

### WEIGHT MANAGEMENT
Learn how to eat healthy and lose weight.
**DATE:** Fridays, March 2, 9, 16, 23, & 30  
**TIME:** 2 - 3 pm  
**LOCATION:** Mount Sinai West  
1000 Tenth Avenue between 58th and 59th Streets  
Lower Level Conference Room  
**Registration required.**  
For more information, call 212-636-3068.  
**SPONSORED BY:** Mount Sinai West

### MALECARE PROSTATE CANCER SUPPORT GROUP
**DATE:** Wednesdays, March 7, 14, 21, & 28  
**TIME:** 6 - 7:30 pm  
**LOCATION:** Mount Sinai Downtown Union Square  
10 Union Square East between 14th and 15th Streets  
Conference Room 3, 2nd Floor  
For more information, call 212-673-4920.  
**SPONSORED BY:** Mount Sinai Downtown Union Square

### FREE DIABETES CLASS AT MOUNT SINAI DIABETES CENTER
Participants will learn about diabetes and implementing self-care for those with type 2 diabetes and pre-diabetes.  
**DATE:** Tuesday, March 20  
**TIME:** 5:15 - 6:45 pm  
**LOCATION:** The Mount Sinai Hospital  
Mount Sinai Diabetes Center  
5 East 98th Street between Madison and 5th Avenues  
Conference Room, 3rd Floor  
For more information, or to register, e-mail camilla.levister@mssm.edu.  
**SPONSORED BY:** Mount Sinai Diabetes Center

### LATINA SHARE SUPPORT GROUP
Support group for Spanish-speaking women with breast and ovarian cancers.  
**DATE:** Wednesdays, March 14 & 21  
**TIME:** 2:30 - 4:30 pm  
**LOCATION:** Mount Sinai St. Luke’s  
1090 Amsterdam Avenue between 113th and 114th Streets  
Muhlenberg Auditorium, 4th Floor  
**Registration required.**  
For more information, call 212-221-1626.  
**SPONSORED BY:** Mount Sinai St. Luke’s

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### BRAIN AWARENESS WEEK
**MARCH 12 - 18**

**“Art of the Brain” Exhibition**
**MONDAY, MARCH 12**
**6 - 8 PM**
**LOCATION**
Grady Alexis Gallery  
El Taller Latino Americano  
215 East 99th Street between 2nd and 3rd Avenues  
Lower Level

**GALLERY HOURS**
Monday - Thursday, 9:30 am - 6 pm  
Friday, 10:30 am - 2:30 pm  
Saturday, 10 am - 3 pm

**SPONSORED BY**
The Friedman Brain Institute at the Icahn School of Medicine at Mount Sinai

For more information, email veronica.szarejko@mssm.edu.