

Safety Cares and Concerns

There are a number of regulations we ask you to comply with in order to ensure the safety of your loved ones and other patients .

Please turn off all cell phones and any other electronic equipment. They can interfere with monitoring equipment in the NSICU.

Because beds are positioned to facilitate special monitoring, we ask that you do not adjust a patient's bed without first obtaining permission.

Patients are on special diets. Please do not feed patient without first consulting with the patient's nurse.

Please do not bring flowers or plants to the ICU because they can cause allergic reactions.

Please do not touch the patient's tubes, drains or monitoring equipment.

Please comply with all posted signs at the patient's bedside. If you have a question or concern, please consult with the assigned nurse.

In order to keep the NSICU as germ-free as possible, we request the following:

Use the Purell dispenser or wash your hands on entering and again on leaving a patient's room: this is essential.

All visitors must wear a yellow gown and gloves when entering the room of a patient on *contact precautions* (orange sign at bedside) and remove the gown and gloves upon exiting the room. Visitors must not walk around the ICU gowned.

Please pick a family representative to communicate with the NSICU team.

For Your Convenience

A comfortable visitors' lounge is located to the right of the ICU entrance for your convenience.

There are vending machines and pay phones for your use. Please help us keep the lounge comfortable and clean for all our patients and visitors.

Plaza Cafe: Guggenheim Pavilion, First Floor
Hours: 6:30AM - 7:30PM; holidays: 7AM - 3PM
Starbucks: Annenberg Lobby, First Floor

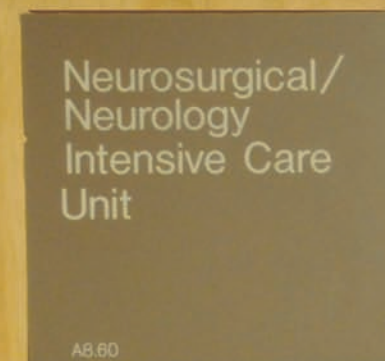
Places to Worship: West Tower
The Peck Jewish Chapel
The Hatch Interdenominational Chapel

Parking: Mount Sinai Visitors' Parking Garage
Location: 99th St. between Madison and Park Aves.
Hours: Daily from 6AM to 1AM
Telephone: (212)241-5125



MOUNT SINAI
SCHOOL OF
MEDICINE

Welcome to the NSICU



Mount Sinai Neurosciences Intensive Care Unit

Information for Patients, Families and Visitors

The Neurosciences Intensive Care Unit

In the NSICU, specialized care is given to critically ill patients with neurological, neurosurgical, ENT and orthopedic spine illnesses.

The staff welcomes you and encourages you to help us bring the best possible care for the patient and the best possible experience for the family.

Location

Annenberg Building, eighth floor

Telephone

212-241-2100

Fax

212-426-7629

Visiting Hours

Visiting hours are between 11AM and 7PM and 8PM and 9PM daily. There is an hour break between 7 PM and 8PM to allow for the nursing shift change. We ask all family and visitors to exit the unit. This guideline is strictly enforced.

Daily patient rounds are conducted between the hours of 8AM to 11AM. To ensure patient privacy, visitors are not permitted in the NSICU during physician rounds.

Visitation Guidelines

Please check with the Business Associate at the front desk before proceeding to the patient's room.

No more than two visitors may be by the bedside at any time to ensure the safety and best management of the patient.

Any special considerations regarding visiting should be discussed with the Clinical Nurse manager or his/her designee.

NSICU Team

Intensivists:

Adel Bassily-Marcus, MD

Ernest Benjamin, MD

Jennifer Frontera, MD

Errol Gordon, MD

John Oropello, MD

Clinical Nurse Manager:

Mignon Guishard-Pole, RN, MA, CCRN

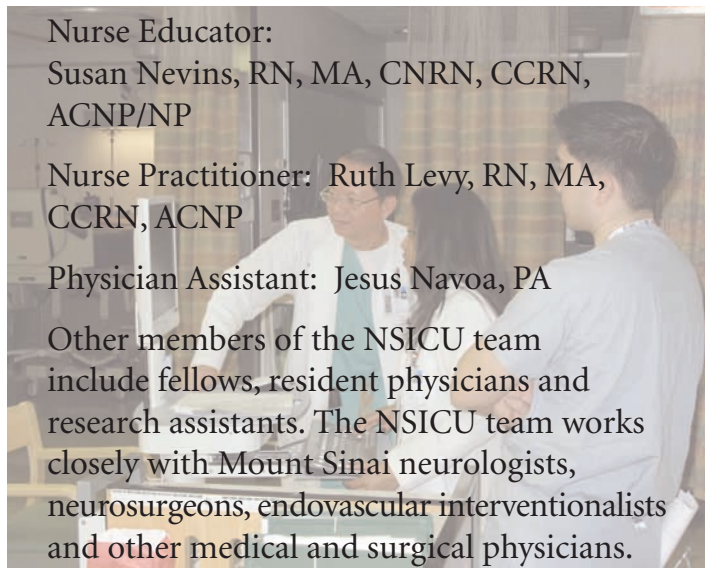
Nurse Educator:

Susan Nevins, RN, MA, CNRN, CCRN, ACNP/NP

Nurse Practitioner: Ruth Levy, RN, MA, CCRN, ACNP

Physician Assistant: Jesus Navoa, PA

Other members of the NSICU team include fellows, resident physicians and research assistants. The NSICU team works closely with Mount Sinai neurologists, neurosurgeons, endovascular interventionalists and other medical and surgical physicians.



Family Support

We are here to meet your family's emotional and practical needs. Physicians and nurses are available 24/7 to answer your questions and discuss the care of your loved one. Social workers, nutritionists, pain and palliative care specialists, rehabilitation specialists, patient representatives and clergy are available to speak with you upon request.

If you wish to use these or other resources, please ask your Primary Nurse or the Business Associate at the front desk. If you have any concerns, do not hesitate to contact a nurse or physician or speak with a patient care representative.

Patient Representatives

(212) 659 – 8990 or “66” on an in-hospital phone

To learn more about the Mount Sinai NSICU, please visit our website at

My Attending Physician is

My Clinical Nurse is
