



March 24, 2022

Happy Thursday, Mount Sinai Community –

As we've mentioned in previous Bulletins, Mount Sinai's work to become an anti-racist institution may be unfamiliar, if not outright uncomfortable, for many of us. One of our core objectives is to introduce topics, programs, and events that you may have not heard of before, because institutional change is built on personal growth and individual participation. That is why today we are bringing you a comprehensive—but in no way exhaustive—list of key anti-racism resources to explore in your spare time.

First, we would like to recognize the Office for Diversity and Inclusion for developing the [United in Solidarity Resource Guide](#), which was released last summer. **Shana Dacon-Pereira, MPH, MBA, Senior Director, Office for Diversity and Inclusion**, and one of the forces behind the guide, told us, "For some people, racism and the fight for equity are things we deal with every day, but for others, it's a new topic, and that's okay—we are learning together."



The only way we can ensure lasting, institutional change is by helping everyone understand the negative impacts of racism, why equity is important, and what it means to become an anti-racist organization. Making these resources available, and easily accessible, is one way we are driving the Mount Sinai community to learn, grow, and shift the culture."

Some favorite resources from the [United in Solidarity Resource Guide](#) and several of our Road Map Strategy leads are listed below:

BOOKS

[Between the World and Me](#) by Ta-Nehisi Coates

“In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation’s history and current crisis.”

[Caste: The Origins of Our Discontents](#) by Isabel Wilkerson

“A book steeped in empathy and insight, *Caste* explores, through layered analysis and stories of real people, the structure of an unspoken system of human ranking and reveals how our lives are still restricted by what divided us centuries ago.”

[The Color of Law](#) by Richard Rothstein

“In *The Color of Law* (published by Liveright in May 2017), Richard Rothstein argues with exacting precision and fascinating insight how segregation in America—the incessant kind that continues to dog our major cities and has contributed to so much recent social strife—is the byproduct of explicit government policies at the local, state, and federal levels.”

[The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by

Michelle Alexander

“*The New Jim Crow* is a stunning account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status—denied the very rights supposedly won in the Civil Rights Movement.”

[The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together](#) by Heather McGhee

“*The Sum of Us* is a brilliant analysis of how we arrived here: divided and self-destructing, materially rich but spiritually starved and vastly unequal. McGhee marshals economic and sociological research to paint an irrefutable story of racism’s costs, but at the heart of the book are the humble stories of people yearning to be part of a better America, including white supremacy’s collateral victims: white people themselves.”

[Stamped From the Beginning: The Definitive History of Racist Ideas in America](#) by Ibram X. Kendi

“In this deeply researched and fast-moving narrative, Kendi chronicles the entire story of anti-Black racist ideas and their staggering power over the course of American history. *Stamped from the Beginning* uses the life stories of five major American intellectuals to offer a window into the contentious debates between assimilationists and segregationists and between racists and antiracists.”

MOVIES AND TELEVISION

[I Am Not Your Negro](#) directed by Raoul Peck

“Master filmmaker Raoul Peck envisions the book James Baldwin never finished, *Remember This House*. The result is a radical, up-to-the-minute examination of race

in America, using Baldwin's original words and flood of rich archival material. *I Am Not Your Negro* is a journey into black history that connects the past of the Civil Rights movement to the present of #BlackLivesMatter. It is a film that questions black representation in Hollywood and beyond."

[United Shades of America](#) starring W. Kamau Bell

"'United Shades of America' follows comedian and political provocateur W. Kamau Bell as he explores communities across America to understand the unique challenges they face."

[When They See Us](#) directed by Ava DuVernay

"Five teens from Harlem become trapped in a nightmare when they're falsely accused of a brutal attack in Central Park. Based on the true story."

PODCASTS, LECTURES, AND MULTIMEDIA

[Allegories on Race and Racism](#), a TEDxEmory Talk by Camara Jones, MD, PhD, MPH

"Dr. Camara Jones shares four allegories on 'race' and racism. She hopes that these 'telling stories' empower you to do something different, and that you will remember them and pass them on."

[Code Switch](#), an NPR podcast

"What's Code Switch? It's the fearless conversations about race that you've been waiting for. Hosted by journalists of color, our podcast tackles the subject of race with empathy and humor. We explore how race affects every part of society—from politics and pop culture to history, food, and everything in between."

[Voices of Mississippi: Artists and Musicians Documented](#) by William Ferris

"This watershed release represents the life's work of William Ferris, an audio recordist, filmmaker, folklorist, and teacher with an unwavering commitment to establish and to expand the study of the American South."

This list is a great starting point for anyone who wants to learn more about race and equity. We also encourage you to further your anti-racist education by joining us at an upcoming event.

All the best,

Angela and Shawn

Join Us for an Upcoming Event

Poetry Open Mic Night

Do you enjoy poetry or like writing your own or maybe reciting favorite selections? If so, sign up and join the ODI for Open Mic Night **today, March 24, from 5:30-6:30 pm** as we celebrate extraordinary women in literature.

- Register [here](#).
- Zoom meeting details will be emailed to all registrants.

Chats for Change: In the News—Join Chats for Change on **Tuesday, March 29, from 12 to 1 pm** to critically deconstruct a current, newsworthy topic related to racism and bias. Register [here](#).

Virtual Paint/Art Night Social—The Office for Diversity and Inclusion and the Black Women Leaders Connect Employee Resource Group will host an evening of art on **Thursday, March 31, from 5:30 to 7 pm**, including recreating a mixed media image using paint and other art supplies. Register [here](#).

[Road Map for Action](#)

[Past Bulletins](#)