

Office for Diversity and Inclusion

## UNITED IN SOLIDARITY RESOURCE GUIDE

A CATALOG OF PRINT AND SOCIAL MEDIA TO LEARN ABOUT RACISM, PREJUDICE, AND BIAS IN AMERICA AS WELL AS CAUSES TO SUPPORT THE FIGHT AGAINST INJUSTICE JULY 12, 2022



**UNITEDINSOLIDARITY.MOUNTSINAI.ORG** 

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# MSHS DIVERSITY, EQUITY, AND INCLUSION LINKS



### Visit these Mount Sinai Health System sites to learn more about diversity, equity, and inclusion efforts across the organization

- <u>Office for Diversity and Inclusion</u> Supports the Mount Sinai Health System in embracing the principles of diversity, equity, and inclusion as key drivers for excellence and innovation for unrivaled healthcare delivery, medical and health education and research. Visit <a href="https://www.mountsinai.org/about/diversity">https://www.mountsinai.org/about/diversity</a>.
- <u>United in Solidarity</u> A platform supported by the Office for Diversity and Inclusion. Supports, connects, and informs the Mount Sinai Health System community by promoting efforts to instill an anti-racist culture and promote anti-racist behaviors across the organization. Visit <a href="https://unitedinsolidarity.mountsinai.org">https://unitedinsolidarity.mountsinai.org</a>.
- The Patricia S. Levinson Center for Multicultural and Community Affairs A unit within the Office for Diversity and Inclusion that supports students and faculty from backgrounds underrepresented in medicine and science and advances diversity at all levels within the Icahn School of Medicine at Mount Sinai. Visit <a href="https://icahn.mssm.edu/about/diversity/cmca">https://icahn.mssm.edu/about/diversity/cmca</a>.
- <u>Change Now: Creating a Climate for Change</u> A platform supported by the Icahn School of Medicine at Mount Sinai's Department of Medical Education. Serves to educate and inform faculty, students, trainees, and staff of efforts to foster change and engagement and to help the School achieve lofty and important goals: equity, justice, holistic self-care, and maximizing every student's potential to contribute to the greater good. The platform is home to the School's Racism and Bias Initiative and Chats for Change. Visit <a href="mailto:changenow.icahn.mssm.edu">changenow.icahn.mssm.edu</a>.
- <u>Sinai Racial Justice Antiracism Reading Groups</u> Contact: racialjusticeantiracism@gmail.com
- <u>The Sinai Asian Pacific American Medical Student Association (APAMSA)</u> Contact: apamsa.mssm@gmail.com
- <u>Mental Health and Psychosocial Support</u> Visit <u>https://www.mountsinai.org/about/covid19/staff-resources/well-being/mental-health-psychosocial-support</u>
- <u>Mount Sinai Center for Stress, Resilience, and Personal Growth</u> Visit <u>https://icahn.mssm.edu/about/departments/psychiatry/clinical/stress-resilience-personal-growth-center</u>
- **Compliance Helpline** at 800-853-9212
- MSHS Security at 212-241-6068





- #BlackDisabledLivesMatter by Britney Wilson
- 4 Ways You Can Tackle Racial Discrimination In Your Workplace by Heidi Lynne Kurter
- 103 Things White People Can Do for Racial Justice by Corinne Shutack
- <u>Ableism and White Supremacy Are Intertwined We Must Confront Them Together</u> by Adam Hayden
- A Survival Guide for Black, Indigenous, and Other Women of Color in Academe by Aisha S.
   Ahmad
- Addressing Racism and Disparities in the Biomedical Sciences by Uraina S. Clark, PhD and Yasmin L. Hurd, PhD \*
- America's Racial Contract is Killing Us by Adam Serwer
- The answer to police violence is not 'reform'. It's defunding. Here's why by Alex S. Vitale
- <u>Being Antiracist</u> by The Smithsonian's National Museum of African American History and Culture
- <u>Black American Experiences during the Covid-19 Pandemic</u> compiled by Harvard University
  - This collection shares the experience and creates a collective conversation about the contemporary effects of COVID-19 among Black communities as it is tied to the historical legacy of race in America.
- <u>Black and Disabled: How Racial Discrimination Is Amplified by Ableism</u> by Sherina Poyyail
- <u>Black Disabled Lives Matter</u> by Alison Hayes
- Black Disabled Lives Matter: We Can't Erase Disability in #BLM by Sarah Kim
- <u>Black Executives Are Sharing Their Experiences of Racism, Many for the First Time</u> by Khadeeja Safdar and Keach Hagey
- <u>Black Lives Matter</u> by Disability Rights Washington
- <u>Black Lives Matter: People with disabilities</u> by Elizabeth Ralston
- Black Trans Lives Matter: 'We're tired of having to pick sides'
- The Case for Reparations by Ta-Nehisi Coates
- Dear anti-racist allies: Here's how to respond to Microaggressions
- <u>Dear White People: It is Time for Us to Step Up</u> by Howard Ross
- The Defense of Black Lives Matter Must Include Disability Justice by Andraea LaVant
- Disability is a Hidden Side of the Police Violence Epidemic by S.E. Smith
- <u>Disability Justice is Part of the Fight for Racial Equality</u> by Noelle E. C. Evans
- <u>Disabled, Black and searching for justice</u> by Carolyn Radnofsky and Rima Abdelkader
- <u>Florida Cop Charged with Attempted Manslaughter in Shooting of Autistic Man's Unarmed Therapist</u> by Daniella Silva

<sup>\*</sup> Dr. Clark and Dr. Hurd are researchers that investigate the neurobiology underlying addiction disorders and related psychiatric illnesses at Mount Sinai.



- <u>Giving while grieving: Racism-related stress and psychological resilience in Black/African</u>
   <u>American registered nurses</u> by Ophelia M. Byers DNP, APRN, WHNP-BC, NEA-BC, CPXP; Joyce
   J. Fitzpatrick PhD, MBA, RN, FAAN; Patricia E. McDonald PhD, APRN; Germaine C. Nelson DNP, MBA, RN, NEA-BC, CEN, CPXP
- The History of Black Management reveals an Overlooked Form of Capitalism by Lila MacLellan
- How a March for Black Trans Lives Became a Huge Event by Anushka Patil
- How Anti-Racism is a Treatment for the 'Cancer' of Racism by Amna Nawaz
- How to Build an Actively Anti-Racist Company by Jenni Avins
- How to Support the Black Trans Lives Matter Movement by Shannon Barbour
- How the U.S. Got Its Police Force by Olivia B. Waxman
- <u>I Am Black, Disabled And Beautiful. Here's Why I Speak Up For Others With Disabilities</u> by Nila Morton
- Improving Patient Race and Ethnicity Data Capture to Address Health Disparities: A Case Study From a Large Urban Health System by Ruben D. Vega Perez, Lyndia Hayden, Jefri Mesa, Nina Bickell, Pamela Abner, Lynne D. Richardson, Ka Ming Ngai
- <u>Myths about physical racial differences were used to justify slavery- and are still believed by doctors today</u> by Linda Villarosa
- Never Forget, America's Mass Lynching: 237 Black Sharecroppers Were Murdered In Arkansas
- <u>People with Disabilities Lead Hundreds in more Accessible Protest Against Police violence in Milwaukee</u> by Rory Linnane
- Police Killings: The price of being disabled and Black in America by David Perry
- Queer Pride Is Going Back to Its Protest Roots by Nico Lang
- Race and Medicine by the New England Journal of Medicine
- Raising White Kids: Bringing Up Children in a Racially Unjust America by Jennifer Harvey
- Resources for White People to Learn and Talk About Race and Racism by Nicola Carpenter
- <u>Talking About Race Community Building</u> by the National Museum of African American History and Culture
- <u>Talking Race with Young Children</u> by NPR
- <u>Talking to Children About Racial Bias</u> by Ashaunta Anderson, MD, MPH, MSHS, FAAP & Jacqueline Dougé, MD, MPH, FAAP
- <u>The Toll of Police Violence on Disabled Americans</u> by Dominic Bradley and Sarah Katz
- <u>They Were Raised to be 'Colorblind' but Now More White Parents Are Learning to Talk About Race</u> by Caitlin Gibson
- Trauma, Resilience and #BlackLivesMatter: How do Racism and Trauma Intersect in Social Media Conversations? by Lori Dorfman
- The Uses of Anger: Women Responding to Racism by Audre Lorde



- We Can't Breathe: The Deaf & Disabled Margin of Police Brutality Project by the National Council on Independent Living
- What it Really Means to be an Anti-Racist, and Why it's Not the Same as Being an Ally by Hillary Hoffower
- What We Get Wrong About 'People of Color' by Jason Parham
- When Feminism is White Supremacy in Heels by Rachel Elizabeth Cargle
- Who Gets to be Afraid in America? by Ibram X. Kendi
- Why Seeing Yourself Represented on Screen Is So Important by Kimberly Lawson
- Your Kids Aren't Too Young to Talk About Race A Resource Roundup by Pretty Good

### **Black and Minority Health**

- Minority Health Month Collection: April 2021
- The Center for Black Wellness
- Black Mother's Breastfeeding Association
- Black Girls Breastfeeding Club
- BMMA Partners making a difference
- Ancient Song Doula Services
- Southern Birth Justice Network
- The National Perinatal Task Force

### Asian American Experience

- AAPI Data
- A Different Asian American Timeline
- <u>After Atlanta: Teaching About Asian American Identity and History | Learning for Justice</u>
- Anti-Asian Violence Resources
- America's long history of scapegoating its Asian citizens
- Asian American Bar Association of New York
- Asians for Black Lives, A Call to Action Asian American Advocacy Fund
- Asians 4 Black Lives Medium "Structural Racism is the Pandemic, Interdependence and Solidarity is the Cure"
- Black/Asian Solidarity
- <u>Corporations are working with social media influencers to cancel-proof their racial justice</u> initiatives
- <u>Culinary Expert Grace Young Is Documenting the Toll of the Pandemic and Anti-Asian Hate on</u> NYC's Chinatown
- Ellie Yang Camp
- How a rally after the Atlanta shootings helped heal Asian American health care workers



- How U.S. Companies Can Support Employees of Color Through the Pandemic
- National Alliance on Mental Illness
- National Minority Health Month The Office of Minority Health
- Poll: 1 out of 4 Asian Americans has experienced a hate incident
- Swelling Anti-Asian Violence: Who Is Being Attacked Where
- The Chinatown Block Watch, One Year Later
- The Sisterhood: Filipina Nurses and the Pandemic
- This is Where Hate Crimes Don't Get Reported
- <u>Violence Against Asian Americans</u>
- What Asians Employees Needs Right Now



Office for Diversity and Inclusion

BOOKS



- #HastagActivism by Sarah J. Jackson, Moya Bailey, Brooke Foucault Welles
  - o In this book, Sarah Jackson, Moya Bailey, and Brooke Foucault Welles explore how and why Twitter has become an important platform for historically disenfranchised populations, including Black Americans, women, and transgender people. They show how marginalized groups, long excluded from elite media spaces, have used Twitter hashtags to advance counternarratives, preempt political spin, and build diverse networks of dissent. The authors describe how such hashtags as #MeToo, #SurvivorPrivilege, and #WhyIStayed have challenged the conventional understanding of gendered violence; examine the voices and narratives of Black feminism enabled by #FastTailedGirls, #YouOKSis, and #SayHerName; and explore the creation and use of #GirlsLikeUs, a network of transgender women. They investigate the digital signatures of the "new civil rights movement"—the online activism, storytelling, and strategy-building that set the stage for #BlackLivesMatter—and recount the spread of racial justice hashtags after the killing of Michael Brown in Ferguson, Missouri, and other high-profile incidents of killings by police. Finally, they consider hashtag created by allies, including #AllMenCan and #CrimingWhileWhite.
- Americanah by Chimamanda Ngozi Adichie
  - o Ifemelu and Obinze are young and in love when they depart military-ruled Nigeria for the West. Beautiful, self-assured Ifemelu heads for America, where despite her academic success, she is forced to grapple with what it means to be black for the first time. Quiet, thoughtful Obinze had hoped to join her, but with post-9/11 America closed to him, he instead plunges into a dangerous, undocumented life in London. Fifteen years later, they reunite in a newly democratic Nigeria, and reignite their passion—for each other and for their homeland.
- April 4, 1968: Martin Luther King Jr.'s Death and How It Changed America by Michael Eric Dyson
  - On April 4, 1968, at 6:01 PM Martin Luther King, Jr. was shot and fatally wounded. Only hours earlier King ended his final speech with the words, "I may not get there with you, but I want you to know tonight, that we as a people will get to the Promised Land." Dyson investigates the ways African-Americans have made it to the "Promised Land," while shining a bright light on the ways the nation has faltered in the quest for racial justice. He also probes the virtues and flaws of charismatic black leadership that has followed in King's wake, from Jesse Jackson to Barack Obama.
- Are Prisons Obsolete? by Angela Y. Davis
  - Davis expertly argues how social movements transformed these social, political and cultural institutions, and made such practices untenable. American life is replete with abolition movements, and when they were engaged in these struggles, their chances of success seemed almost unthinkable. The entrenched system of racial segregation seemed to last forever, and brutal, exploitative convict-lease system that succeeded formal slavery reaped millions to southern jurisdictions.



- The Autobiography of Malcolm X: As Told to Alex Haley by Malcolm X and Alex Haley
  - Malcolm X, the Muslim leader, firebrand, and anti-integrationist, tells the extraordinary story of his life and the growth of the Black Muslim movement. His fascinating perspective on the lies and limitations of the American Dream, and the inherent racism in a society that denies its nonwhite citizens the opportunity to dream, gives extraordinary insight into the most urgent issues of our own time.
- Be Anti-racist: A Journal for Awareness, Reflection, and Action by Ibram X. Kendi
  - Be Antiracist helps you reflect on topics such as body, power, class, gender, and policy, as well as specific questions like, "Who or what scares you the most when you think about race?" and "How can we go about disconnecting Blackness from criminality?" and "What constitutes an American to you?" Kendi's multipronged approach to self-reflection will challenge you to make change in yourself and your community, and contribute to an antiracist future.
- Between the World and Me by Ta-Nehisi Coates
  - Ta-Nehisi Coates offers a powerful new framework for understanding our nation's
    history and current crisis. Americans have built an empire on the idea of "race," a
    falsehood that damages us all but falls most heavily on the bodies of black women and
    men—bodies exploited through slavery and segregation, and, today, threatened, locked
    up, and murdered out of all proportion.
- Backlash: What Happens When We Talk Honestly about Racism in America by George Yancy
  - Yancy challenges white Americans to rise above the vitriol and to develop a new empathy for the African American experience.
- Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think and Do by Jennifer L. Eberhardt, PhD
  - With a perspective that is at once scientific, investigative, and informed by personal experience, Eberhardt offers us the language and courage we need to face one of the biggest and most troubling issues of our time. She exposes racial bias at all levels of society—in our neighborhoods, schools, workplaces, and criminal justice system. Yet she also offers us tools to address it. Eberhardt shows us how we can be vulnerable to bias but not doomed to live under its grip. Racial bias is a problem that we all have a role to play in solving.
- The Black Campus Movement: Black Students and the Racial Reconstitution of Higher Education, 1965-1972 by Ibram H. Kendi
  - This book provides the first national study of this intense and challenging struggle which disrupted and refashioned institutions in almost every state. It also illuminates the context for one of the most transformative educational movements in American history through a history of black higher education and black student activism before 1965.



- Black Fatigue: How Racism Erodes the Mind, Body, and Spirit by Mary Frances Winters
  - This book defines and explores Black fatigue, the intergenerational impact of systemic racism on the physical and psychological health of Black people—and explain why and how society needs to collectively do more to combat its pernicious effects
- Black Stats: African Americans by the Numbers in the Twenty-first Century by Monica W. Morris
  - o Black Stats—a comprehensive guide filled with contemporary facts and figures on African Americans—is an essential reference for anyone attempting to fathom the complex state of our nation. With fascinating and often surprising information on everything from incarceration rates, lending practices, and the arts to marriage, voting habits, and green jobs, the contextualized material in this book will better attune readers to telling trends while challenging commonly held, yet often misguided, perceptions.
- Blindspot: Hidden Bias of Good People by Mahzarin R. Banaji and Anthony G. Greenwald
  - In Blindspot, the authors reveal hidden biases based on their experience with the Implicit Association Test, a method that has revolutionized the way scientists learn about the human mind and that gives us a glimpse into what lies within the metaphoric blindspot. The title's "good people" are those of us who strive to align our behavior with our intentions. The aim is to explain the science to help people achieve that alignment.
- The Bluest Eye by Toni Morrison
  - Pecola Breedlove, a young black girl, prays every day for beauty. Mocked by other children for the dark skin, curly hair, and brown eyes, she yearns for normalcy, for the blond hair and blue eyes that she believes will allow her to finally fit in. Yet as her dream grows more fervent, her life slowly starts to disintegrate in the face of adversity and strife. A powerful examination of our obsession with beauty and conformity, asks powerful questions about race, class, and gender with the subtlety and grace.
- Brainwashed: Challenging the Myth of Black Inferiority by Tom Burrell
  - o In this powerful examination, the masterful marketing of black inferiority Burrell poses 10 provocative questions that will make black people look in the mirror and ask why, nearly 150 years after the Emancipation Proclamation, so many blacks still think like slaves. Brainwashed is a call to deprogram ourselves of self-defeating attitudes and actions. Racism is not the issue; how we respond to racism is the issue.
- Brown Is the New White: How the Demographic Revolution Has Created a New American Majority by Steve Phillips
  - This book exposes how far behind the curve Democrats are in investing in communities of color--while illuminating a path forward to seize the opportunity created by the demographic revolution.



### Chokehold by Paul Butler

- Cops, politicians, and ordinary people are afraid of black men. The result is the Chokehold: laws and practices that treat every African American man like a thug. Chokehold powerfully demonstrates why current efforts to reform law enforcement will not create lasting change. Butler's controversial recommendations are sure to be game-changers in the national debate about policing, criminal justice, and race relations.
- Climb: Taking Every Step with Conviction, Courage, and Calculated Risk to Achieve a Thriving Career and a Successful Life by Michelle Gadsden-Williams
  - o Gadsden-Williams combines her inspirational life story with pragmatic solutions to address problems facing women in corporate America, offering a professional playbook for tackling today's most pressing workplace issues.
- The Color of Law: Forgotten History of How Our Government Segregated America by Richard Rothstein
  - Richard Rothstein, a leading authority on housing policy, explodes the myth that America's cities came to be racially divided through de facto segregation—that is, through individual prejudices, income differences, or the actions of private institutions like banks and real estate agencies. Rather, The Color of Law incontrovertibly makes clear that it was de jure segregation—the laws and policy decisions passed by local, state, and federal governments—that actually promoted the current discriminatory patterns.
- The Death Gap: How Inequality Kills by Dr. David Ansell
  - In nearly four decades as a doctor at hospitals serving some of the poorest communities in Chicago, David A. Ansell, MD, has witnessed firsthand the lives behind devastating statistics. In The Death Gap, he shows us how we can face this national health crisis headon and take action against the circumstances that rob people of their dignity and their lives.
- Digital Dead End: Fighting for Social Justice in the Information Age by Virginia Eubanks
  - The realities of the high-tech global economy for women and families in the United States. The idea that technology will pave the road to prosperity has been promoted through both boom and bust. Today we are told that universal broadband access, high-tech jobs, and cutting-edge science will pull us out of our current economic downturn and move us toward social and economic equality. In Digital Dead End, Virginia Eubanks argues that to believe this is to engage in a kind of magical thinking: a technological utopia will come about simply because we want it to. This vision of the miraculous power of high-tech development is driven by flawed assumptions about race, class, and gender. The realities of the information age are more complicated, particularly for poor and working-class women and families. For them, information technology can be both a tool of liberation and a means of oppression. Eubanks describes a new approach to creating a broadly inclusive and empowering "technology for people," popular technology, which entails shifting the focus from teaching technical skill to nurturing critical technological citizenship, building resources for learning, and fostering social movement.



- Dying of Whiteness: How the Politics of Racial Resentment is Killing America's Heartland by Jonathan M. Metzl
  - With the rise of the Tea Party and the election of Donald Trump, many middle- and lower-income white Americans threw their support behind conservative politicians who pledged to make life great again for people like them. But the right-wing policies that resulted from this white backlash put these voters' very health at risk-and in the end, threaten everyone's well-being.
- Equity: How to Design Organizations Where Everyone Thrives by Minal Bopaiah
  - This book shows that equity is critical if organizations really want to leverage differences for greater impact. Equity allows leaders to create organizations where employees can contribute their unique strengths and collaborate better with peers. Bopaiah explains how leaders can effectively raise awareness of systemic bias and craft new policies that lead to better outcomes and lasting behavioral changes. This book is rich in real-world examples, such as managing partners at a consulting firm who learn to retell their personal stories of success by crediting their systemic advantages and news managers at NPR who redesign their processes to support greater diversity among news sources. This book expands DEI past human resources initiatives, and shows how leaders can embed equity into core business functions like marketing and communications. Filled with humor, heart, and pragmatism, Equity is a guidebook for change, answering the question of how that so many leaders are asking today.
- The Fire Next Time by James Baldwin
  - At once a powerful evocation of James Baldwin's early life in Harlem and a disturbing examination of the consequences of racial injustice, the book is an intensely personal and provocative document from the iconic author of If Beale Street Could Talk and Go Tell It on the Mountain. It consists of two "letters," written on the occasion of the centennial of the Emancipation Proclamation, that exhort Americans, both black and white, to attack the terrible legacy of racism.
- The Fire This Time by Jesmyn Ward
  - Jesmyn Ward gathers a new generation of writers and thinkers to speak on race. From Claudia Rankine to Rachel Kaadzi Ghansah, Jericho Brown to Carol Anderson, these voices shine a light on the darkest corners of American history, wrestle with the struggles the country faces today and imagine a better future.
- Flatlining: Race, Work, and Health Care in the New Economy by Aida Harvey Wingfield
  - In Flatlining, Adia Harvey Wingfield exposes how hospitals, clinics, and other institutions participate in "racial outsourcing," relying heavily on black doctors, nurses, technicians, and physician assistants to do "equity work"—extra labor that makes organizations and their services more accessible to communities of color. Wingfield argues that as these organizations become more profit driven, they come to depend on black health care professionals to perform equity work to serve increasingly diverse constituencies. Yet black workers often do this labor without recognition, compensation, or support. Wingfield makes plain the challenges that black employees must overcome and reveals the complicated issues of inequality in today's workplaces and communities.



- Full Dissidence: Notes from an Uneven Playing Field by Howard Bryant
  - In a time when authoritarianism is creeping into our lives and is being embraced in our
    politics, Full Dissidence will make us question the strength of the bonds we think we have
    with our fellow citizens, and it shows us why we must break from the malignant behaviors
    that have become normalized in everyday life.
- Have Black Lives Ever Mattered? by Mumia Abu-Jamal
  - Mumia gives voice to the many people of color who have fallen to police bullets or racist abuse, and offers the post-Ferguson generation advice on how to address police abuse in the United States. Applying a personal, historical, and political lens, he provides a righteously angry and calmly principled radical black perspective on how racist violence is tearing our country apart and what must be done to turn things around.
- How to be an Antiracist by Ibram X. Kendi
  - o Ibram X. Kendi's concept of antiracism reenergizes and reshapes the conversation about racial justice in America—but even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. Instead of working with the policies and system we have in place, Kendi asks us to think about what an antiracist society might look like, and how we can play an active role in building it.
- I'm Still Here by Austin Channing Brown
  - Austin Channing Brown's first encounter with a racialized America came at age seven,
    when she discovered her parents named her Austin to deceive future employers into
    thinking she was a white man. Growing up in majority-white schools and churches, Austin
    writes, "I had to learn what it means to love blackness," a journey that led to a lifetime
    spent navigating America's racial divide as a writer, speaker, and expert helping
    organizations practice genuine inclusion.
- Just Medicine: A Cure for Racial Inequality in American Health Care by Dayna Bowen Matthew
  - Over 84,000 black and brown lives are needlessly lost each year due to health disparities: the unfair, unjust, and avoidable differences between the quality and quantity of health care provided to Americans who are members of racial and ethnic minorities and care provided to whites. Health disparities have remained stubbornly entrenched in the American health care system—and in Just Medicine Dayna Bowen Matthew finds that they principally arise from unconscious racial and ethnic biases held by physicians, institutional providers, and their patients.
- Killing The Black Body Race, Reproduction, and the meaning of Liberty by Dorothy Roberts
  - In 1997, this groundbreaking book made a powerful entrance into the national conversation on race. In a media landscape dominated by racially biased images of welfare queens and crack babies, this book exposed America's systemic abuse of Black women's bodies. These abuses pointed to the degradation of Black motherhood—and the exclusion of Black women's reproductive needs in mainstream agendas.
- Me and White Supremacy by Layla F. Saad
  - This book is all about teaching white people how to understand their privilege, dismantle it and to stop using it to inflict damage on people of color, even unintentionally.



### • Medical Apartheid by Harriet Washington

 Medical Apartheid is the first and only comprehensive history of medical experimentation on African Americans. Starting with the earliest encounters between black Americans and Western medical researchers and the racist pseudoscience that resulted, it details the ways both slaves and freedmen were used in hospitals for experiments conducted without their knowledge—a tradition that continues today within some black populations.

### • Mindful of Race: Transforming Racism from the Inside Out by Ruth King

 Drawing on her expertise as a meditation teacher and diversity consultant, King helps readers of all backgrounds examine with fresh eyes the complexity of racial identity and the dynamics of oppression. She offers guided instructions on how to work with our own role in the story of race and shows us how to cultivate a culture of care to come to a place of greater clarity and compassion.

### My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem

• In this groundbreaking book, therapist Resmaa Menakem examines the damage caused by racism in America from the perspective of trauma and body-centered psychology.

### • Narrative of the Life of Frederick Douglass by Frederick Douglass

 Born a slave in 1818 on a plantation in Maryland, Douglass taught himself to read and write. In 1845, seven years after escaping to the North, he published Narrative, the first of three autobiographies. This book calmly but dramatically recounts the horrors and the accomplishments of his early years—the daily, casual brutality of the white masters; his efforts to educate himself; his decision to find freedom or die; and his successful escape.

### • Nashville Hustle: Create and Orchestrate by Marcus Whitney

- Marcus Whitney offers his story, philosophy and wisdom on capturing one's creative
  power through entrepreneurship. Once a college dropout who waited tables to take care
  of his family of four, Marcus taught himself how to code, then start businesses, then
  create things no one thought possible: from becoming an owner of a professional soccer
  team to being a founding venture capitalist of the most active healthcare venture fund.
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
  - By targeting black men through the War on Drugs and decimating communities of color, the U.S. criminal justice system functions as a contemporary system of racial control relegating millions to a permanent second-class status—even as it formally adheres to the principle of colorblindness. In the words of Benjamin Todd Jealous, president and CEO of the NAACP, this book is a "call to action."
- The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs
  - From her home in Detroit, Boggs reveals how hope and creativity are overcoming despair and decay within the most devastated urban communities. Her book is a manifesto for creating alternative modes of work, politics, and human interaction that will collectively constitute the next American Revolution—which is unraveling before our eyes.



- Opportunity Denied: Limiting Black Women to Devalued Work by Enobong Branch
  - This book is comprehensive look at changes in race, gender, and women's work across time, comparing the labor force experiences of Black women to White women, Black men and White men. Branch merges empirical data with rich historical detail, offering an original overview of the evolution of Black women's work.
- Policing the Black Man: Arrest, Prosecution, and Imprisonment by Angela J. Davis
  - This book explores and critiques the many ways the criminal justice system impacts the lives of African American boys and men at every stage of the criminal process, from arrest through sentencing. Essays range from an explication of the historical roots of racism in the criminal justice system to an examination of modern-day police killings of unarmed black men.
- Question Behind the Question by John G. Miller
  - This remarkable and timely book provides a practical method for putting personal accountability into daily actions, with astonishing results: problems are solved, internal barriers come down, service improves, teams thrive, and people adapt to change more quickly. QBQ! is an invaluable resource for anyone seeking to learn, grow, and change. Using this tool, each of us can add tremendous worth to our organizations and to our lives by eliminating blame, victim-thinking, and procrastination.
- Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race by Derald Wing Sue
  - If you believe that talking about race is impolite, or that "colorblindness" is the preferred approach, you must read this book. Race Talk and the Conspiracy of Silence debunks the most pervasive myths using evidence, easy-to-understand examples, and practical tools.
- The Racial Healing Handbook Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing by Anneliese A. Singh
  - A powerful and practical guide to help you navigate racism, challenge privilege, manage stress and trauma, and begin to heal.
- Redefining Realness: My Path to Womanhood, Identity, Love & So Much More by Janet Mock
  - Janet Mock establishes herself as a resounding and inspirational voice for the transgender community—and anyone fighting to define themselves on their own terms.
     With unflinching honesty and moving prose, Janet Mock relays her experiences of growing up young, multiracial, poor, and trans in America, offering readers accessible language while imparting vital insight about the unique challenges and vulnerabilities of a marginalized and misunderstood population.
- Road Map for Revolutionaries by Elisa Camahort Page, Carolyn Gerin and Jamia Wilson
  - A direct, snappy guidebook on engaging in effective day-today activism and advocacy at all levels that uses checklists, interviews, and case studies to showcase the tools for making the changes you want to see in society and government.



### • So You Want to Talk About Race by Ijeoma Oluo

 A contemporary, accessible take on the racial landscape in America, addressing head-on such issues as privilege, police brutality, intersectionality, microaggressions, the Black Lives Matter movement, and the "N" word. Perfectly positioned to bridge the gap between people of color and white Americans struggling with race complexities, Oluo answers the questions readers don't dare ask, and explains the concepts that continue to elude everyday Americans.

### • Social Movements by Paul Almeida

 Social Movements cleverly translates the art of collective action and mobilization by excluded groups to facilitate understanding social change from below. Students learn the core components of social movements, the theory and methods used to study them, and the conditions under which they can lead to political and social transformation.

### • Stamped From The Beginning by Ibram X. Kendi

 Kendi chronicles the entire story of anti-Black racist ideas and their staggering power over the course of American history. Stamped from the Beginning uses the life stories of five major American intellectuals to offer a window into the contentious debates between assimilationists and segregationists and between racists and antiracists. Kendi shows how and why some of our leading proslavery and pro-civil rights thinkers have challenged or helped cement racist ideas in America.

### Stamped: Racism, Antiracism, and You: A Remix of the National Book Award-winning Stamped from the Beginning by Ibram X. Kendi and Jason Reynolds

 The construct of race has always been used to gain and keep power, to create dynamics that separate and silence. This remarkable reimagining of Dr. Ibram X. Kendi's Stamped from the Beginning reveals the history of racist ideas in America, and inspires hope for an antiracist future.

### Sundown Towns: A Hidden Dimension of American Racism by James W. Loewen

 In this groundbreaking work, Loewen brings to light decades of hidden racial exclusion in America. This is a provocative, sweeping analysis of American residential patterns that uncovers the thousands of "sundown towns"—almost exclusively white towns where it was an unspoken rule that blacks could not live there—that cropped up throughout the twentieth century, most of them located outside of the South.

### • Taking up Space by Chelsea Kwakye and Ore Ogunbiyi

As a minority in a predominantly white institution, taking up space is an act of resistance.
 Recent Cambridge grads Chelsea and Ore experienced this first-hand and wrote this book as a guide and a manifesto for change.

### • Tears We Cannot Stop: A Sermon to White America by Michael Eric Dyson

 A provocative and deeply personal call for change. Dyson argues that if we are to make real racial progress we must face difficult truths, including being honest about how black grievance has been ignored, dismissed, or discounted.



### • Technology, Activism, and Social Justice by John G. McNutt

• Technology, Activism, and Social Justice in a Digital Age offers a close look at both the present nature and future prospects for social change. In particular, the text explores the cutting edge of technology and social change, while discussing developments in social media, civic technology, and leaderless organizations - as well as more traditional approaches to social change. It effectively assembles a rich variety of perspectives to the issue of technology and social change; the featured authors are academics and practitioners (representing both new voices and experienced researchers) who share a common devotion to a future that is just, fair, and supportive of human potential.

### The Underground Railroad by Colson Whitehead

- Novel depicts situations that were actually happening for Black people in America. The novel is about a slave called Cora and her journey to escape slavery.
- The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson
  - Chronicles of one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life.
- We Can't Breathe: On Black Lives, White Lies, and the Art of Survival by Jabari Asim
  - Jabari Asim disrupts what Toni Morrison has exposed as the "Master Narrative" and replaces it with a story of black survival and persistence through art and community in the face of centuries of racism. In eight wide-ranging and penetrating essays, he explores such topics as the twisted legacy of jokes and falsehoods in black life; the importance of black fathers and community; the significance of black writers and stories; and the beauty and pain of the black body.
- When They Call You a Terrorist A Black Lives Matter Memoir by Patrisse Khan-Cullors and Asha Bandele
  - Out-wrenching and powerful memoir of the prejudice and persecution so many Black Americans experience at the hands of law enforcement. White people have become so desensitized to seeing Black lives snuffed out on their mobile phones that they are often unable to connect the dots to see that each person had loved ones, desires, relationships, quirks and dreams. It draws our attention not only to statistics and atrocities committed against Black Americans, but also to the humanity of those whose lives were taken.
- Whistling Vivaldi by Claude Steele
  - Claude M. Steele offers a vivid first-person account of the research that supports his
    groundbreaking conclusions on stereotypes and identity. He sheds new light on
    American social phenomena from racial and gender gaps in test scores to the belief in
    the superior athletic prowess of black men, and lays out a plan for mitigating these
    "stereotype threats" and reshaping American identities.



### • White Awake by Daniel Hill

- In this compelling and timely book, Hill shows you the seven stages to expect on your
  own path to cultural awakening. It's crucial to understand both personal and social
  realities in the areas of race, culture, and identity. This book will give you a new
  perspective on being white and also empower you to be an agent of reconciliation in our
  increasingly diverse and divided world.
- White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo
  - The book is about the reactions white people have when they are called out for their racism. It also looks into how we can move beyond just telling people off on Instagram for obvious racism and actually start to look at the practical granular level in which we can all change our behavior.
- White Like Me: Reflections on Race from a Privileged Son by Tim Wise
  - Using stories from his own life, Tim Wise examines what it really means to be white in a nation created to benefit people who are "white like him." This inherent racism is not only real, but disproportionately burdens people of color and makes progressive social change less likely to occur. Explaining in clear and convincing language why it is in everyone's best interest to fight racial inequality, Wise offers ways in which white people can challenge these unjust privileges, resist white supremacy and racism, and ultimately help to ensure the country's personal and collective well-being.
- White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson
  - From the end of the Civil War to our combustible present, an acclaimed historian reframes the conversation about race, chronicling the powerful forces opposed to Black progress in America.
- Why Are All the Black Kids Sitting Together in the Cafeteria? by Beverly Daniel Tatum, PhD
  - Walk into any racially mixed high school and you will see black, white, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? Tatum argues that straight talk about our racial identities is essential if we are serious about enabling communication across racial and ethnic divides. These topics have become more urgent as the conversation about race is increasingly acrimonious.
- Why I No Longer Talk to White People about Race by Reni Eddo-Loge
  - Using research, personal experience, and firsthand interviews, the author details what it means to be black in Britain, especially in a theoretical post racial society. She clearly outlines the history of oppression in her country by examining systemic racism, white privilege, feminism, immigration, race and class, social justice, and more. Of note is the review of intersectionality in feminism and the difficulties of understanding feminism without considering class and race as part of the struggle. This informative work challenges readers to study the patterns of racism and how it has unwittingly upheld societies.



### • Without Sanctuary: Lynching Photography in America by James Allen

• The Tuskegee Institute records the lynching of 3,436 blacks between 1882 and 1950. This is probably a small percentage of these murders, which were seldom reported, and led to the creation of the NAACP in 1909, an organization dedicated to passing federal antilynching laws. Through all this terror and carnage someone-many times a professional photographer-carried a camera and took pictures of the events. These images are some of photography's most brutal, surviving to this day so that we may now look back on the terrorism unleashed on America's African-American community and perhaps know our history and ourselves better.

### • Women, Race & Class by Angela Y. Davis

• A powerful study of the women's liberation movement in the U.S., from abolitionist days to the present, that demonstrates how it has always been hampered by the racist and classist biases of its leaders.



# **BOOKS FOR** CHILDREN, TEENS, AND YOUNG ADULTS



- 145th Street: Short Stories by Walter Dean Myers.
  - Literary legend Myers captures the beat of African American life on an unforgettable block in the heart of Harlem.
- The ABCs OF Black History by Rio Cortez; illustrated by Lauren Semmer
  - A journey through the alphabet of Black history and culture. ABCs represent events in history, with background on places and persons featured.
- All American Boys by Jason Reynolds, with Brendan Kiely
  - Two teens one Black, one White grapple with the repercussions of a single violent act that leaves their school and their community bitterly divided by racial tension. Alternating perspectives written by two Award-winning authors
- All Because You Matter by Tami Charles; illustrated by Bryan Collier
  - A love letter to Black and Brown children everywhere; conversation starter and affirmation of worth.
- All the Days Past, All the Days to Come by Mildred D. Taylor
  - From the 1940s to the 1960s, Cassie Logan journeys around the country, ultimately returning home to Mississippi where she witnesses the Great Migration and the rise of the Civil Rights Movement. The saga of the Logan family--made famous in Roll of Thunder, Hear My Cry", concludes - long-awaited and satisfying.
- All the Right Stuff by Walter Dean Myers
  - Myers tackles the social contract from a teen's perspective in a thought-provoking story.,
     He weaves together political philosophy, basketball, and making soup in Harlem, with the sensitivity and depth that defines his writing.
- All People Are Beautiful by Vincent Kelly
  - Kids recognize differences from a very early age. Follow along as kids are introduced to many multicultural differences, highlighting why they make us unique. Through creative rhymes and colorful illustrations, children will delight in finding ways to honor how being human brings us together.
- All the Way to the Top: How One Girl's Fight for Americans with Disabilities Changed Everything by Annette Bay Pimental
  - Experience the true story of lifelong activist Jennifer Keelan-Chaffins and her participation in the Capitol Crawl in this inspiring autobiographical picture book. This beautifully illustrated story includes a foreword from Jennifer and backmatter detailing her life and the history of the disability rights movement.
- Antiracist Baby by Ibram X. Kendi; illustrated by Ashley Lukashevsky
  - Illustrations and rhyming text present steps for building a more equitable world.
     Introduces youngest readers (and others) to the concept of antiracism.
- Bad Boy by Walter Dean Myers
  - A memoir offering a glimpse into the author's Harlem childhood and transition from a voracious reader into an author of multiple books for young people in a range of genres.



- Becoming: Adapted for Young Readers by Michelle Obama
  - The former First Lady asks: Who are you? And what do you want to become? In this edition for young people, she continues to lead by example, teaching and modeling that the process of becoming is what matters.
- Between the Lines by Nikki Grimes
  - A diverse group of NYC students grow in understanding each other's challenges and forge unexpected connections as they prepare for a poetry slam. Shows the capacity of poetry to express ideas and feelings, and connects us with ourselves.
- Black Enough: Stories of Being Young and Black in America by Ibi Zoboi
  - Featuring some of the most acclaimed black authors writing for teens today, this is an essential collection of coming-of-age stories.
- Can I Touch Your Hair? Poems of Race, Mistakes, and Friendship by Irene Latham; illustrated by Sean Qualls
  - A collection of poems that looks at race through 5th-graders' interactions. Explores
    different experiences of race in an enlightening and engaging way.
- Carter Reads the Newspaper by Deborah Hopkinson; illustrated by Don Tate
  - The story of Carter G. Woodson, son of emancipated slaves, who read the newspaper to his father daily, attended Harvard and introduced Negro History Week, a precursor of Black History Month.
- Claudette Colvin: Twice Toward Justice by Philip M. Hoose
  - Fifteen-year-old Claudette Colvin, an African-American girl, refused to give up her seat to a white woman on a bus in Montgomery, Alabama, nine months before Rosa Parks. Again, it shows the difference that a single young person can make.
- Counting on Katherine: How Katherine Johnson Saved Apollo 13 by Helaine Becker; illustrated by Dow Phumiruk
  - Describes the career of math and computer whiz whose leadership at NASA included calculating the course of moon landings, ensuring the safe return of Apollo 13
- Crossing Ebenezer Creek by Tonya Bolden
  - Bolden takes readers back to 1864 and the waning days of the Civil War. Freed from slavery, Mariah Meets Caleb on Sherman's march through Georgia and dares to imagine the possibility of true love.
- Dark Sky Rising: Reconstruction and the Dawn of Jim Crow by Henry Louis Gates, Jr., with Tonya Bolden
  - A history of America, fundamental to understanding the struggle for rights that followed Emancipation. The authors detail one of the most pivotal chapters in American history, with implications for race today.
- **Dear Martin** by Nic Stone
  - Writing letters to the late Dr. Martin Luther King Jr., seventeen-year-old college-bound Justyce McAllister struggles to face the reality of race relations today and how they shape him.



- Emancipation Proclamation: Lincoln and the Dawn of Liberty by Tonya Bolden
  - A richly illustrated and unique look at the events that led to President Lincoln's order, using a wealth of primary sources. A detailed overview of Lincoln's speeches, writing, and actions about slavery.
- Exquisite: The Poetry and Life of Gwendolyn Brooks by Suzanne Slade; illustrated by Cobzi Cabrera
  - A picture book biography of the celebrated poet, the first Black person to win the Pulitzer Prize. She wrote about love, loneliness, family, and poverty, showing readers how just about anything could become a beautiful poem.
- For Everyone by Jason Reynolds
  - A letter-poem in which the author inspires kids to reach for their own dreams—a powerful and affirming book-length encouragement to teens.
- Harlem Stomp!: A Cultural History of the Harlem Renaissance by Laban Carrick Hill
  - Lavishly illustrated, an exploration of the fascinating era of intellectual, artistic, literary and political blossoming that captured the attention of the world.
- The Hate U Give by Angie Thomas
  - Sixteen-year-old Starr moves between two worlds. Her life changes dramatically when she
    witnesses the fatal shooting of her unarmed childhood best friend at the hands of a police
    officer.
- Hey, Black Child by Useni Eugene Perkins; illustrated by Bryan Collier
  - A poem that celebrates Black children and inspires them to dream big and achieve their goals.
- The Hill We Climb: An Inaugural Poem for the Country by Amanda Gordon
  - On January 20, 2021, Amanda Gorman became the sixth and youngest poet to deliver a
    poetry reading at a presidential inauguration. "The Hill We Climb: An Inaugural Poem for
    the Country" celebrates the promise of America.
- How to Build a Museum: Smithsonian's National Museum of African American History and Culture by Tonya Bolden
  - Relates the creation of the Museum in Washington, DC, covering 100 years of hoping, planning, constructing the building, and assembling its collections.
- I Am Alfonso Jones by Tony Medina; illustrated by Stacey Robinson
  - In the first graphic novel for young readers to focus on police brutality and the Black Lives Matter movement, the ghost of fifteen-year-old Alfonso travels in a New York subway car full of the living and the dead, watching his family and friends fight for justice after he is killed by an off-duty police officer while buying a suit in a Midtown department store.
- I Am Enough by Grace Byers
  - This gorgeous, lyrical ode to loving who you are, respecting others, and being kind to one another.
- Ida B. Wells: Let the Truth Be Told by Walter Dean Myers; illustrated by Bonnie Christensen.
  - An account of the pioneering journalist in the fight against lynching. Affirms the power of the pen to promote freedom and justice.



- Just Mercy: Adapted for Young Adults: A True Story of the Fight for Justice by Bryan Stevenson
  - Adapted from the original bestseller, a lawyer and social justice advocate offers a glimpse into the lives of the wrongly imprisoned and his efforts to fight for their freedom.
- Love Is a Revolution by Renee Watson
  - A heart-warming story about not only a romantic relationship, but how a girl finds herself and falls in love with who she really is. Harlem teenager Nala learns all the ways love is hard, and how self-love is revolutionary.
- March: Books One, Two, & Three by John Lewis with Andrew Aydin; Illustrated by Nate Powell
  - This award-winning graphic trilogy is a first-hand account of John Lewis's lifelong struggle for civil and human rights, taking him from rural Alabama to the US Congress. The three-book series for young people includes his meeting with Martin Luther King Jr. and the birth of the Nashville Student Movement.
- Monster by Walter Dean Myers
  - Told from an unusual perspective, the monster in this story is the dark side of human nature. Myers leaves it up to readers to decide for themselves on his character's guilt or innocence.
- Never Caught, the Story of Ona Judge: George and Martha Washington's Courageous Slave Who Dared to Run Away by Erika Armstrong Dunbar
  - The dramatic account of her escape provides a glimpse into the period's conflicting views on slavery. Born at Mount Vernon, Ona Judge began working directly for Martha Washington at age 10.
- One Earth: People of Color Protecting Our Planet by Anuradhapura S. Rao
  - Thought-provoking interviews with 20 people of color or indigenous heritage who live and work to defend our Earth. A celebration of diversity, inspiring action.
- Piecing Me Together by Renee Watson
  - A timely story about a scholarship girl striving for success in a mostly white private school.
     Jade is tired of being singled out as someone who needs support.
- A Place to Land: Martin Luther King, Jr. and the Speech That Inspired a Nation by Barry Wittgenstein; illustrated by Jerry Pinkney
  - Crafting of one of the most powerful speeches ever written. The true story behind King's "I Have a Dream" speech.
- **The Poet X** by Elizabeth Acevedo
  - A young girl in Harlem discovers slam poetry as a way to understand her own relationship with the world.
- **Preaching to the Chickens: The Story of Young John Lewis** by Jabari Asim; illustrated by E. B. Lewis
  - o A glimpse into the boyhood of Civil Rights leader and future U. S. Congressman John Lewis.
- Ruby Head High: Ruby Bridges' First Day of School by Irene Cohen-Janca; illustrated by Mark Daniau
  - The historic day in 1960 when a little girl changed the world.



- Say Her Name by Zetta Elliott; illustrated by Loveis Wise
  - Poems paying tribute to victims of police brutality and celebrating the creativity, resilience, and courage of Black women and girls.
- Schomburg: The Man Who Built a Library by Carole B. Weatherford
  - Free verse poems recounting this bibliophile's lifelong quest to uncover his people's stories, correcting history for generations to come.

### Selected Poems of Langston Hughes

- A collection reflecting the African-American experience, chosen by the author from works he created at all stages of his life; a leader of the Harlem Renaissance and poet of extraordinary range and virtuosity.
- Skin Like Mine by LaTashia M. Perry
  - A fun, easy-to- read for beginners as well as advanced readers. An entertaining yet creative way to address and celebrate diversity among young children.
- Sometimes People March by Tessa Allen
  - Combines basic facts about peaceful resistance with art depicting organized actions from the 19th Century through today.
- Stamped: Racism, Anti-Racism and You; a REMIX of Stamped from the Beginning for Young People by Jason Reynolds; coauthored with Ibram X Kendi
  - A timely and empowering exploration of racism--and antiracism--in America. A book to help young people to better understand why we are where we are.
- Stolen Justice: The Struggle for African American Voting Rights by Lawrence Goldstone
  - Tracing the injustices of the Post-Reconstruction era, the author provides a portrait of the systematic suppression of the African American vote.
- Thirteen Ways of Looking at a Black Boy by Tony Medina
  - In a poetic form called Tanka, and imagined by contemporary artists, 13 poems reflect the lives, dreams, and worries of Black boys.
- Thurgood by Jonah Winter; illustrated by Brian Collier
  - A picture book celebrating the first Black Supreme Court Justice, a legal giant of the Civil Rights Movement. Bold illustrations capture Thurgood Marshall's powerful legacy.
- The Truths We Hold: An American Journey by Kamela Harris
  - Adapted for young readers, Vice-President Harris's memoir discusses the values and inspirations that guided her life. She challenges readers to use their own values to guide decisions and reach their goals.
- Turning 15 on the Road to Freedom: My Story of the 1965 Selma Voting Rights March by Lynda Blackmon Lowery; illustrated by PJ Loughran
  - As the youngest marcher in the 1965 march from Selma to Montgomery, Alabama, Lowery fought alongside Martin Luther King, Jr. In this memoir she brings readers into the heart of the Civil Rights Movement, sharing how it felt to be part of changing American history.
- Two Friends: Susan B. Anthony and Frederick Douglass by Dean Robbins; illustrated by Sean Quales and Selina Alko
  - Robbins imagines the two friends meeting over tea. Champions of freedom and voting rights, they spoke out for each other's causes.



- When They Call You a Terrorist: A Story of Black Lives Matter and the Power to Change the World by Patrisse Khan-Cullors
  - Adapted for the young adult audience, it is an empowering account of survival, strength, and resilience from a co-founder of the Black Lives Matter Movement.
- Words Set Me Free: The Story of Young Frederick Douglass by Lesa Cline-Ransome; illustrated by James Ransome
  - Slavery and plantation life through a child's eyes. When an owner's wife introduced 8-yearold Frederick to the forbidden act of reading, it changed the life of the famous orator and abolitionist.
- A Wreath for Emmitt Till by Marilyn Nelson; illustrated by Philippe Lardy
  - In a sequence of 15 interlinked sonnets, this poet reminds us of the 14-year-old African American boy whose brutal lynching in 1955 helped spark the Civil Rights Movement.
- YOU Matter by Christian Robinson.
  - This book invites young readers to engage with the world in new ways to see and appreciate how everyone is connected and everyone matters.



### DOCUMENTARIES



### • 13th - Netflix

• In this thought-provoking documentary, scholars, activists and politicians analyze the criminalization of African Americans and the U.S prison boom.

### • #BlackLivesMatter - Amazon Prime

 Following Obama's inauguration in 2009, many Americans predicted the end of racial inequality in the US. But as black communities continue to be torn apart by violence, America remains a divided country. Taking cues from their forefathers in the 1950s, a new generation of civil rights activists has emerged from the bloodshed, determined to have their voices heard in the fight for racial equality.

### • **Becoming** - Netflix

 Join former first lady Michelle Obama in an intimate documentary looking at her life, hopes and connection with others as she tours with "Becoming."

### • The Black Godfather - Netflix

• This documentary follows the life of Clarence Avant, the ultimate, uncensored mentor and behind-the-scenes rainmaker in music, film, TV and politics.

### • Black Is, Black Ain't - Vimeo

 The film directly addresses sexism and homophobia within the black community, with snippets of misogynistic and anti-gay slurs from popular hip-hop songs juxtaposed with interviews with African-American intellectuals and political theorists. The filmmaker, Marlon Riggs, was working on this film as he died from AIDS-related issues in 1994; he addresses the camera from his hospital bed in several scenes.

### • Disclosure: Trans Lives on Screen - Netflix

• The film follows an in-depth look at Hollywood's depiction of transgender people and the impact of their stories on transgender lives and American culture.

### • **LA 92** - Netflix

Stark footage traces decades of police brutality and public uprising leading up to the
 1992 acquittal of four LAPD officers filmed beating Rodney King.

### • Let It Fall: Los Angeles 1982 - 1992 - Netflix

• This documentary chronicles simmering tension and broken trust between L.A.'s Black community and police in the decade before the Rodney King riots.



### A New Color: The Art of Being Edythe Boone – Amazon Prime

 Muralist Edythe Boone uses buildings as canvasses to raise awareness about the ongoing and necessary struggles for racial justice and gender equality.

### • Rest in Power: The Trayvon Martin Story - Amazon Prime

A Florida jury on July 13, 2013, acquitted neighborhood watch volunteer George
Zimmerman of fatally shooting Trayvon Martin, a hoodie-wearing unarmed black
teenager, during an angry confrontation in a gated community on a rainy night. Just over
five years later, the resonance from that tragedy has become deeper and more painful.
The new six-part documentary is an extensive examination of the shooting that also
places it in the context of the prickly national discourse over race.

### • Race Wars - Vimeo

• This film is intended to clear up many misconceptions about the system of racism/white supremacy recently. There are representatives of the new and old school thoughts of white supremacy, Richard Spencer and Jared Taylor, expressing their views on the direction their movement must head. You'll also get a critical analysis of the race war, getting perspectives from people like former LAPD officer Brian Bentley, civil rights attorney Lee Merritt, and many more.

### • Time: The Kalief Browder Story - Netflix

• This series traces the tragic case of Kalief Browder, a Bronx teen who spent three horrific years in jail, despite never being convicted of a crime.

### • The Talk - Race In America - Amazon Prime

This film documents the increasingly common conversation taking place in homes across
the country between parents of color and their children, especially sons, about how to
behave if they are ever stopped by the police.

### Trial 4 - Netflix

 Charged as a teen in the 1993 killing of a Boston cop, Sean K. Ellis fights to prove his innocence while exposing police corruption and systemic racism.

### The Uncomfortable Truth - Amazon Prime

 When the son of Civil Rights Hero, Joan Trumpauer Mulholland, dives into the 400 year history of institutional racism in America he is confronted with the shocking reality that his family helped start it all from the very beginning. A comprehensive and insightful exploration of the origins and history of racism in America told through a very personal and honest story.



### • United Shades of America - CNN

 Comic and political provocateur W. Kamau Bell travels to the far corners of America to explore race-based subcultures. Using humor to soften his experiences, Bell willingly subjects himself to awkward situations -- like attending a cross-burning, hatemongering Ku Klux Klan session -- to demonstrate "the many diverse and colorful definitions of America," CNN says.

### Wilmington On Fire - Amazon Prime

• This film features rare photographs, original research, and testimonies from historians and descendants uncover a shocking event that marked a turning point in the politics of the post-Reconstruction South.

### • What Happened, Miss Simone? - Netflix

• Using never-before-heard recordings, rare archival footage and her best-known songs, this is the story of legendary singer and activist Nina Simone.

### • Who We Are: A Chronicle of Racism in America - Netflix

• Interweaving lecture, personal anecdotes, interviews, and shocking revelations, in WHO WE ARE — A Chronicle of Racism in America, criminal defense/civil rights lawyer Jeffery Robinson draws a stark timeline of anti-Black racism in the United States, from slavery to the modern myth of a post-racial America.

### • Whose Street? - Hulu

Told by the activists and leaders who live and breathe this movement for justice, Whose Streets? is an unflinching look at the Ferguson uprising. When unarmed teenager Michael Brown is killed by police and left lying in the street for hours, it marks a breaking point for the residents of St. Louis, Missouri. Grief, long-standing racial tensions and renewed anger bring residents together to hold vigil and protest this latest tragedy. Empowered parents, artists, and teachers from around the country come together as freedom fighters. As the National Guard descends on Ferguson with military grade weaponry, these young community members become the torchbearers of a new resistance. Filmmakers Sabaah Folayan and Damon Davis know this story because they are the story. Whose Streets? is a powerful battle cry from a generation fighting, not for their civil rights, but for the right to live.





### • All Day and A Night - Netflix

• While serving life in prison, a young man looks back at the people, the circumstances and the system that set him on the path toward his crime.

### • American Son - Netflix

• Time passes and tension mounts in a Florida police station as an estranged interracial couple awaits news of their missing teenage son.

### • **Barry** - Netflix

• A young Barack Obama forges his identity while dealing with race, divergent cultures and ordinary life as a New York City college student.

### • **Black Panther** - Disney+

o Marvel Studios' "Black Panther" follows T'Challa who, after the death of his father, the King of Wakanda, returns home to the isolated, technologically advanced African nation to succeed to the throne and take his rightful place as king. But when a powerful old enemy reappears, T'Challa's mettle as king—and Black Panther—is tested when he is drawn into a formidable conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people and their way of life.

### • Fruitvale Station - Netflix

• This dramatic rendering of a real-life tragedy recounts the final hours of Oscar Grant, shot by San Francisco transit police on New Year's Day, 2009.

### • I AM NOT YOUR NEGRO - Netflix

A journey into black history that connects the Civil Rights movement to
 #BlackLiveMatter. It questions black representation in Hollywood and beyond.

### • Imperial Dreams - Netflix

• A young father returns home from jail eager to care for his son and become a writer, but crime, poverty and a flawed system threaten his plans.

### • If Beale St Could Talk - Hulu

 A young woman embraces her pregnancy while she and her family set out to prove her childhood friend and love innocent of a crime he didn't commit.

### • **Just Mercy** - Amazon Prime

• The racial bias in this country's criminal justice system cannot be denied. In Just Mercy, a defense attorney working to appeal the wrongful conviction of Walter McMillian, a Black man who was sentenced to death for a crime he did not commit.



### Loving - HBO Go

 Loving is a biographical film about Richard and Mildred Loving, a couple who were arrested for their interracial marriage in 1958. Their Supreme Court case was a landmark decision that resulted in the end of laws banning interracial marriage, and this movie shows the powerful impact of standing up and fighting for what you believe in.

### • Marshall - Amazon Prime

 This biographical legal drama shows Thurgood Marshall as a defense attorney for Joseph Spell, who was wrongly accused of raping a white woman. Marshall would later go on to change history by becoming the first Black Supreme Court Justice.

### • Miss Virginia - Netflix

Determined to give her son a private school education, a single mother in Washington,
 D.C., exhausts her resources to affect change in the system.

### Moonlight - Netflix

• In this acclaimed coming-of-age drama, a young man who grows up poor, Black and gay in a rough Miami neighborhood tries to find his place in the world.

### • Queen & Slim - Amazon Prime

• While on a forgettable first date together in Ohio, a black man and a black woman, are pulled over for a minor traffic infraction. The situation escalates, with sudden and tragic results, when the man kills the police officer in self-defense. Terrified and in fear for their lives, the man and the woman are forced to go on the run. But the incident is captured on video and goes viral, and the couple unwittingly become a symbol of trauma, terror, grief and pain for people across the country.

### ReMastered: The Two Killings of Sam Cooke - Netflix

• While Sam Cooke rose to stardom as a soul singer, his outspoken views on civil rights drew attention that may have contributed to his death at age 33.

### • **Selma** – Amazon Prime

 A chronicle of Martin Luther King, Jr.'s campaign to secure equal voting rights via an epic march from Selma to Montgomery, Alabama, in 1965.

### The Hate U Give – HBO

 Starr Carter is constantly switching between two worlds: the poor, mostly black, neighborhood where she lives and the rich, mostly white, prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Now, facing pressures from all sides of the community, Starr must find her voice and stand up for what's right.



# BUSINESSES



### **Black-Owned Restaurants**

# New York City

# Harlem

### **New York**

- BedStuyFly
  - BedStuyFly offers graphic tees, hats, jackets, and sweats for men and women and has stores in Bed-Stuy and Williamsburg.
- Body Space Fitness
  - Instead of fitness fads that promise fast results, the trainers at Body Space Fitness
    (whether in group classes, private, or semi-private training sessions) emphasize serious,
    functional fitness think kettlebell and TRX exercises, and pushing weighted sleds
    across a turf floor that'll make you stronger. They're offering virtual one-on-one
    training during the pandemic
- Sister's Uptown Bookstore
  - Sister's Uptown has been serving Washington Heights for 20 years, opened and operated by Janifer Wilson and her daughter Kori. They sell their books online, via oneKin, and recently put together a "Consciousness Reading Book Guide" on Instagram.
- Yam
  - Yam is a handcrafted, Astoria-based jewelry line founded by Morgan Thomas. The pieces
    are lovely and the kind of thing you'd want to wear every day. There are delicate gold and
    pearl necklaces, gold-chain bracelets, and a pair of thick triangular hoops that can be
    spotted on Lizzo in the "Good as Hell" music video.

Please note that we are currently compiling an extensive list of businesses in the tri-state area and will update the resource guide accordingly.

For more Black-Owned Businesses in New York City and across the country, check out <u>New York Magazine</u>





### • New York Times' 1619

• The past is never the past, and we can never forget this country's foundation of subjugating Black people and people of color. This podcast is part of an extensive New York Times project offering insight into the four centuries since American slavery began and the legacy that continues to plague Black Americans.

## • About Race with Reni Eddo-Lodge

• Featuring key voices from the last few decades of anti-racist activism, About Race with Reni Eddo-Lodge looks at the recent history that lead to the politics of today.

### • <u>Afropunk Solution Sessions</u>

 There are times when simply calling out a problem is no longer enough – you have to fix it. AFROPUNK SOLUTION SESSIONS bring other people with the tools, the experience and the resolve to solve the issues facing our community. An event-based platform and content series SOLUTION SESSIONS engages social activities, experts, and entrepreneurs.

### • <u>All My Relations</u>

Before and during the enslavement and exploitation of Black Americans, there was the
genocide of Native Americans. We were forced to work stolen land, and it's important
that racial justice conversations begin with that lens. If America cared about indigenous
lives, Officer Chauvin—one of six officers who killed Wayne Reyes, a Native American
man—would've never been in a position to kill George Floyd almost 14 years later.

# • The Appeal's Justice in America

 A core component of institutionalized racism is the way Black people are criminalized and incarcerated on a mass scale. Hear from experts on the frontlines of criminal justice reform about how to embrace alternatives to policing and incarceration.

# • <u>Awesomely Luvvie</u>

• Luvvie Ajayi is an award-winning writer and 16-year blogging veteran known for her razor-sharp wit, and her take on all things pop culture, race, media, and technology. She passes on lessons and side-eyes on life, social media, culture and fame, addressing those terrible friends we all have to serious discussions of race and media representation to what to do about your fool cousin sharing casket pictures from Grandma's wake on Facebook.

# • Beyond Prisons

 Now more than ever, Americans are considering prison abolition as the only meaningful systemic change when it comes to our racist criminal justice system. But for those unfamiliar with the theory, it feels like anarchy. This podcast explores the possibilities in divesting from policing and prisons and reinvesting those resources in other spheres.



- <u>Dirty Diversity</u> by Janice Z. Gassam
  - Dirty Diversity is a podcast hosted by Janice Z. Gassam on all things diversity, equity, and inclusion in and out of the workplace.
- The Diversity Gap by Bethaney Wilkinson
  - When it comes to diversity, good intentions are only the beginning. Join Bethaney
     Wilkinson as she explores the gap between good intentions and good impact as it relates to diversity, inclusion and equity. We'll be learning from thought leaders, authors, creatives and more about the diversity gaps in society and culture.

### • Ear Hustle

- Incarcerated people are people first, and it's important we never lose sight of their humanity. This podcast provides insight into the lived reality of incarceration and what redemption and restorative justice could look like—straight from those directly impacted.
- The Element of Inclusion by Dr. Jonathan Ashong-Lamptey
  - Using a compelling blend of case studies, cutting-edge research and global perspectives, Jonathan's original insights help business leaders to build inclusive organizations where everyone belongs and everyone performs.
- Equal Justice Initiative Lynching in America Confronting the Legacy of Racial Terror
  - Legacy matters. It's important for us to see police and white supremacist violence as part
    of the legacy of lynching and slavery. Then, we'll realize racism never went away—it
    evolved. Bryan Stevenson and the EJI team explain the historical context behind these
    moments to reveal just how deeply rooted the problem is.

# • The #GroundingsPodcast

• Historical context is essential when joining social justice work. We are all adding bricks to an existing foundation and knowing what that foundation is—and the lessons already learned—prevents us from repeating mistakes. The Groundings podcast provides well-researched episodes exploring moments in social justice history from a decolonial lens.

### • The Heart: Race Traitor

Phoebe's been white her entire life. But she only realized a few years ago that she
inherited a white value system. Through conversations with friends and confrontations
with family, she takes inventory of the ways she embodies white supremacy — in order to
disrupt it.

# • Humanity Archive: Ida B. Wells: No More Lynching

• Ida B. Wells Barnett is a fierce and anti-lynching crusader. With her towering courage, she has a place as one of histories most uncompromising leaders and greatest defenders of democracy. Ida B. Wells used the power of investigative journalism to bring the darkness of lynching into the light. She refused to be silent about Jim Crow. Refused to be silent about American terrorism. Refused to be silent about the failings of democracy.



### • <u>Intersectionality Matters</u> with Kimberle Crenshaw

• Intersectionality has become a mainstream buzzword in recent years, but for many, it's used out of context. Learn from the Black scholar and activist who coined the term about what intersectionality looks like in practice and how to continue the fight for justice for Black women.

### • Into America: Into Black Trans Liberation

 Black trans women have been central to the movement for gay rights and the fight for racial justice since their inceptions. But they have always been sidelined by the very movements they helped create. Black Trans women continue to face high rates of violence, poverty and suicide and are often the victims of misogyny and white supremacy.

### • The Michelle Obama Podcast

• The Michelle Obama Podcast features the former First Lady diving deep into conversations with loved ones—family, friends, and colleagues—on the relationships in our lives that make us who we are.

### Momentum: A Race Forward Podcast

Co-hosts Chevon and Hiba give their unique takes on race and pop culture, and uplift
narratives of hope, struggle, and joy, as we continue to build the momentum needed to
advance racial justice in our policies, institutions, and culture. Build on your racial justice
lens and get inspired to drive action by learning from organizational leaders and
community activists.

### • Nice White Parents

• When Chana Joffe-Walt, a reporter, looked at inequality in education, she saw that most reforms focused on who schools were failing: Black and brown kids. But what about who the schools are serving? In this five-part series, she turns her attention to what is arguably the most powerful force in our schools: White parents.

### • The Nod

 The Nod tells the stories of Black life that don't get told anywhere else. Our show ranges from an explanation of purple drink's association with Black culture to the story of an interracial drag troupe that traveled the nation in the 1940s.

### NPR's Code Switch

Racism is omnipresent in American society, and until we name it, we can't address it.
 Code Switch shines a light on the pervasive nature of racism, from language and workplace culture to social norms. First, we identify the problems, then we work to dismantle them.



### NPR's White Lies

 In 1965, Rev. James Reeb was murdered in Selma, Alabama. Three men were tried and acquitted, but no one was ever held to account. Fifty years later, two journalists from Alabama return to the city where it happened, expose the lies that kept the murder from being solved and uncover a story about guilt and memory that says as much about America today as it does about the past.

### • Pod for the Cause

• From the courts to immigration, we're seeing unprecedented attacks on the values we hold near and dear. At Pod for the Cause, we're going to tackle these issues and more. Our friends in the movement will be stopping by to have these conversations, and they promise to be real, straightforward and honest. This podcast was created for those of you wanting to effect change, who understand the importance of restoring our democracy and want to engage in deep conversation around the issues.

### • Pod Save The People

 Organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with fellow activists Brittany Packnett Cunningham and Sam Sinyangwe, and writer Dr. Clint Smith. They offer a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.

# • Radical Imagination by Angela Glover Blackwell

• I wouldn't be an activist if I didn't offer you solutions to reflect on. So much of the problems we face in American society stem from a fear of starting over. But dismantling systems of oppression altogether, and replacing them with radical imagination, is precisely what we need to disrupt the centuries-old cycle.

# reWorked: The Diversity and Inclusion Podcast by Rachael Wilson

 Rachael Wilson speaks to leaders in diversity and inclusion, discussing best practice and wellbeing tips. Learn how you can rework your company culture to make it more inclusive. Brought to you by EW Group - we have 27 years of expertise in unconscious bias training and inclusive leadership.

# • Road to Resilience: Rewrite Your Script by Lynne D. Richardson, MD \*

 Dr. Richardson is an emergency medicine physician and renowned health equity researcher. On this episode, she talks about how rewriting society's "script" helped her build resilience, and explains why she's hopeful that COVID-19 and the Black Lives Matter movement will lead to progress on healthcare inequities.

<sup>\*</sup> Dr. Richardson is Co-Director of the Institute for Health Equity Research, Professor, and Vice Chair for Academic, Research, and Community Programs, Icahn School of Medicine at Mount Sinai.



### • Scene on Radio

 Emphasizes and provides rich information that is directly relevant to our continued conversations about and fight against racism; I wanted to share that I have been learning enormous amounts about civil rights and racism from it.

### • Self Evident: Asian America's Stories Podcast

• Follow Asian Americans taking action during the pandemic — to support their communities, fight racism, confront some very uncomfortable realities, and contribute to a pivotal moment in history.

### The Stakes

• From democracy to healthcare, from pop culture to the environment, The Stakes is working to understand why we live the way we do—and why it matters. Because if we can better understand the society we've got, maybe we can figure out how to create one that works for more people.

# • The Shine Brighter Together Podcast

• A place where we share the challenges, complexities and sheer joy of building healthy relationships and doing the heart work for Black liberation. You can expect to hear solo episodes by Monique Melton who is an anti-racism educator, international speaker and published author and creator of the Shine Brighter Together community. And guest episodes with people from different walks of life sharing diverse perspectives on relationships and diversity.

# The United States of Anxiety

• The United States of Anxiety is a show about the unfinished business of our history and its grip on our future. Many of the political and social arguments we're having now started in the aftermath of the Civil War, when Americans set out to do something no one had tried before: build the world's first multiracial democracy. The podcast gives voters the context to understand what's at stake in this election.



# TV AND STREAMING SERIES



### Asian Americans - PBS

delivers a bold, fresh perspective on a history that matters today, more than ever. As
 America becomes more diverse, and more divided while facing unimaginable challenges,
 how do we move forward together?

### #blackAF - Netflix

 Kenya Barris and his family navigate relationships, race and culture while grappling with their newfound success in this comedy series.

### • Black-ish - ABC

 A more straightforward, explanatory series about race that follows an upper-middleclass black family living in a predominantly white neighborhood navigating microaggressions from fellow neighbors, colleagues and friends.

### • Dear White People - Netflix

 Students of color navigate the daily slights and slippery politics of live at an Ivy League college that's not nearly as "post-racial" as it thinks.

# • Luke Cage - Netflix

• The Marvel TV series that deals with issues that the Black community has faced over the years and why it is people do what they do.

# • Glad You Asked Season 2 - YouTube Originals

o An ensemble-led exploration of topics driven by our curiosity about the world around us.

### • Pose - Netflix

 New York City's African-American and Latino LGBTQ and gendernonconforming ballroom culture scene in the 1980s and, in the second season, early 1990s.

# Self Made Inspired by the Life of Madam C.J. Walker - Netflix

 An African American washerwoman rises from poverty to build a beauty empire and become the first female self-made millionaire. Based on a true story.

### • Seven Seconds - Netflix

 This limited series is a realistic portrayal of police brutality. We've all witnessed how tensions grow between communities after an act of injustice, and it's no different in this show about citizens' outrage after a cop brutally injures a Black teen.

### • The Wire - Amazon Prime

o A police series that tackles themes like drug wars and the education system.

# Watchmen - HBO (cable)

• The superhero comics series was adapted into a politically relevant drama about race and the criminal justice system.

# • When They See Us - Netflix

A miniseries that tells the story of the Central Park Five. It explores the Central Park
jogger case and the lives of five young Black and Latinx suspects who were prosecuted
on charges related to the sexual assault of a female victim, and of their families.

### Who Killed Malcolm X? - Netflix

• Decades after the assassination of African American leader Malcolm X, an activist embarks on a complex mission seeking truth in the name of justice.







- <u>5 Tips for Being an Ally</u> by Franchesca Ramsey
- A Conversation with Jason Reynolds and Ibram X Kendi by Build by Yahoo!
- Ballroom Vogue Houses March at NYC Black Trans Lives Matter Protest by NYT News
- Black Trans\* Lives Matter by D-L Stewart at TEDxCSU
- <u>Black Trans Lives Movement Demands Visibility As Support Fills The Street</u> by Business Insider
- Bloomberg and The Legacy of Stop-and-Frisk Between the Scenes by Trevor Noah
- "Blue Eyes/Brown Eyes" Anti-Racism Exercise by Jane Elliott
- <u>Coming to Terms With Racism's Inertia</u>: <u>Ancestral Accountability</u> by Rachel Cargle at TEDxBend
- Creating A More Equitable Society Is In White Americans' Self Interest by Dr. Ibram X. Kendi
- Getting Into Trouble to Fight Injustice John Lewis Extended Interview by The Daily Show
- <u>Highlights from a Conversation with President Obama about Reimagining Policing</u> by the Obama Foundation
- How Can We Win by Kimberly Jones
- How My Coloring Book Taught Me About Racism by Tiffany Bowden at TEDxCincinnati
- <u>How to Be a Good Ally Identity, Privilege, Resistance</u> by Ahsante the Artist
- <u>Implicit Bias -- How it Effects us and how we Push Through</u> by Melanie Funchess at TEDxFlourCity
- Is My Skin Brown Because I Drank Chocolate Milk by Beverly Daniel Tatum at TEDx Stanford
- <u>It's OK To Be Black</u> by Jac Ross
- Laverne Cox on SCOTUS decisions, Black Trans Lives Matter by Associated Press
- Let's get to the root of racial injustice by Megan Ming Francis at TEDxRainier
- Let's talk about RACE and how to be an ALLY by Jo Franco
- My Black Year by Maggie Anderson at TEDxGrandRapids
- <u>Policing in America needs to change. Trust me, I'm a cop</u> by Renee Mitchell at TEDxOxbridge
- The Difference between being "Not Racist" and Antiracist by Ibram X. Kendi
- <u>Uncomfortable Conversations with a Black Man</u> by Emmanuel Acho
- We all have implicit biases. So what can we do about it? by Dushaw Hockett at TEDxMidAtlanticSalon
- What if white people led the charge to end racism? by Nita Mosby Tyler at TEDxMileHigh
- <u>'White Fragility' Discussion</u> by Robyn DiAngelo, PhD
- Your Privilege is Showing by Lillian Medville at TEDxBeaconStreet



# WAYS TO SUPPORT AND DONATE



- 14 Black-Led LGBTQ+ Organizations to Donate To Right Now
- "All of Us"
  - A research program from the National Institute of Health (NIH). It is seeking one million or more people from across the U.S. to help speed up medical research. People who join will share information about their health, habits, and what it's like where they live. By looking for patterns, researchers will learn more about what affects people's health.

### • The Bail Project

 Their mission is to combat mass incarceration and reshape the pretrial system in the United States. 100% of online donations are used to bring people home. Since bail money comes back to us when cases close, we're able to recycle every dollar donated at least twice per year. Help post bail for people who can't afford it.

### <u>Campaign Zero</u>

 Over 1,000 people are killed by police every year in America. We are calling on local, state, and federal lawmakers to take immediate action to adopt data-driven policy solutions to end this violence and hold police accountable.

### Change.org

Getting signatures for petitions has become much easier since the 21st century.
 Change.org allows people around the world to add their name and make a difference.
 Petitions to get justice for George Floyd and Breonna Taylor are available on the website and ready to sign with a click of a button.

# Color of Change

- Help people respond effectively to injustice in the world around us. They move decisionmakers in corporations and government to create a more human and less hostile world for Black people in America.
- Know Your Rights Camp
- Obama Foundation
  - Whether you've been a part of this community from the start, or you're just getting started, you belong here. With your support, we can build a Presidential Center that will revitalize the South Side of Chicago, unite a new generation of leaders to move us forward, and work together to change history once more.
- Reclaim Pride Coalition
- Rock the Vote
  - o A nonpartisan nonprofit dedicated to building the political power of young people.
- Swing Left
  - Resources to support the movement for racial justice and further your own anti-racist work. No single action is a solution, but we can all start here.

# For more ways to support the cause, check out the Smithsonian Magazine



- NYC Commission on Human Rights
- Stop AAPI Hate
- Asian Americans Advancing Justice
- Report a Hate Crime with the FBI
- Bystander Intervention Training: Hollaback!
- Compilation of basic escape techniques to get out of an altercation
- How to Respond to Coronavirus Racism | Learning for Justice
- Chinatown Block Watch Looking For New Volunteers Amid Spike In Anti-Asian Crimes
- Chinatown Block Watch, Email: Blockwatch@cfmac.org
- Mainstream News Coverage of AAPI Assaults Petition
- End Hate Crimes Against Asian Americans Petition
- Follow @SafewalksNYC on Instagram for accompanied walks
- Main Street Patrol Volunteering in Flushing Email at mainstreetpatrol@gmail.com
- AAPI Women Lead
- iamwomankind
- MonSooniowa
- Napiesv
- RedCanarySong
- Asian American Legal Defense Fund (AALDEF)
- Asian Americans for Equality (AAFE)
- Chinese American Planning Council (CPC)
- Korean Community Services of NY (KCS)
- Minkwon Center
- Committee Against Anti-Asian Violence (CAAAV)
- <u>Chinatown Manpower Project (CMP)</u>
- Garden of Hope
- Coalition for Asian American Children and Families (CACF)
- Welcome to Chinatown
- Stop AAPI Hate
- Soar Over Hate
- Stop AAPI Hate GoFundMe
- Anti-Racial Profiling Project
- Cafe Maddy Cab
- Asian Pacific Islander South Asian American NYC Therapists
- Asian Mental Health Collective
- <u>8 Ways Managers Can Support Employees' Mental Health</u>
- How U.S. Companies Can Support Employees of Color Through the Pandemic
- The Mental Health Toll Of Being A 'Model Minority' In 2020
- <u>5 Asian-Founded Wellness Resources to Encourage Self-Care This Week</u>