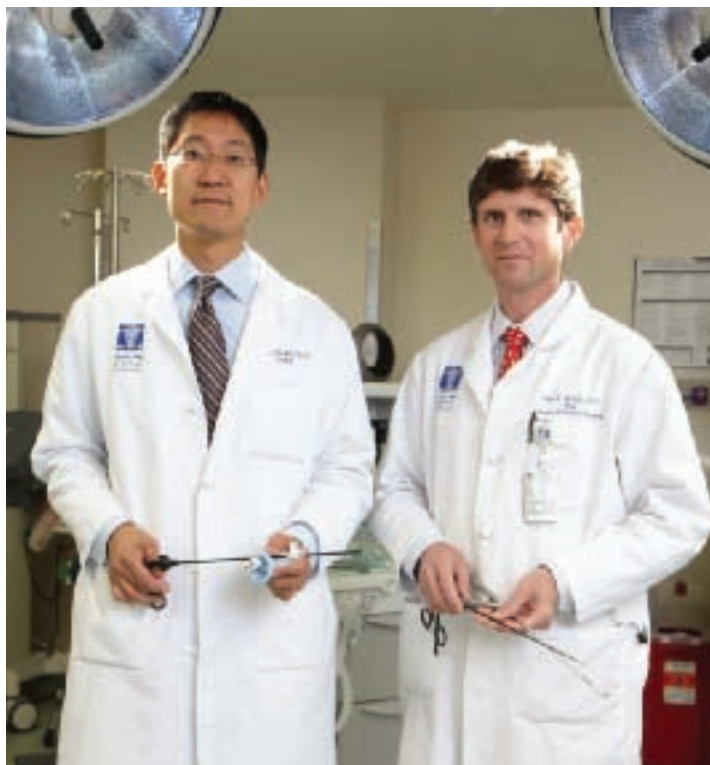


Mount Sinai inside



LEFT TO RIGHT: Edward H. Chin, MD, and Peter S. Midulla, MD, with the tools they use to perform advanced laparoscopic surgery.

Advanced Laparoscopic Surgery

Two physicians at The Mount Sinai Medical Center have become the first in New York State to perform advanced laparoscopic surgery to remove a diseased spleen and gallbladder through a single, one-inch incision in the navel. The procedure, known as LESS, for laparoscopic single-site surgery, was performed earlier this year by Edward H. Chin, MD, Assistant Professor of Surgery, and Peter S. Midulla, MD, Assistant Professor of Surgery and Pediatrics.

“The standard laparoscopic procedure would have been done through at least four small incisions, one in the navel and three in the upper part of the abdomen,” says Dr. Chin. “Now we have performed these same operations by inserting all the instruments through a single incision in the belly button to remove gallbladders, appendices, spleens, and adrenal glands.”

In October, Dr. Chin will be presenting these results at the national meeting of the American College of Surgeons.

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Look inside

Optical Shop Opens

MOMS Program Celebrates 20th Anniversary

Greening Mount Sinai

Town Hall Meeting

Pharmacy Department Prepares for New Information Technology System

The Mount Sinai Hospital Pharmacy Department is preparing for the installation of a new information technology (IT) program, EPIC Willow. This is the first phase in the implementation of what will be a new electronic medical record system linking all inpatient and ambulatory patient care areas.

The EPIC Willow Pharmacy System is set to go live on the morning of Sunday, October 10 at 10:10. Joanne Meyer, MS, PharmD, Pharmacy Director, says, “We picked the number 10 because if something is a 10 it is the best.” The transition to a new IT system, she adds, “is going to be seamless and safe.”



Mount Sinai’s new electronic medical record system will link inpatient, outpatient, and Emergency Department areas.

CONTINUED ON PAGE 2

New EPIC System (continued from page 1)

To accomplish a smooth transition, the EPIC Willow project team has been meeting weekly. In addition, a small “pharmacy build team” meets daily to customize approximately 4,000 individual medications that need to be configured to Mount Sinai Hospital Formulary specifications and billing codes. Each medication is carefully evaluated for important safety considerations and approved by the Mount Sinai Medical Board. Pediatric and Oncology medications that require additional notes and documentation are being reviewed twice: once by the pharmacists building the EPIC system, and a second time by the pharmacists who specialize in those medications.

To date, five members of the Pharmacy staff have received EPIC training toward certification, according to Dr. Meyer. By the time the program goes live, she adds, every pharmacist and pharmacy technician will have received intensive training on how to use the system.

With the phase one complete—the installation of the new IT platform—phase two will consist of linking the pharmacy to the hospital’s inpatient system, with a rollout that is scheduled to begin April 2011. When phase two is completed, new orders, change orders, and recommendations can be entered into the EPIC system and automatically communicated to nurses, doctors, and pharmacists, so each level of care will have access to the same information.

For additional information on the implementation of EPIC, please contact the following people:

Bruce Darrow, MD x 48544
Inpatient Physician Champion

Amy Albano, RN, MBA x 40796
Nurse Champion

Joanne Meyer, MS, PharmD x 46171
Pharmacy Director

Kristin Myers x 81489
VP, EPIC Clinical Transformation Group

“Pharmacy is very excited for EPIC Willow to go live on October 10,” says Dr. Meyer. “And we’re looking forward to the next phase when the entire inpatient EPIC system is implemented.”

Mount Sinai’s Ambulatory Departments and Faculty Practice Associates (FPA) were the first to implement the EPIC system in 2006 for outpatient visits. By next April, information on patients who are seen



The EPIC Team: FRONT ROW, LEFT TO RIGHT: Robert Lathan, Training Analyst; Ted S. Friedman, Pharmacy Associate Director; Sally Ritter, Project Coordinator; Paul Francaviglia, Reporting Manager; SECOND ROW, LEFT TO RIGHT: Elena Sethi, Project Manager; Patric Moylett, Application Analyst; Gina Caliendo, Pharmacy Associate Director; THIRD ROW, LEFT TO RIGHT: Mary PetruzzIELLO, Pharmacist; Egan Visker, Training Manager; Joanne Meyer, Pharmacy Director; Suzanne Kamhi, Application Manager; FOURTH ROW, LEFT TO RIGHT: Matt Levin, Pharmacy Assistant Director; Jose Almonte, Pharmacy Assistant Director; Helle Thomsen-Hunt, Pharmacist

privately through the Ambulatory Department, the FPA, or one of Mount Sinai’s affiliate clinics will be available in the hospital’s inpatient system. Should they ever be admitted to The Mount Sinai Hospital for an emergency or planned procedure, their records will be immediately available to attending physicians, nurses, and pharmacists.

“It is this integration across the Medical Center that will allow our already-exemplary physicians to provide even better care,” says Wayne Keathley, President and Chief Operating Officer of The Mount Sinai Hospital. “This first step will allow physicians to deliver timely and insightful care to all Mount Sinai patients arriving as inpatients, outpatients, or in the Emergency Department, who are unable to describe their current medications, or the treatment regimens they are following.”



Frames are on display at Mount Sinai’s new Optical Shop. LEFT TO RIGHT: Myndie Friedman, MPA, Administrative Director, Department of Ophthalmology, and Douglas A. Jabs, MD, MBA, Chief Executive Officer, Mount Sinai Faculty Practice Associates, Dean for Clinical Affairs, Mount Sinai School of Medicine, Professor and Chair, Department of Ophthalmology

Optical Shop Opens

On June 14, the Mount Sinai School of Medicine’s Department of Ophthalmology opened a new Optical Shop on the eighth floor of the Center for Advanced Medicine (CAM) building. The shop offers a variety of designer fashion frames and uses state-of-the-art lens technology. If customers need an eye examination they can schedule one with the Ophthalmology Department located across the hall. “The response from employees has been very good,” says Optician Shalaya Aris. Mount Sinai employees receive a 30 percent discount on glasses and can submit their bill for insurance reimbursement. Non-employees receive 20 percent off. The shop is open from 9 am to 5 pm, Monday through Friday.

Advanced Laparoscopic Surgery (continued from page 1)

Dr. Chin and Dr. Midulla used LESS to remove the gallbladder and spleen of a 17-year-old girl with sickle cell disease. The patient returned home after two days, and recovered easily. Her scar was almost invisible and she said she did not have any bruising or pain around the incision.

“An abdominal scar or two may not mean that much to an adult,” says Dr. Midulla. “But to teenagers who tend to be more aware of their body images, it may seem like a crisis.”

With the patient under general anesthesia, Dr. Chin and Dr. Midulla perform LESS by using a cylindrical port that slips into the navel, allowing a scope and two operating instruments to be inserted into the abdomen simultaneously. The port also seals the abdomen, which is inflated with carbon dioxide to improve visualization of the internal organs and gives the surgeons room to maneuver.

“The clearest advantage of this new technique is fewer scars, to the point where often the incision cannot be seen at all,” says

Dr. Chin. “Decreased pain and faster recovery may also be benefits that these procedures provide, but this has not been studied at length. We compared LESS cholecystectomy to traditional laparoscopic cholecystectomy at Mount Sinai, and found that LESS

“The clearest advantage of this new technique is fewer scars, to the point where often the incision cannot be seen at all.”

— EDWARD H. CHIN, MD

patients required significantly less pain medication, were much happier with their scars (or lack thereof), and were much more likely to recommend their procedure to others.”

MOMS Program Celebrates 20 Years

It takes a village to raise a child, and The Mount Sinai Medical Center has provided that support to pregnant and parenting teenagers from the East Harlem community for the past 20 years. Recently, Mothers of Mount Sinai (MOMS) celebrated its 20th anniversary, having helped more than 250 young mothers become competent and confident parents, finish their educations,

teenage mothers themselves. “Teen pregnancy is passed from one generation to another,” she adds. “It’s about expectations, the culture. Some of the mothers are the first in their families to graduate high school and college. We have participants saying they want to become doctors. They begin to have a vision of themselves beyond becoming young mothers.”

provides young mothers with a structured work experience. Participants such as Sumele Wilkie, who works in Mount Sinai’s Department of Nursing Education, have found successful careers within Mount Sinai.

“I am so grateful for the MOMS program,” says Ms. Wilkie. “It taught me the confidence, responsibility, and strength I needed so I could be the best mother I could be.”

Ms. Rothenberg says 33 percent of the young women in the MOMS program who responded to the survey have gone on to complete college, compared with 3 percent of teen mothers in the general population.

“The East Harlem community, where teen pregnancy is among the highest in New York City, places Mount Sinai in a unique position to educate and support local teens to guide them through this difficult time in their lives,” says Ms. Rothenberg. “The data show that this program works. We look forward to 20 more years of helping these women flourish.”

“I am so grateful for the MOMS program. It taught me the confidence, responsibility, and strength I needed so I could be the best mother I could be.”

— SUMELE WILKIE

develop job skills, and find employment. “We have seen so many uncertain young women turn into confident, independent moms who are role models for their peers,” says Andrea Rothenberg, MS, LCSW, Director, Department of Health Education.

The MOMS group—which works with young women between the ages of 13 and 25—meets weekly and discusses a variety of topics, including attachment and bonding, developmental milestones, and the realities of parenting. Over the years, MOMS has grown to include additional programs that focus on managing toddlers, pregnancy prevention, and the Summer Employment and Training Program.

The program changes the lives of multiple generations, according to Ms. Rothenberg, who says many of the children whose mothers participated in MOMS are graduating high school, attending college and making decisions not to become

In a spring 2009 survey of 31 of the MOMS participants who had been part of the Summer Employment and Training Program over the past 10 years, nearly 84 percent were employed and only one remained on public assistance. The employment program



LEFT TO RIGHT: MOMS Director Andrea Rothenberg with three of the program’s alumni, Hilda Delgado, Jessica Roldan, Tara Joshua, and Ms. Joshua’s son, Eli Angus.

Events

New Environmental Newsletter Available on the Intranet

Greening Mount Sinai is a new environmental newsletter available on Mount Sinai's intranet. The link is located on the left-hand column of the home page, or can be viewed by visiting <http://intranet1.mountsinai.org/greeningmountsinai>. There are currently two issues available. Any waste disposal questions or concerns can be directed to Anthony Schifano, Director of Environmental Initiatives at Anthony.schifano@mountsinai.org.

Grand Rounds Oncological Sciences

Shyamala Maheswaran, PhD, Associate Professor, Massachusetts General Hospital Cancer Center, presents "Molecular Characterization of Circulating Tumor Cells."

Tuesday, June 29
Noon
Icahn Medical Institute
First Floor Seminar Room

Basic Science Lecture Division of Vascular Surgery

Edward Chan, MD, Chief Resident, Department of Surgery, presents "Orientation to Vascular Surgery."

Friday, July 2
7 - 8 am
Annenberg, Radiology
Conference Room
MC Level, Room AMC 330

Basic Science Lecture Division of Vascular Surgery

Jeffrey Olin, DO, Professor of Medicine/Cardiology, presents "The Vascular Lab."

Friday, July 9
7 - 8 am
5 East 98th Street
Fifteenth Floor
Conference Room

Program for the Protection of Human Subjects (PPHS)

In July, PPHS will have an information table in the Guggenheim Pavilion Atrium. Staff will be on hand to answer questions. IRB paperwork can be submitted here.

Beginning Thursdays in July
Noon - 1 pm
Outside the Plaza Café

Training & Education

403(b) Education Seminar: The New Rules of Investing: Six Principles for Planning a Safe and Secure Retirement

The 403(b) education seminar is designed for all who want to learn more about investing for retirement. The seminar will emphasize: long-term savings, portfolio diversification, risk tolerance, and investment performance. Representatives from Prudential, TIAA/CREF, and Vanguard will be available to answer questions.

Tuesday, June 29 and
Wednesday, July 7
Noon - 1 pm
Goldwurm Auditorium

Mount Sinai Medically Supervised Weight Management Program Weekly Orientation

Mount Sinai's Weight Management Program is holding a weekly orientation session titled "Toward Lasting Better Health," to introduce employees and others to the Weight Management Program. The program, geared to helping people who need to lose more than 30 pounds, is led by physicians and dietitians. Participants must have a comprehensive obesity screening by an endocrinologist before starting the program. To reserve a seat for the orientation session, call 212-241-4991.

Tuesdays
5 pm
Atran Building
Fourth Floor Conference Room, AB4-11

Editor's Note

Inside is off for Independence Day. We will be back July 12.

★ ★ ★ ★ 2010 ★ ★ ★ ★

JOIN US

TOWN HALL

STERN AUDITORIUM

<p>MONDAY JULY 12 4 - 5 PM</p>	<p>★</p>	<p>TUESDAY JULY 13 9 - 10 AM</p>
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KENNETH L. DAVIS, MD
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of The Mount Sinai Medical Center

DENNIS S. CHARNEY, MD
Dean of Mount Sinai School of Medicine
and Executive Vice President for Academic
Affairs of The Mount Sinai Medical Center

WAYNE KEATHLEY
President and Chief Operating Officer
of The Mount Sinai Hospital



Inside Mount Sinai

2010 Marketing & Communications

Submissions

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