



CHALLENGES

*in Obstetrics,
Gynecology,
and Women's
Health*



MOUNT SINAI
SCHOOL OF
MEDICINE

APRIL 22 & 23, 2009

The New York Academy of Medicine
1216 Fifth Avenue at 103rd Street
New York, NY

Course Directors:

Rhoda S. Sperling, MD

Michael L. Brodman, MD

Sponsored by the
Department of Obstetrics, Gynecology,
and Reproductive Science

COURSE DESCRIPTION

There is a need for practicing physicians and other health care professionals to be familiar with the most up-to-date advances in obstetrics and gynecology and to be able to offer options for patients when standard therapy fails to be effective.

The goal of this course is to provide clinical and research updates in the field of obstetrics, gynecology, reproductive medicine, and women's health to practicing physicians, physicians in training, and other related health professionals.

We recognize that there are a number of CME activities that offer updates in obstetrics and gynecology; however, we wanted to create a unique course that will offer evidence-based guidelines for the management of both routine and difficult cases.

WHO SHOULD ATTEND?

Attending physicians, physicians in training (residents and fellows), medical students, physician assistants, and nurse midwives in the specialties of obstetrics, gynecology, internal medicine, family practice, and general practice.

LEARNING OBJECTIVES

Participants who attend this course will be able to:

- Formulate a systematic approach to the evaluation of gastrointestinal and dermatologic complaints complicating pregnancy
- Assess the impact of cancer on pregnancy management and outcomes
- Evaluate current recommendations for utilizing amniocentesis to assess fetal lung maturation
- Assess medical and legal issues related to umbilical cord blood banking
- Formulate a systematic approach to the evaluation of choroid plexus cysts and MTHFR mutations
- Identify anesthesia options for thrombocytopenic patients in labor
- Examine the relationship between maternal infections with emerging pathogens and pregnancy outcomes
- Incorporate adult vaccinations into routine antepartum and postpartum care
- Evaluate treatment options for women with polycystic ovarian syndrome (PCOS)
- Analyze treatment options for infertility patients
- Evaluate current recommendations for ovum donation
- Formulate a systematic approach to the evaluation and treatment of anovulatory patients
- Identify the therapeutic options for long-acting reversible contraception
- Evaluate the role of robotics in gyn and gyn cancer surgery
- Evaluate current recommendations for ovarian cancer screening and treatment
- Assess the impact of bloodless gynecologic surgery on post-operative morbidity
- Identify the role of mesh in pelvic organ prolapse surgery

ACCREDITATION

Mount Sinai School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Mount Sinai School of Medicine designates this educational activity for a maximum of 9.25 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE will be provided to all professionals.

REGISTRATION INFORMATION

Practicing Physicians	\$175.00
Nurses, Physician Assistants, Residents, Fellows, and other Allied Health Professionals	\$125.00

COURSE LOCATION

The New York Academy of Medicine, 1216 Fifth Avenue at 103rd Street, New York, NY 10029.
<http://www.nyam.org/about/directions.shtml>

Parking

- Merit Parking – 107th Street between Fifth & Madison Avenues
- Mount Sinai School of Medicine – 99th Street between Madison & Park Avenues

CONFERENCE INFORMATION

Please call the Office of CME at 212-731-7950 or email wini.sapong@mssm.edu

WEDNESDAY, APRIL 22, 2009

7:00 am – 7:50 am.....	Registration and Continental Breakfast	
7:50 am – 7:55 am.....	Opening Remarks	Michael L. Brodman, MD
7:55 am – 8:00 am.....	Introduction and Welcome	Rhoda S. Sperling, MD
Each presentation will be 25 minutes followed by a 10 minute Q&A		
<i>Moderator:</i> Keith A. Eddleman, MD		
8:00 am – 8:35 am.....	Gotta Poop, Gotta Scratch and Gotta Throw-up: Can You Help?	Joanne Stone, MD
8:35 am – 9:10 am.....	Cancer in Pregnancy	Men-Jean Lee, MD
9:10 am – 9:45 am.....	To Tap or Not to Tap: Controversies in Testing for Fetal Lung Maturity	Lauren Ferrara, MD
9:45 am – 10:20 am.....	Don't Ask Me About....3 Topics we Hate to Address: Cord Blood Banking, Choroid Plexus Cysts and MTHFR Mutations	Garfield A.D. Clunie, MD
10:20 am – 10:40 am.....	Refreshment Break	
<i>Moderator:</i> Michael Silverstein, MD		
10:40 am – 11:15 am.....	Thrombocytopenia and Regional Anesthesia	Yaakov (Jake) Beilin, MD
11:15 am – 11:50 am.....	Re-emerging Bacterial Pathogens in Obstetrics	Katherine T. Chen, MD, MPH
11:50 am – 12:25 pm.....	Diagnosis and Management of PCOS	Dina E. Green, MD
12:25 pm – 1:00 pm.....	Vaccination in Pregnancy & Postpartum	Rhoda S. Sperling, MD

THURSDAY, APRIL 23, 2009

7:00 am – 7:50 am.....	Registration and Continental Breakfast	
7:50 am – 7:55 am.....	Introduction and Welcome	Rhoda S. Sperling, MD
Each presentation will be 25 minutes followed by a 10 minute Q&A		
<i>Moderator:</i> Frederick Friedman, Jr., MD		
7:55 am – 8:30 am.....	Patient-Centered Approach to Infertility	Alan B. Copperman, MD
8:30 am – 9:05 am.....	What is New in Ovum Donation	Lawrence Grunfeld, MD
9:05 am – 9:40 am.....	Challenges in Ovulation Induction	Tanmoy Mukherjee, MD
9:40 am – 10:15 am.....	Long-acting Reversible Contraception Update (Paragard, Mirena, Implanon)	Adam R. Jacobs, MD
10:15 am – 10:35 am.....	Refreshment Break	
<i>Moderator:</i> Charles J. Ascher-Walsh, MD		
10:35 am – 11:10 am.....	Role of Robotic Surgery in Gyn and Gyn Oncology	Jamal Rahaman, MD
11:10 am – 11:45 am.....	Ovarian Cancer Updates – From Bench to Bedside	Konstantin Zakashansky, MD
11:45 am – 12:20 pm.....	Bloodless Gynecologic Surgery	Nimesh P. Nagarsheth, MD
12:20 pm – 12:55 pm.....	The Role of Mesh in Gyn Surgery	Michael D. Vardy, MD
12:55 pm.....	Closing Remarks	Rhoda S. Sperling, MD

MOUNT SINAI COURSE DIRECTORS

Rhoda S. Sperling, MD

Vice-Chair & Professor of Obstetrics, Gynecology, and Reproductive Science

Department of Obstetrics, Gynecology, and Reproductive Science

Professor of Medicine/Infectious Diseases

Mount Sinai School of Medicine

Michael L. Brodman, MD

The Ellen & Howard C. Katz Chairman's Chair in Obstetrics, Gynecology, and Reproductive Science

Professor of Obstetrics, Gynecology, and Reproductive Science

Mount Sinai School of Medicine

MOUNT SINAI FACULTY

Charles J. Ascher-Walsh, MD

Assistant Professor of Obstetrics, Gynecology, and Reproductive Science

Yaakov (Jake) Beilin, MD

Professor of Anesthesiology

Professor of Obstetrics, Gynecology, and Reproductive Science

Katherine T. Chen, MD, MPH

Associate Professor of Obstetrics, Gynecology, and Reproductive Science

Garfield A.D. Clunie, MD

Assistant Professor of Obstetrics, Gynecology, and Reproductive Science

Alan B. Copperman, MD

Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Keith A. Eddleman, MD

Professor of Obstetrics, Gynecology, and Reproductive Science

Professor of Genetics and Genomic Sciences

Lauren Ferrara, MD

Assistant Professor of Obstetrics, Gynecology, and Reproductive Science

Frederick Friedman, Jr., MD

Associate Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Dina E. Green, MD

Assistant Professor of Medicine, Division of Endocrinology, Diabetes and Bone Diseases

Lawrence Grunfeld, MD

Associate Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Adam R. Jacobs, MD

Assistant Professor of Obstetrics, Gynecology, and Reproductive Science

Men-Jean Lee, MD

Associate Professor of Obstetrics, Gynecology, and Reproductive Science

Tanmoy Mukherjee, MD

Assistant Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Nimesh P. Nagarsheth, MD

Assistant Professor of Obstetrics, Gynecology, and Reproductive Science

Jamal Rahaman, MD

Associate Professor of Obstetrics, Gynecology, and Reproductive Science

Michael Silverstein, MD

Assistant Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Joanne Stone, MD

Associate Professor of Obstetrics, Gynecology, and Reproductive Science

Michael D. Vardy, MD

Associate Clinical Professor of Obstetrics, Gynecology, and Reproductive Science

Konstantin Zakashansky, MD

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FACULTY DISCLOSURE

It is the policy of Mount Sinai School of Medicine to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

SPECIAL NEEDS

Mount Sinai School of Medicine is in full compliance with provisions of the American with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Page and William Black Post-Graduate School at 212-731-7950.





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REGISTRATION FEES:

- **Practicing Physicians** \$175.00
- **Nurses, Physician Assistants, Residents, Fellows,
and other Allied Health Professionals** \$125.00

LAST NAME FIRST NAME (MD, RN, etc.)

ADDRESS

CITY STATE ZIP

TELEPHONE FAX

EMAIL SPECIALTY

INSTITUTION/AFFILIATION

Email confirmation? Yes No

Please indicate special dietary needs: Kosher Vegetarian

THREE WAYS TO REGISTER:

- **Online at www.mssm.edu/cme/courses/obgyn**
- **Fax** this form with your Visa, M/C or AE # to 212-731-7930.
- **Mail** this form with your check to:
Mount Sinai School of Medicine
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

Enclosed is my check for \$_____ payable to **The Page and William Black Post-Graduate School.**

Bill my credit card \$_____

MasterCard Visa American Express

Card Number Exp. Date

Cardholder's Name (*please print*):

Signature: _____

REFUND POLICY

All cancellations must be confirmed in writing to The Page and William Black Post-Graduate School of Medicine by Friday, April 4, 2009 for tuition refund. An administrative fee of \$50.00 will be retained. No refunds will be made on cancellations after this date or for "no shows."

**For conference information, please call the Office of CME at
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