Matthew Galsky, MD, Director of Genitourinary Medical Oncology; Joshua Brody, MD, Director, Lymphoma Immunotherapy Program; Steven J. Burakoff, MD, Director of The Tisch Cancer Institute; and Kenneth L. Davis, MD, President and Chief Executive Officer, Mount Sinai Health System.



U.S. Secretary of Health and Human Services Sylvia Mathews Burwell, seated, was among the more than 570 attendees at the Aspen Ideas Festival who visited the Mount Sinai Health System’s tent this year to receive complimentary blood pressure and cholesterol screenings by medical staff from Mount Sinai Heart, including Marissa Martinez, RN, standing. Attendees also were encouraged to download The Circle of Health app, which focuses on modifiable risk factors of cardiovascular disease, including blood pressure, exercise, weight loss, and tobacco. The app was developed by Valentin Fuster, MD, PhD, Director of Mount Sinai Heart and Physician-in-Chief of The Mount Sinai Hospital.

Mount Sinai Health System President and Chief Executive Officer Kenneth L. Davis, MD, and his wife Bonnie M. Davis, MD, Mount Sinai Trustee, shook hands and posed with U.S. Vice President Joseph Biden, following the Vice President’s conversation with Walter Isaacson, CEO of the Aspen Institute, which was the closing event of the Aspen Ideas Festival on Saturday, July 2. The Vice President and Mr. Isaacson discussed subjects ranging from the ability to speed cancer treatment discoveries through improved sharing of information between federal government agencies, private industry, and academia, to how political leaders can respond to societal changes and govern more effectively.



U.S. Secretary of State John Kerry stopped by the Mount Sinai Health System’s tent for an impromptu photograph with Mount Sinai faculty and staff members shortly after arriving at the Aspen Ideas Festival to host a discussion on international policies. In his discussion with Walter Isaacson, President and CEO of the Aspen Institute, Mr. Kerry addressed topics that included Britain’s impending exit from the European Union and renewed relations between the United States and Cuba. “The world is not facing global gridlock,” Mr. Kerry told the audience. “Where we are engaged with a clear strategy and where we use our power thoughtfully we are making progress, in most places. No one said it would be easy or we would get it all done at once.”

Philanthropic Gift Advances the Mission of Family Medicine and Community Health Department

The newly named Alfred and Gail Engelberg Department of Family Medicine and Community Health at the Icahn School of Medicine at Mount Sinai was officially unveiled during a recent plaque dedication and reception that honored Alfred B. Engelberg and his wife, Gail May Engelberg, for their generous \$4 million gift.

“Mount Sinai is the only academic medical center in Manhattan to recognize that training family physicians who are capable of providing high-quality and low-cost care in urban neighborhoods is essential to the health and well-being of New York City,” said Mr. Engelberg. “We are proud to support this effort.”

Neil Calman, MD, Professor and Mount Sinai Health System Chair of Family Medicine and Community Health, said, “Alfred and Gail are longtime advocates of family medicine, and their philanthropic commitment will help fund the expansion of the Icahn School of Medicine’s residency program and benefit the next generation of family medicine physicians.”



Neil Calman, MD, left, with Gail and Alfred B. Engelberg

U.S. Surgeon General Visits Mount Sinai Beth Israel’s Model Opioid Treatment Program Facility

The United States Surgeon General, Vice Admiral Vivek H. Murthy, MD, MBA, recently visited Mount Sinai Beth Israel’s Opioid Treatment Program at East 125th Street, one of the hospital’s 11 licensed addiction treatment clinics, to get a first-hand view of a facility that is successfully addressing the nationwide opioid epidemic. Mount Sinai’s model opioid treatment program was among the sites recommended to Dr. Murthy by the New York City Department of Health and Mental Hygiene.

Dr. Murthy received an overview of the program and participated in a roundtable discussion with program leadership and staff about the growing abuse of opioids. He learned how Mount Sinai Beth Israel’s program—one of the first and now the largest in the United States—is transitioning from centers that primarily provide methadone treatment to comprehensive outpatient programs that offer onsite, integrated addiction treatment, primary care, and



The U.S. Surgeon General, Vice Admiral Vivek H. Murthy, MD, MBA, greets patient Gloria Harrison as other patients look on.

behavioral health care. The East 125th Street program is the first Mount Sinai Beth Israel clinic to offer this comprehensive care.

“We discussed how collaboration at the community level is also a critical component of success,” says Grant Mitchell, MD, Chair, Department of Psychiatry, Mount Sinai Beth Israel, who points out that leadership and staff regularly meet with elected officials and community members to get updates and obtain input on how best to serve patient needs. Dr. Murthy also visited the methadone medication area, an integrated care unit, and a female-only

clinic, where he spoke privately with patients.

Adds Dr. Mitchell: “Dr. Murthy’s visit was a wonderful opportunity to offer suggestions that may have the potential to influence national policy on opioid addiction treatment—or even serve as an example for others.”

➤ Early Skin Cancer Screening *(continued from page 1)*

melanomas, along with 40 potential basal cell and squamous cell carcinomas. Since 2013, Mount Sinai's dermatologists have performed a total of 2,591 screenings at the festival, and identified 36 possible cases of melanoma, as well as 196 potential basal cell and squamous cell abnormalities.

"I am grateful to Mount Sinai for finding something that could have been really devastating to me," Ms. Sacks says. "My experience was really scary and changed the way I wear sunscreen."

New Courses for Nursing Professional Development

The Phillips Beth Israel School of Nursing's Center for Continuing Education, part of Mount Sinai Beth Israel, is offering the following programs:

- **The Nursing Leadership** program examines the nurse as a leader and provides participants with skills needed to ensure that employing organizations are guided accurately and effectively through periods of transformation.
- **The Nursing Education** course helps prepare students to implement instructional strategies for both face-to-face and online environments, and construct appropriate curricula, teaching materials, and evaluation strategies that provide practical, up-to-date educational experiences.
- **The Nursing Informatics** program examines the history of health care informatics, basic concepts, current issues, and health information management systems.

Programs start in August. To register, email info@nurse-education.org or call 212-614-6177. To learn more, visit <http://www.mountsinaihealth.org/pbism/cce>.

Social Media for Scientists Workshop

This interactive workshop is for those who want to increase their scientific online presence with ORCID, Research Gate, and Twitter. The workshop is open to all Mount Sinai Health System employees and is aimed at all scientists, those who work with scientists, or those who just want to develop a better understanding of social media. Sessions will be taught by Gali Halevi, PhD, MLS, and Robin O'Hanlon, MIS. For more information, visit <http://blog.mountsinai.org/academicit/social-media-for-scientists-register-now/>.

Thursdays, July 28 and August 4
10:30 am – Noon
The Mount Sinai Hospital Campus
Annenberg 10-74

Running Club

The Department of Pathology is hosting a new weekly running club every Thursday and Friday. All are welcome. For more information, email roxanne.tan@mountsinai.org.

Thursdays and Fridays

5:15 pm

The Mount Sinai Hospital Campus

Annenberg West Lobby

Meet at Starbucks



First Annual New York City Regional Obesity Forum

The Icahn School of Medicine at Mount Sinai will host the First Annual New York City Regional Obesity Forum, which aims to promote interactions and collaboration among obesity researchers across the New York City metropolitan area. The meeting will feature Barry Levin, MD, Professor, Interim Chair, Neurology and Neurosciences, New Jersey Medical School, Rutgers University, Assistant Chief, Neurology, E. Orange Veterans Administration Medical Center; and Susan Yanovski, MD, Co-Director, Office of Obesity Research, Program Director, Division of Digestive Diseases and Nutrition, National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health, as keynote speakers. The event will provide a forum for junior faculty, postdoctoral fellows, and doctoral students to interact with each other and with senior faculty and obesity professionals. Registration is free. To register or submit an abstract for the event, visit <http://icahn.mssm.edu/nycobesityforum>.

Saturday, July 30 (Registration and Abstract Deadline)

Monday, September 19 (Event)

8:30 am – 4:30 pm

Hess Center for Science and Medicine



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