## Community Events

### Ovarian Cancer Awareness Month

**Thursday, January 18**

**Survivors and Caregivers**

Please Join Us for a Special Cervical Cancer Event

**TIME:** 3 - 5 pm

**SPEAKERS:**
- Stephanie Blank, MD, Director of Women’s Health, Mount Sinai Chelsea, and Stacy Lewis, LMSW, Women’s Cancers Program Coordinator, CancerCare®

**LOCATION:** Mount Sinai Union Square

10 Union Square East between 14th and 15th Streets

Conference Room 2, 2nd Floor

For more information, call 212-844-6022 or email alison.snow@mountsinai.org.

**SPONSORED BY:** Mount Sinai Union Square

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### January 2018

#### 5: Weight Management

**Learn how to eat healthy and lose weight.**

**DATES:** Fridays, January 5, 12, 19, & 26

**TIME:** 2 - 3 pm

**LOCATION:** Mount Sinai West

1000 Tenth Avenue between 58th and 59th Streets

Winston Conference Room, 1st Floor

**Registration is required.**

For more information, call 212-376-4770.

**SPONSORED BY:** Mount Sinai West and Cancer Supportive Services

#### 8: Look Good...Feel Better® Support Program

**A FREE one-time supportive workshop teaches beauty techniques to female cancer patients**

**DATE:** Monday, January 8

**TIME:** 11 am - 1 pm

**LOCATION:** The Mount Sinai Hospital

1470 Madison Avenue between 101st and 102nd Streets

Ruttenberg Treatment Center, Resource Center, 4th Floor

**Registration is required.**

For more information, call 212-824-8787.

**SPONSORED BY:**
The Tisch Cancer Institute and the American Cancer Society

#### 10: LatinaSHARE - Breast or Ovarian Cancer Support Group for Spanish Speakers

**DATES:** Wednesdays, January 10 & 24

**TIME:** 2:30 - 4:30 pm

**LOCATION:** Mount Sinai St. Luke's

1090 Amsterdam Avenue at 114th Street, 10th Floor, Room A

For more information, call 212-221-1626.

**SPONSORED BY:** Mount Sinai St. Luke's and Susan G. Komen, Greater New York City

#### 10: Yoga for Women

**DATES:** Wednesdays, January 10, 17, 24, & 31

**TIME:** 3:15 – 4:45 pm

**LOCATION:** Mount Sinai Union Square

10 Union Square East between 14th and 15th Streets

Conference Room 1, 2nd Floor

For more information, call 212-844-6022.

**SPONSORED BY:** Mount Sinai Union Square and Cancer Supportive Services

#### 11: Leukemia, Lymphoma, and Myeloma Support Group

**DATE:** Thursday, January 11

**TIME:** 6 - 7 pm

**LOCATION:** Mount Sinai West

1000 10th Avenue between 58th and 59th Streets

Winston Conference Room, 1st Floor

**Refreshments will be served.**

For more information, call 212-376-4770.

**SPONSORED BY:** The Leukemia and Lymphoma Society

#### 18: Sickle Cell Disease Support Group

**This is an open support group for individuals living with sickle cell disease.**

**DATE:** Thursday, January 18

**TIME:** 1 - 2 pm

**LOCATION:** The Mount Sinai Hospital

1470 Madison Avenue between 101st and 102nd Streets

Ruttenberg Treatment Center, Resource Center, 4th Floor

For more information, call 212-824-7858.

**SPONSORED BY:**
The Mount Sinai Hospital

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