

Mount Sinai inside



LEFT TO RIGHT: Stanley Mirsky, MD; Irl Hirsch, MD; and Derek LeRoith, MD, PhD, the Lillian and Henry M. Stratton Professor of Molecular Medicine, Chief of the Division of Endocrinology, Diabetes, and Bone Disease, and Director of the Metabolism Institute

Honoring Leaders in Endocrinology

On February 5, the third Annual Stanley Mirsky, MD, lectureship award was presented to Irl Hirsch, MD, Professor of Medicine in the Division of Metabolism, Endocrinology, and Nutrition at the University of Washington Medical Center in Seattle, Washington.

The title of Dr. Hirsch's lecture was "Glycemic Variability: Why Such a Fuss?" Dr. Hirsch spoke to a standing-room-only audience about the importance of tight metabolic control in Type 1 diabetes and the prevention of diabetic complications. He also addressed the issue of how valuable and accurate the A1c levels—a measure of blood glucose over a two- to three-month period—are in monitoring patients' glucose control.

This lectureship award recognizes distinguished endocrinologists from around the world. It was created in 2007 in honor of Stanley Mirsky, MD, Associate Clinical Professor of Medicine at Mount Sinai—a leading endocrinologist who co-authored the book *Diabetes Survival Guide: Understanding the Facts About Diagnosis, Treatment, and Prevention* (Ballantine Books, 2006).