Medical Letter of Support – Transfeminine

Date: Patient Name: Date of Birth:

To whom it may concern,

<u>Patient Name</u> has been a patient at <u>Clinic Name</u> since <u>Month/Year</u>. She is a transgender woman, who has lived in the gender role that corresponds with her gender identity since <u>Month /Year</u> and I am writing this letter in support of <u>Patient Name</u> undergoing the _____ procedure.

If the patient is seeking breast augmentation, please include the following paragraph:

<u>Patient Name</u> has been on feminizing hormone therapy for an excess of 24 months. This treatment has not been effective in providing the patient with sufficient breast growth for a feminine physique. This patient requires surgical intervention to help alleviate her continued dysphoria related to this physical characteristic.

<u>Patient Name</u> experiences persistent gender dysphoria (gender identity disorder, ICD-10 F64.0), and this medically necessary gender-confirming surgery is the next step in her transition process. In order to receive gender-affirming treatment at <u>Surgical Facility Name</u>, <u>Patient Name</u> was determined to have capacity to make informed consent. This is appropriate treatment in accordance with the guidelines from the World Professional Association of Transgender Health SOC ver 7.

<u>Patient Name</u> initiated hormone therapy in <u>Month/Year</u>.

<u>Patient Name</u> transferred hormone replacement therapy to my care on <u>Month/Year</u>; include if applicable. Her current medical regimen includes <u>Insert regimen</u> which she has been taking since <u>Month/Year</u>.

<u>Patient Name</u> has no significant medical diagnoses that could increase intra- or post-operative complications.

Given this, <u>Patient Name</u> is recommended for surgery.

Writer's Name and Credentials License NPI Address Contact Phone

*Medical Letter template adapted from our colleagues at Callen-Lorde Community Health Center